

Curriculum Vitae

For WPA Zonal Representative Position, Zone 1

Dr. Karandeep Sonu Gaind
Associate Professor
University of Toronto Department of Psychiatry

MARCH 2017

BIOGRAPHICAL INFORMATION

Hospital Office	Office of Psychiatrist-in-Chief / Medical Director of Mental Health Humber River Hospital Mental Health and Addictions Program 1235 Wilson Avenue, 5 th floor Toronto, ON Canada M3M 0B2
Community Office	2 Jane Street, #500 Toronto, ON Canada M6S 4W3
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EMPLOYMENT

Current Appointments

2014 – present	Chief of Psychiatry/Medical Director of Mental Health, Humber River Hospital, Toronto
2012 – present	Associate Professor, Department of Psychiatry, University of Toronto
2016 – present	Co-Director, Adult Psychiatry and Health Systems Division, University of Toronto
2016 – present	Physician Chair, Humber River Hospital Internal Resource Group on Assisted Dying
1998 – present	Associate Staff, Psychiatry, Health and Disease Program, University Health Network, Department of Psychiatry, University of Toronto
1998 – 2014	Psycho-oncology Consultant, Princess Margaret Hospital, University Health Network, Toronto
1998 – present	General Psychiatry Community Practice, west end Toronto

Previous Appointments

- 2004 – 2012 Assistant Professor, Department of Psychiatry, University of Toronto
- 1998 – 2004 Lecturer, Department of Psychiatry, University of Toronto

EDUCATION

Postgraduate and Specialty Medical Training

- 1997 – 1998 Fellowship in Psychosomatics (Psycho-oncology) and Cross-Cultural Psychiatry, Princess Margaret Hospital, University Health Network, Toronto, Ontario, Canada
- 1993 – 1997 Psychiatry Residency, Department of Psychiatry, University of Toronto, Toronto, Ontario, Canada
- 1992 – 1993 Rotating Internship, St. Michael's Hospital, Toronto, Ontario, Canada

Degrees

- 1988 – 1992 Doctor of Medicine (MD), Faculty of Medicine, University of Toronto, Toronto, Ontario, Canada

Active Certifications and Licenses

- Fellow of the Royal College of Physicians and Surgeons of Canada (FRCPC)
- License to practice medicine in Ontario, College of Physicians and Surgeons of Ontario (CPSO)
- Member in good standing, Canadian Psychiatric Association (CPA)
- Member in good standing, Ontario Psychiatric Association (OPA)
- Member in good standing, Canadian Medical Protective Association (CMPA)

Other Training

- 2016 Leadership Development Institute, Studer Group
- 2014 Crucial Conversations Training, Best-Practice Skills for Successfully Handling High Stakes Interactions, VitalSmarts
- 2013 CPI Nonviolent Crisis Intervention Program ("Blue Card")
- 1998 Interest-Based Negotiations Course (via Ontario Ministry of Health/Ontario Medical Association)
- 1997 Harvard/MIT/Tufts University Program on Negotiation

HONOURS AND CAREER AWARDS

Distinctions and Creative Professional Activity Awards

NATIONAL

- 2013 **Awarded Fellow of the Canadian Psychiatric Association (FCPA)**
• Distinction for *“outstanding psychiatrists who have made contributions to their speciality”*
- 2009 **Canadian Psychiatric Association Presidential Commendation**
• Award for work which has *“significantly advanced the practice of psychiatry in Ontario”*

PROVINCIAL

- 2012 **Association of General Hospital Psychiatric Services Jane Chamberlin Award**
• Award for *“outstanding contributions to General Hospital Psychiatry”* and work *“toward the betterment of General Hospital Psychiatric Services”*

REGIONAL

- 2012 **Le Prix de Distinction des Anciens Elèves, Toronto French School**
• Award for *“making an impact in both [his] professional field and community”* by *“bringing the plight of the mentally ill to the forefront by increasing public awareness, laying the groundwork for policy changes to the healthcare system and working for change in how psychiatric services are provided in Ontario”*
- 2011 **University of Toronto Department of Psychiatry Henry Durost Award for Creative Professional Activity**
• Award for *“excellence in Creative Professional Activity”*

LOCAL

- 2012 **Certificate of Achievement, University Health Network**
• “Strongest Participant in Emergency Psychiatry Workshop”, University Health Network On Call Survival Skills Faculty Update

Teaching Awards

NATIONAL

- 2005 **CPA-COPCE (Canadian Psychiatric Association-Council of Psychiatric Continuing Education) Award for the Most Outstanding Continuing Educational Activity in Canada**
• Award for best community based CME activity in Canada for “Death and the Maiden” Psychiatry Review Course conference on palliative care and women’s mental health

Trainee Awards

PROVINCIAL

- 1995 **Educating Future Physicians for Ontario (EFPO) Fellow**
• Awarded EFPO Fellowship for research project examining determinants of career

choice among undergraduate medical students, and the impact of a time-limited group intervention on the career decision making process

LOCAL

1997 **Harvey Stancer Research Day Award, Best Resident Presentation, University of Toronto Department of Psychiatry**

