

Curriculum vitae:

Dr. Roger Man Kin Ng graduated from Faculty of Medicine of Chinese University of Hong Kong and received his psychiatric training in Hong Kong. He then received cognitive behavioral therapy training in the Beck Institute of Cognitive Therapy and Research in the United States and then in the University of Oxford, United Kingdom. He eventually obtained his master and doctorate degrees from the University of Oxford, UK. His doctoral thesis is on the role of mental imagery in contributing to emotional instability in bipolar disorders. Besides, he has also obtained master degrees in Health Services Management and in Epidemiology. He is now a fellow of the Hong Kong College of Psychiatrists, Hong Kong Academy of Medicine, Royal College of Psychiatrists (UK), American Psychiatric Association, and Academy of Cognitive Therapy (US). Besides, he is also a member of the American College of Psychiatrists.

Dr. Ng is a consultant psychiatrist in general adult psychiatry in Hong Kong and a consultant with special interest in psychotherapy. He is Chief of Services of Department of Psychiatry of Kowloon Hospital in Hong Kong. This is a 425-bed regional psychiatric unit that provides comprehensive psychiatric services for people residing in the Kowloon Central Cluster, one of the seven health clusters in Hong Kong. He is also the Clinical Stream Coordinator of Mental Health Services in Kowloon Central Cluster. In this management role, he is responsible for the strategic planning, implementation, monitoring and evaluation of mental health services in Kowloon Central Cluster with a population of around 0.7 million. His clinical work includes direct clinical care to patients with serious mental illnesses, training and supervision of psychiatric trainees and mental health professionals in the delivery of cognitive-behavioural therapy for people with common and severe mental illnesses. He has also been providing training and supervision in cognitive-behavioural therapy for mental health professionals in different parts of Asia.

Apart from his clinical work, he has also been actively involved in the planning of mental health services and psychiatric professional development in Hong Kong. He is Vice President of the Hong Kong College of Psychiatrists responsible for the regulation and promotion of high-quality education and ethical issues of psychiatrists in Hong Kong. He has been pivotal in the introduction of psychotherapy training as a core element of training curriculum for all psychiatrists under training in Hong Kong. He has been a member of the Task Force for the Mental Health Service Plan of Hospital Authority of Hong Kong (2010-2015), responsible for steering the mental health services to the new strategic direction of recovery based care in Hong Kong. Besides, he is also a member of the Central Coordinating Committee (Psychiatry) of Hospital Authority of Hong Kong, the key steering group for strategic planning, implementation and evaluation of mental health services across Hong Kong. Due to his pioneering work in promoting recovery based care in his department, he was also appointed Chair of the Mental Health Service User Group of Hospital Authority of Hong Kong. The group is the key platform where major service user groups in Hong Kong are consulted for mental health service planning, implementation and evaluation in Hong Kong.

On his role of teaching and training of medical students, psychiatric trainees and mental health professionals in Hong Kong, he is now an honorary clinical associate professor of the Department of Psychiatry, University of Hong Kong, and of the Department of Psychiatry, the Chinese University of Hong

Kong. He has been conducting clinical research in collaboration with local and overseas universities on various projects. His research interests cover a wide range of topics of mental health, including recovery based care in mental health services, early intervention services, leverage and coercion in psychiatry, cognitive and imagery processes in suicide and bipolar disorders, cultural adaptation of cognitive therapy for Asians, use of combination of Chinese traditional medicine and Western medicine in the treatment of mental illnesses, psychiatric education, and psychiatric epidemiology. He has published over 60 papers in peer-reviewed international journals and various book chapters. His interest and experience in clinical research has led to his appointment as a member of the Health Care Promotion Scheme under the Health Service Research Fund of the Food and Health Bureau of the Hong Kong SAR Government, the key government research grants board promoting health related research and promotion projects in Hong Kong. With his experience in clinical research and ethical work in the Hong Kong College of Psychiatrists, he was also appointed as the Vice-Chair of the Research Ethics Committee of the Kowloon Central and Kowloon East Clusters of the Hospital Authority of Hong Kong, the sole research ethics approval board responsible for the approval of research projects involving patients receiving clinical care in the Kowloon Central and Kowloon East Clusters in Hong Kong, as well as those involving all staff working in these two health clusters. He is also on the editorial boards of International Review of Psychiatry, Irish Journal of Psychological Medicine, and International Journal of Culture and Mental Health.

Prior to his succession to the post of Secretary of Education of World Psychiatric Association (WPA), Dr. Ng has been an active member of the Operational Committee of Education and a member of the Section of Education for three years. He has been involved in various important projects conducted by the Operational Committee of Education, namely a worldwide survey of training provisions for psychiatric trainees and the WPA official document 'WPA Recommendations – Principles and Priorities for a Framework for Training Psychiatrists'. He has also been involved in the drafting and publication of several WPA Position Statements and Reports on mental health and environmental sustainability, mental health issues, mental health promotion and standard of care for people with intellectual disability, legislative provisions related to marriage and divorce of people with mental health problems, rights to vote and social justice for people with mental illness, mental health and well-being of psychiatrists and good psychiatric practice.

His vision as the Secretary of Education of WPA is 'Education for all, no matter who you are, where you are, and how you are'. The strategic direction of his action plans will align with that of the strategic intent of the WPA Action Plan (2017-2020) prepared by Prof Helen Herrman, the President of the WPA. During his term of six years, he will endeavor to promote training opportunities on mental health for lay counsellors, family caregivers, mental health professionals, medical students, and psychiatrists. In order to ensure that those living in different corners of the world will receive training opportunities, he will look into the use of e-technology and online platforms for the promotion of mental health knowledge and skills. Educational and training materials and guidelines commensurate to the levels of knowledge and experience of the readers and users will be developed.