- Award for best resident presentation delivered at annual Departmental Research Day, for research paper *Post Traumatic Stress Disorder in South East Asian Refugees: Ten Years Later*

1997 **Robin Hunter Essay Prize, Toronto Psychoanalytic Society**

- Award for best resident or fellow paper on psychoanalytic psychotherapy, for paper *Literally Speaking (or not?) – Unraveling the Web of the Beguiling Letter*

Other Distinctions (prior to undergraduate studies)

1985 and 1986 Twice represented Canada at the International Physics Olympiad (1985 Yugoslavia; 1986 United Kingdom [with Honourable Mention])

PROFESSIONAL AFFILIATIONS AND LEADERSHIP ACTIVITIES

1999-present **Canadian Psychiatric Association (CPA)**

- Past-President (2016-present), President (2015-16), Board Member and Executive Committee, 2013-present [elected President-Elect 2014, elected Ontario Board Representative 2013]
- Chair, CPA Task Force on Assisted Dying (2016-present)
- CPA Standing Committee on Economics, Chair (2007-2015), member 1999-present
- Member, Governance Review Committee [elected 2014]

1999-present **Ontario Medical Association Section (OMA)**

- Medical Practice and Tariff Chair, and Executive Member OMA Section on Psychiatry (1999-present)
- Elected by General Council to OMA Committee on Committees (2014-2016)

2014–present **Medical Psychiatry Alliance Advisory Council**

2015–2016 **Health Quality Ontario Quality Standards Expert Panel on Depression**

2007-2016 **Ontario Psychiatric Association (OPA), Council Member**

- President (elected) 2008–2009, on Executive Committee 2007-2010
- Chair Education Committee (Chair 2009-2015; member 2007-2009)
- member of Advocacy Committee, Communications Committee, Finance/Audit Committee, and Member Services Committee 2007-2009

1999-present **Coalition of Ontario Psychiatrists**

- Member (observer) 1999 to present , Executive Member 2007-2010

- 2011 **Toronto Central Local Health Integration Network (LHIN)/District 11 Ontario Medical Association Expert Panel on Mental Health and Addictions**
- 2011 - 2012 **Toronto Central Local Health Integration Network (LHIN) Primary Care Lead Selection Committee**
- 2008 - 2011 **Canadian Action Network for the Advancement, Dissemination and Adoption of Practice-informed Tobacco Treatment (CAN-ADAPTT), expert advisory committee member**
- 1995 - 1999 **Professional Association of Internes and Residents of Ontario (PAIRO) Executive**
 - Served as President, Vice-President, Chair of General Council, Chair of Workload and Contract Compliance Committee, and Member-at-Large
- 1998 - 2003 **PAIRO Trust Fund Committee**
 - Member 1998–2003, Chair 2002–2003
- 1997 - 1999 **Provincial Physician Human Resources Committee (PHRC)**
- 1995 - 1996 **Provincial Co-ordinating Committee on Community and Academic Health Science Centre Relations (PCCCAR), Psychiatry Human Resource subcommittee**

OTHER ADMINISTRATIVE ROLES/ACTIVITIES

- 2014-present **Humber River Hospital Senior Management Committees**
 - Medical Advisory Committee
 - Corporate Performance Council
 - Medical Quality Assurance Committee
 - Physician Education Committee
 - Patient Portal Committee
- 2014-present **University of Toronto (Department of Psychiatry) Management Committees**
 - Senior Advisory Committee
 - Fellowship Committee
 - Government Relations Committee
 - Finance Committee (time limited committee, 2016-2017)
- 2012–2016 **Co-Chair, Anti-Stigma and Anti-Discrimination SubCommittee, University of Toronto Department of Psychiatry**
- 2011 - 2012 **Strategic Planning Core Team, University of Toronto Department of Psychiatry**

- 2011 **Strategic Planning, Ontario Psychiatric Association**
- 2008 - 2010 **Parkdale-Highpark “Stigma Free PHP” Project**
- 2008 **Strategic Planning, Canadian Psychiatric Association**
- 1996 - 1998 **Negotiations Experience**
- Chief Negotiator, 1998, and Member Negotiating Team, 1996, PAIRO/Teaching Hospitals collective bargaining
 - Interest-Based Negotiations Course, via Ministry of Health/OMA, 1998
 - Training, Harvard/MIT/Tufts University Program on Negotiation, 1997

PRESENTATIONS AND SPECIAL LECTURES

INTERNATIONAL

Invited Sessions

- 2016 **[Invited to Chair and Organize day long Round Table of international psychiatric leaders] International Round Table on Medically Assisted Dying**, World Psychiatric Association International Congress, Cape Town, South Africa, Nov 2016

Other Sessions

- 2017 **[Symposium Panelist]** “Physician-Assisted Death (PAD): Challenges of the {upcoming} Psychiatrist’s Role”, American Psychiatric Association Annual Conference, San Diego, United States, May 2017
- 2013 **[Poster Presentation] “Moving Beyond the Monolith: The Evolution of Psychiatric Care and Impact on Service Delivery”**, World Psychiatric Association International Congress, Future Psychiatry: Challenges and Opportunities, Vienna, Austria, October 2013
- 2013 **[Symposium Panelist (Symposium on Mental Health Reform, Sole Presenter on Ontario experience and Clinical Care Modifier Model)] “Incentivizing Health Care Models to Increase Psychiatric Services to High Need Patient Populations”**, Mental Health Policy, Economics and Health Care Reforms, International Center of Mental Health Policy and Economics, Venice, Italy, March 2013

NATIONAL

Invited Lectures

- 2017 **[Sole Presenter]** “Do No Harm...Help Me Die: The Evolution of Assisted Dying Policies {upcoming} in Canada, and the Challenge of Mental Illness in the Context of MAiD”, Opening Keynote Presentation, Pri-Med Canada Annual Conference, Toronto, Canada, May 2017
- 2016 **[Sole Presenter]** “Marked Through the Ages: The Life Cycle of Stigma”, Keynote Presentation, Canadian ADHD Resource Alliance, Ottawa, Canada, October 2016

- 2016 **[Symposium]** Cultural and Mental Health Issues in Physician Assisted Dying, Keynote Presentation, Cultural Psychiatry Day, Toronto/Montreal/Vancouver (Toronto direct audience and multi-site videoconference), April 2016
- 2016 **[Sole Presenter]** “Do No Harm...Help Me Die: Navigating Mental Health Issues in the Turbulent Waters of Intolerable Suffering and (Ir)remediability”, special opening keynote presentation, Canadian Association of Psychiatry and the Law (CAPL), Vancouver, British Columbia, March 2016
- 2015 **[Featured Panelist]** “Resilience in Medical Leadership”, workshop on leadership skills and resilience, Canadian Psychiatric Association Annual Meeting, Vancouver, October 2015
- 2009 **[Sole Presenter]** R.O. Jones Memorial Keynote Lecture, “Folie Adieux: Moving Beyond Stigmatization of Psychiatry”, Canadian Psychiatric Association Annual Conference, St. John’s, Newfoundland, August 2009
- 2001 **[Invited Panelist]** Privacy of Psychiatric Records, Health Information Privacy Forum, Ottawa, Sept 2001

Other Presentations

- 2016 **[Presenter and Session Lead]** “Do No Harm...Help Me Die: Navigating Mental Health Issues in the Turbulent Waters of Intolerable Suffering and (Ir)remediability”, CPA Task Force on Assisted Dying, Canadian Psychiatric Association Annual Conference, Toronto, Ontario, September 2016
- 2015 **[Presenter and Session Lead]** “Dollars and Sense – Economics and Psychiatry”, Canadian Psychiatric Association Annual Conference, Vancouver, October 2015
- 2014 **[Presenter and Session Lead]** “Models of Care: The Economics of Psychiatry and How We Provide Service”, Canadian Psychiatric Association Annual Conference, Toronto, September 2014
- 2014 **[Presenter]** “Stories of Stigma”, Canadian Psychiatric Association Annual Conference, Toronto, September 2014
- 2013 **[Sole Presenter]** “Moving Beyond Psychiatric Care: The Evolution of Service Delivery Models”, Canadian Psychiatric Association Annual Conference, Ottawa, Sept 2013
- 2011 **[Sole Presenter]** “Economic Stigma – Occam’s Discriminatory Edge”, Canadian Psychiatric Association Annual Conference, Vancouver, Oct 2011

PROVINCIAL Invited Lectures

- 2017 **[Sole Presenter]** “Dollars and Sense”, Ontario District American Psychiatric Association, {upcoming} Toronto, Ontario, June 2017

- 2016 **[Sole Presenter]** “Do No Harm...Help Me Die: Navigating Mental Health Issues in the Turbulent Waters of Intolerable Suffering and (Ir)remediability”, Newfoundland Psychiatric Association Conference, St. John’s, Newfoundland, June 2016
- 2016 **[Sole Presenter]** “Do No Harm...Help Me Die: Navigating Mental Health Issues in the Turbulent Waters of Intolerable Suffering and (Ir)remediability”, Manitoba Psychiatric Association/Psychhealth Centre Rounds, Winnipeg, Manitoba, June 2016
- 2016 **[Sole Presenter]** “Do No Harm...Help Me Die: Navigating Mental Health Issues in the Turbulent Waters of Intolerable Suffering and (Ir)remediability”, Saskatchewan Psychiatric Association, Regina, Saskatchewan, April 2016
- 2016 **[Sole Presenter]** “Do No Harm...Help Me Die: Navigating Mental Health Issues in the Turbulent Waters of Intolerable Suffering and (Ir)remediability”, Nova Scotia Psychiatric Association Executive, Halifax, Nova Scotia, April 2016
- 2015 **[Sole Presenter]** “Moving Forward Together: A National Vision for Psychiatry”, presentation plus consultation session, New Brunswick Psychiatric Association Annual Meeting, Miramichi, New Brunswick, October 2015
- 2014 **[Chair and Facilitator]** “He’s Not Mad, He’s Madly Visionary!”, Stratford Festival public session exploring themes of sanity, mental illness and diagnosis, and societal expectations based on literary characters, Stratford, Ontario, September 2014
- 2011 **[Sole Presenter, Workshop Leader]** “Indirect Services in Psychiatry”, presentation plus consultation session, New Brunswick Psychiatric Association Annual Meeting, Saint John, New Brunswick, November 2011
- 2009 **[Sole Presenter]** “Folie Adieux: Moving Beyond Stigmatization of Psychiatry”, Ontario Psychiatric Association Annual Conference, Toronto, February 2009 (NB: this was before I was Continuing Education Chair for the OPA Annual Conference)
- 2009 **[Sole Presenter]** “Billing 101: Best Practices and Common Pitfalls”, Ontario Psychiatric Association Annual Conference, Toronto, February 2009
- 2008 **[Sole Presenter]** “Billing 101: Best Practices and Common Pitfalls”, Ontario Psychiatric Association Annual Conference, Toronto, February 2008
- 2007 **[Sole Presenter]** “Billing 101: Best Practices and Common Pitfalls”, Ontario Psychiatric Association Annual Conference, Toronto, February 2007
- 2005 **[Invited Panelist]** “Documenting With Purpose: The Special Case for Mental Health Records”, Mental Health Care Conference, The Canadian Institute, Toronto, April 2005

Other Presentations

- 2012 **[Sole Presenter]** “Economic Stigma – Occam’s Discriminatory Edge”, Ontario Psychiatric Association Annual Conference, Toronto, March 2012

- 2011 **[Sole Presenter]** “Billing Workshop – How to Bill Appropriately and Effectively”, Ontario Psychiatric Association Annual Conference, Toronto, April 2011
- 2011 **[Panelist]** “The Medical Political Landscape in Ontario”, presentation with the Coalition of Ontario Psychiatrists, Ontario Psychiatric Association Annual Conference, Toronto, April 2011

**REGIONAL
Invited Lectures**

- 2017 **[Sole Presenter]** “Folie Adieux: Getting Discriminating About Depressing Stigma”, Royal Victoria Hospital, Barrie, Ontario, February 2017
- 2016 **[Sole Presenter]** “Do No Harm...Help Me Die: Navigating Mental Health Issues in the Turbulent Waters of Intolerable Suffering and (Ir)remediability”, London Health Sciences Centre/St.Joseph’s Health Centre, London, Ontario, June 2016
- 2016 **[Panelist]** Suicide Forum, Adult Psychiatry and Health Systems Division Symposium, Toronto, Ontario, May 2016
- 2016 **[Sole Presenter]** “Do No Harm...Help Me Die: Navigating Mental Health Issues in the Turbulent Waters of Intolerable Suffering and (Ir)remediability”, Toronto Psychonephrology Group, Toronto, Ontario, May 2016
- 2014 **[Sole Presenter]** “Billing 2.0: New Ways to Provide Psychiatric Care”, Queen’s University Department of Psychiatry, Kingston, Ontario, May 2014
- 2014 **[Sole Presenter]** “Moving Beyond Psychiatric Care: The Evolution of Service Delivery Models”, Queen’s University Grand Rounds, Kingston, Ontario, May 2014
- 2013 **[Sole Presenter]** “Billing 2.0: New Ways to Provide Psychiatric Care”, London Health Sciences Centre, University of Western Ontario, London, Ontario, Nov 2013
- 2013 **[Sole Presenter]** “Billing 2.0: New Ways to Provide Psychiatric Care”, St. Joseph’s Health Centre Psychiatry, Toronto, Ontario, April 2013
- 2013 **[Sole Presenter]** “Billing 2.0: New Ways to Provide Psychiatric Care”, The Learning Group (community psychiatry), Toronto, Ontario, February 2013
- 2013 **[Sole Presenter]** “Billing 2.0: New Ways to Provide Psychiatric Care”, Trillium Health Partners Psychiatry, Mississauga Hospital, Ontario, January 2013
- 2012 **[Sole Presenter]** “Billing 2.0: New Ways to Provide Psychiatric Care”, Northern Ontario School of Medicine Psychiatry, Health Sciences North, Sudbury, Ontario, December 2012
- 2012 **[Sole Presenter]** “Billing 2.0: New Ways to Provide Psychiatric Care”, William Osler Health Centre Psychiatry, Brampton, Ontario, November 2012

- 2012 **[Sole Presenter]** “Billing 2.0: New Ways to Provide Psychiatric Care”, North York General Hospital Psychiatry, Toronto, Ontario, May 2012
- 2012 **[Sole Presenter]** “Billing 2.0: New Ways to Provide Psychiatric Care”, Hotel Dieu Grace Hospital, Windsor, Ontario, April 2012
- 2012 **[Sole Presenter]** “Billing 2.0: New Ways to Provide Psychiatric Care”, Homewood Health Centre, Guelph, Ontario, January 2012
- 2011 **[Sole Presenter]** “Billing 2.0: New Ways to Provide Psychiatric Care”, McMaster University, Department of Psychiatry, Hamilton, November 2011
- 2011 **[Sole Presenter]** “Billing 101: Optimizing Billing and Avoiding Pitfalls”, Providence Care Mental Health Services, Kingston, Ontario, July 2011
- 2011 **[Sole Presenter]** “Billing 101: Optimizing Billing and Avoiding Pitfalls”, Ottawa Academy, Ottawa, Ontario, January 2011
- 2009 **[Sole Presenter]** “Institutionalized Stigma, Moving Beyond...”, Coordinated CME Rounds, Regional Mental Health Care, London, Ontario, January 2009
- 2008 **[Sole Presenter]** “Institutionalized Stigma, Moving Beyond...”, Grand Rounds, Queen’s University Department of Psychiatry, Kingston, Ontario, December 2008
- 2008 **[Sole Presenter]** “Billing 101: Optimizing Billing and Avoiding Pitfalls”, Queen’s University Department of Psychiatry, Kingston, Ontario, May 2008
- 2004 **[Sole Presenter]** “Psychiatry Billing & Practice Guide”, Ottawa Academy, Ottawa, March 2004

LOCAL

Invited Lectures

- 2017 **[Sole Presenter]** “Suicide Assessment in the Emergency Room”, Humber River Hospital Emergency Department Session, Toronto, Ontario, January 2017
- 2016 **[Sole Presenter]** “Do No Harm...Help Me Die: The Evolution of Assisted Dying Policies in Canada, and the Challenge of Mental Illness in the Context of MAiD”, Humber River Hospital Family Medicine Clinical Day, Toronto, Ontario, Dec 2016
- 2016 **[Sole Presenter]** “Billing 2.0: New Ways to Provide Psychiatric Care”, Mount Sinai Hospital, Toronto, Ontario, December 2016
- 2016 **[Sole Presenter]** “Do No Harm...Help Me Die: Navigating Mental Health Issues in the Turbulent Waters of Intolerable Suffering and (Ir)remediability”, Humber River Hospital Medical Staff Association Meeting, Toronto, Ontario, June 2016
- 2016 **[Sole Presenter]** “Billing 2.0: New Ways to Provide Psychiatric Care”, Sunnybrook Hospital Department of Psychiatry, Toronto, Ontario, June 2016

- 2016 **[Sole Presenter]** “Do No Harm...Help Me Die: Navigating Mental Health Issues in the Turbulent Waters of Intolerable Suffering and (Ir)remediability”, Sunnybrook Hospital Department of Psychiatry, Toronto, Ontario, June 2016
- 2016 **[Sole Presenter]** “Do No Harm...Help Me Die: Navigating Mental Health Issues in the Turbulent Waters of Intolerable Suffering and (Ir)remediability”, University Health Network Grand Rounds, Toronto, Ontario, March 2016
- 2016 **[Sole Presenter]** “Billing 2.0: New Ways to Provide Psychiatric Care”, St. Michael’s Hospital, Toronto, Ontario, January 2016
- 2015 **[Sole Presenter]** “Billing 2.0: New Ways to Provide Psychiatric Care”, Surrey Place, Toronto, Ontario, June 2015
- 2013 **[Sole Presenter]** “Billing 2.0: New Ways to Provide Psychiatric Care”, Centre for Addictions and Mental Health (CAMH), Toronto, Ontario, Nov 2013
- 2013 **[Sole Presenter]** “Billing 2.0: New Ways to Provide Psychiatric Care”, Education Interest Group, University Health Network, Toronto, Ontario, May 2013
- 2013 **[Sole Presenter]** “Billing 2.0: New Ways to Provide Psychiatric Care”, St. Joseph’s Hospital Department of Psychiatry, Toronto, Ontario, April 2013
- 2013 **[Sole Presenter]** “Billing 2.0: New Ways to Provide Psychiatric Care”, The Learning Group, Toronto, Ontario, Feb 2013
- 2013 **[Sole Presenter]** “Billing 2.0: New Ways to Provide Psychiatric Care”, Trillium Health Partners, Mississauga, Ontario, Jan 2013
- 2012 **[Sole Presenter]** “Billing 2.0: New Ways to Provide Psychiatric Care”, William Osler Psychiatry, Brampton, Ontario, Nov 2012
- 2012 **[Sole Presenter]** **Commencement Address**, Toronto French School graduation, June 2012
- 2012 **[Sole Presenter]** **Keynote Speaker (on scholarship and mental health advocacy)**, Toronto French School Alumni Reunion, Toronto, May 2012
- 2012 **[Sole Presenter]** “Billing 2.0: New Ways to Provide Psychiatric Care”, North York General Hospital Psychiatry, Toronto, May 2012
- 2012 **[Panelist]** Advocacy Day for Psychiatry Residents, University of Toronto (other panelists included Dr. Susan Abbey, Dr. David Golbloom, Dr. Doug Weir), May 2012
- 2012 **[Sole Presenter]** “Billing 2.0: New Ways to Provide Psychiatric Care”, Brockville Hospital, Brockville, Ontario, Apr 2012
- 2011 **[Sole Presenter]** “Billing 2.0: New Ways to Provide Psychiatric Care”, St. Michael’s Hospital, Toronto, October 2011

- 2010 **[Sole Presenter]** “Billing 101: Optimizing Billing and Avoiding Pitfalls”, University Health Network, Senior Staff presentation, December 2010
- 2008 **[Sole Presenter]** “Billing 101: Optimizing Billing and Avoiding Pitfalls”, Brampton Civic Hospital, Brampton, December 2008

Other Presentations

- 2016 **[Sole Presenter]** “Do No Harm...Help Me Die: Navigating Mental Health Issues in the Evolving Assisted Dying Framework”, Mental Health and Addictions Clinical Day, Old Mill, Toronto, Ontario, Oct 2016
- 2016 **[Sole Presenter]** “Do No Harm...Help Me Die: Navigating Mental Health Issues in the Turbulent Waters of Intolerable Suffering and (Ir)remediability”, Mental Health Grand Rounds, Humber River Hospital, Toronto, Ontario, March 2016
- 2014 **[Sole Presenter]** “The Life Cycle of Stigma”, Mental Health and Addictions Clinical Day, Old Mill, Toronto, Ontario, October 2014
- 2009 **[Sole Presenter]** “Folie Adieux: Moving Beyond Stigmatization of Psychiatry”, Grand Rounds, University Health Network, November 2009
- 2009 **[Sole Presenter]** “Institutionalized Stigma, Moving Beyond...”, Grand Rounds, Royal Ottawa Hospital, University of Ottawa Department of Psychiatry, February 2009
- 2004 **[Sole Presenter]** “Cancer and Culture: The Hard Part of ‘Hardcore’ Illness”, Culture and Community Rounds, University Health Network, May 2004
- 2002 **[Joint Presenter]** Workshop on Cultural Issues in Psychosocial Oncology, Psychosocial Oncology Course, Vaughan Estates, UHN/PMH, September 2002
- 2001 **[Sole Presenter]** Waldenstrom’s Support Group presentation, Oakville, May 2001
- 2000 **[Joint Presenter]** Plenary Session on Cultural Issues in Psycho-oncology, From Understanding to Intervention: A Multidisciplinary Course in Psychosocial Oncology, Princess Margaret Hospital, October 2000
- 2000 **[Sole Presenter]** “Psychiatry and Film”, Grand Rounds, University Health Network, Toronto, June 2000
- 1998 **[Sole Presenter]** “Coping with Prostate Cancer – The Psychosocial Impact of Illness and Treatment”, Michener Institute, Toronto, June 1998
- 1998 **[Sole Presenter]** “A Cross Cultural Perspective: The Explanatory Model in Oncology”, Grand Rounds, Princess Margaret Hospital, February 1998

- 1996 **[Sole Presenter]** “Effects of Stereotypes on Selection of Psychiatry as a Career Choice”, Poster Presentation, EFPO Annual Conference, Toronto, November 1996
- 1996 **[Joint Presenter]** Clinical Day in Culture and Psychiatry, case presentation with Dr. Spero Manson, University of Toronto, October 1996
- 1995 **[Sole Presenter]** “Effects of Stereotypes on Selection of Psychiatry as a Career Choice – a Proposed Study”, Poster Presentation, EFPO Annual Conference, Toronto, November 1995
- 1994 **[Sole Presenter (discussant: Joel Jeffries)]** “Criminal From a Sense of Guilt? Or 301.83? What Behaviour Merits What Treatment, When, and by Whom?”, Clinical Conference, Clarke Institute of Psychiatry, October 1994
- 1994 **[Sole Presenter (discussant: Saul Levine)]** “The Sick Witch: Fringe Religions and Psychiatry”, Grand Rounds, Clarke Institute of Psychiatry, May 1994

PUBLICATIONS and CREATIVE PROFESSIONAL ACTIVITIES REPORT

Note: Publications are listed identifying role as **Senior Responsible Author (SRA)**, **Principal Author (PA)**, **Co-principal Author (Co-PA)**, **Collaborator (COLL)** or **Co-Author (CA)** as per standard criteria.

PEER REVIEWED MEDICAL JOURNALS

- 2017 **[Co-PA]** Sheehan K, **Gaind KS**, Downar J. Medical assistance in dying: special issues for patients with mental illness. *Curr Opin Psychiatry*. 2017 Jan;30(1):26-30. PubMed PMID: 27798486.
- 2013 **[SRA]** Gaind K.S., “Incentivizing Health Care Models to Increase Psychiatric Services to High Need Patient Populations: A Decade in Review and New Models”, *J. of Mental Health Policy and Economics*, Vol. 16 suppl. 1, S9, March 2013

PHYSICIAN ASSISTED DEATH POLICY DEVELOPMENT

- 2016-present **[COLL]** Assisted Dying policy, Humber River Hospital, Internal Resource Group (IRG) on Assisted Dying
- 2016 **[SRA]** Testimony to Standing Senate Committee on Legal and Constitutional Affairs on PAD, May 2016
- 2016 **[SRA]** Leading Development of Canadian Psychiatric Association (CPA) Interim Guidance and Policy on Assisted Dying, Chair CPA Task Force on Medically Assisted Dying, ongoing

- 2016 **[SRA]** Correspondence regarding lack of existing standards of irremediability in mental illness, to Ministers of Justice and Health, April 2016
- 2016 **[SRA]** Interim Response to Report of the Special Joint Committee on PAD, April 2016
- 2016 **[SRA]** Elucidation of Key Issues surrounding Irremediability, Subjectivity and Access related to Mental Illness and Physician-Assisted Death, Feb 2016
- 2016 **[SRA]** Testimony to Special Joint Commons-Senate Committee on Physician-Assisted Death, Ottawa, Jan 2016
- 2015 **[SRA]** Testimony to Provincial-Territorial Expert Advisory Group on Physician-Assisted Dying, Toronto, Nov 2015
- 2015 **[SRA]** Submission to Federal External Panel on Legislative Options to Carter v. Canada, Toronto, Nov 2015

MEDICAL PRACTICE & TARIFF SUBMISSIONS AND POLICY DEVELOPMENT

The focus of many submissions has been to foster collaborative care, including by recognizing needed 'indirect' care, and encourage care of the most ill patients.

SUBMISSIONS, PROPOSALS AND HEALTH CARE MODEL DEVELOPMENT PROVINCIAL

- 2012 **[SRA]** Analysis of Economic Impact of Psychiatric Care and Utilization Analysis, OMA Health System Savings Working Group, July 2012
- 2012 **[SRA]** Review of Study of Income, Overhead and Hours Worked relative to Psychiatric Care, CANDI Relativity Implementation Committee, Jan 2012
- 2011 **[SRA]** Analysis of costing of psychiatry allocation, letter to Medical Services Payment Committee (MSPC), April 2011
- 2010 **[SRA]** Clinical Care Modifier Model submission to MSPC, Nov 2010
- 2010 **[SRA]** Adolescent Consultative Interview submission to MSPC, Nov 2010
- 2010 **[SRA]** Geriatric Consultative Interview submission to MSPC, Nov 2010
- 2010 **[SRA]** Transcranial Magnetic Stimulation submission to MSPC, Nov 2010
- 2010 **[SRA]** Summary of Presentation to MSPC outlining OMA Section on Psychiatry priorities, Feb 2010
- 2009 **[SRA]** Feedback to MSPC on Psychiatry Section allocation, Jan 2009
- 2008 **[SRA]** Indirect Services in Psychiatric Care presentation to OMA Central Tariff Committee (CTC), April 2008

- 2008 **[SRA]** Indirect Psychiatric Services submission to OMA CTC, Feb 2008
- 2007 **[SRA]** Follow-up on Complexity Model proposal to OMA CTC, Aug 2007
- 2007 **[SRA]** Follow-up on Complexity Model proposal to OMA CTC, June 2007
- 2007 **[SRA]** Complexity Model presentation to OMA CTC, May 2007
- 2007 **[SRA]** Original Complexity Model submission to OMA CTC, May 2007
- 2006 **[SRA]** Team Management of Disturbed Behaviour re-submission to OMA CTC, Feb 2006
- 2006 **[SRA]** Extrapyrmidal System (EPS) Assessment Code submission to OMA CTC, Feb 2006
- 2006 **[SRA]** Cultural Interpretation Code submission to OMA CTC, Feb 2006
- 2006 **[SRA]** Complexity Premium clarification, submission to OMA CTC, Feb 2006
- 2006 **[SRA]** Complex Comorbid Care Premium submission to OMA CTC, Feb 2006
- 2006 **[SRA]** Chronic Care Premium submission to OMA CTC, Feb 2006
- 2006 **[SRA]** Competency Assessment Code submission to OMA CTC, Feb 2006
- 2006 **[SRA]** After Hours Premium submission to OMA CTC, Feb 2006
- 2005 **[SRA]** Response to OMA CTC draft recommendations, July 2005
- 2005 **[SRA]** Response to OMA CTC initial response to OMA Section on Psychiatry proposals, June 2005
- 2005 **[SRA]** Complexity Premium submission to OMA CTC, March 2005
- 2005 **[SRA]** Consultative Interview Code submission to OMA CTC, March 2005
- 2005 **[SRA]** Family Therapy differential submission to OMA CTC, March 2005
- 2005 **[SRA]** Restraint Monitoring Code submission to OMA CTC, March 2005
- 2005 **[SRA]** Suicide Intervention Code submission to OMA CTC, March 2005
- 2004 **[SRA]** ECT fee internal relativity correction submission to OMA CTC, Feb 2004
- 2004 **[SRA]** Review Board Preparation Code submission to OMA CTC, Feb 2004
- 2004 **[SRA]** Shared Care Consultation Code submission to OMA CTC, Feb 2004

- 2004 **[SRA]** Transcranial Magnetic Stimulation submission to OMA CTC, Feb 2004
- 2003 **[SRA]** Follow-up on submission to OMA CTC to increased differentials for Psychiatric Consultation Codes and Inpatient Psychiatric Services to incentivize those high-need services and improve access, Aug 2003
- 2003 **[SRA]** Proposal to introduce codes for Psychiatric Scales (Anxiety, Depression, Psychosis Scales), submission to OMA CTC, Feb 2003
- 2003 **[SRA]** Proposal for readjustment of Group Therapy fees, submission to OMA CTC, Feb 2003
- 2003 **[SRA]** Mental Health Patient Conference Code submission to OMA CTC, Feb 2003
- 2003 **[SRA]** Submission to OMA CTC to increase differentials for Psychiatric Consultation Codes to increase access/incentivize new patient assessments, Feb 2003
- 2002 **[SRA]** Proposal to allow non-consecutive time units to be 'banked' for inpatient psychiatric care, recognizing the nature of inpatient psychiatric services, submission to OMA CTC, May 2002
- 2002 **[SRA]** Neurocognitive Assessment Code feedback, letter to OMA CTC, May 2002
- 2002 **[SRA]** Extrapyrmidal System (EPS) Assessment Code submission to OMA CTC, March 2002
- 2002 **[SRA]** Proposal to increase differential for Child Psychiatry Codes to increase access/incentivize child assessments, submission to OMA CTC, March 2002
- 2002 **[SRA]** Team Management of Disturbed Behaviour submission to OMA CTC, Mar 2002
- 2002 **[SRA]** Telepsychiatry Model submission to OMA CTC, March 2002
- 2001 **[SRA]** Psychiatric Record Review premium submission to OMA CTC, Oct 2001
- 2001 **[SRA]** Psychiatric Care Modernization submission to OMA CTC, March 2001
- 2001 **[SRA]** Psychiatric Neurodevelopmental Consultation submission to OMA CTC, Mar 2001
- 2001 **[SRA]** Proposal to allow Psychiatric Care and Consultation Codes to be billed the same day, submission to OMA CTC, March 2001
- 2000 **[SRA]** Response to CTC regarding relativity increases for psychiatric services, July 2000
- 2000 **[SRA]** Extended Psychiatric Consultation submission to OMA CTC, March 2000
- 2000 **[SRA]** Acknowledging Form 1 as appropriate documentation for request for Psychiatric Consultation, submission to OMA CTC, March 2000

- 2000 **[SRA]** Proposal to eliminate Start-Stop Time Documentation Requirement, submission to OMA CTC, March 2000
- 2000 **[SRA]** Multidisciplinary Care submission to OMA CTC, March 2000
- 2000 **[SRA]** Psychiatric Scale Code submission to OMA CTC, March 2000
- 2000 **[SRA]** Relativity for Psychiatric Care submission to OMA CTC, March 2000

MEMBER COMMUNICATION

PUBLICATIONS and DIRECT COMMUNICATIONS PROVINCIAL and NATIONAL

- 2016 **[SRA]** Analysis of MOHLTC/OMA Tentative Physician Services Agreement, Aug 2016
- 2014 **[SRA]** Update on Family Health Team Parity and Negotiations, May 2014
- 2013 **[SRA]** Guidelines for Resident Supervision in Clinical Teaching Units, June 2013
- 2012 **[SRA]** Tariff Update and Billing Code Guidelines, OPA Dialogue, Jan 2012
- 2011-12 **[SRA]** Billing Code Guidelines, series of OMA member communications, Nov 2011-Jan 2012
- 2011 **[SRA]** Tariff Update, OPA Dialogue, Aug 2011
- 2011 **[SRA]** Member Update, OMA Section on Psychiatry direct communication, Aug 2011
- 2011 **[SRA]** Tariff Update, OPA Dialogue, Mar 2011
- 2011 **[SRA]** Backgrounder on History of Coalition of Ontario Psychiatrists, OMA Section on Psychiatry and OPA, OPA Dialogue, Mar 2011
- 2010 **[SRA]** Member Update, OMA Section on Psychiatry direct communication, Oct 2010
- 2010 **[SRA]** Letter to Members regarding OMA Governance Process and Survey, OMA Section on Psychiatry direct communication, Sept 2010
- 2010 **[SRA]** Member Update, OMA Section on Psychiatry Newsletter, Feb 2010
- 2010 **[SRA]** "Money Matters: Parity in Time-Based Models", Canadian Psychiatric Association Aujourd'hui, Jan 2010
- 2009 **[SRA]** Relativity Update, OPA Dialogue, Nov 2009
- 2009 **[SRA]** Relativity and Tariff Update, OPA Dialogue, June 2009
- 2009 **[SRA]** Member Update, OMA Section on Psychiatry direct communication, June 2009

- 2009 **[SRA]** Economic Update, OPA Dialogue, Feb 2009
- 2009 **[SRA]** Tariff Report, OMA Section on Psychiatry Annual Meeting, Feb 2009
- 2008 **[SRA]** "Money Matters", Canadian Psychiatric Association Aujourd'hui, June 2008
- 2008 **[SRA]** Update on OMA-MOHLTC Agreement, OMA Section on Psychiatry direct communication, Feb 2008
- 2007 **[SRA]** Update on Family Health Team Issue, OPA Dialogue, Dec 2007
- 2007 **[SRA]** Update on Family Health Team Issue, OMA Section on Psychiatry direct communication, Nov 2007
- 2007 **[SRA]** Update on Family Health Team Issue, OPA Dialogue, Sept 2007
- 2006 **[SRA]** Tariff Report, OMA Section on Psychiatry Annual Meeting, May 2006
- 2004 **[SRA]** Tariff Report, OPA Dialogue, May 2004
- 2002 **[SRA]** Tariff Report, OPA Dialogue, May 2002
- 2001 **[SRA]** Member Update on Tariff Issues, OMA Section on Psychiatry direct communication, Jan 2001
- 2001 **[SRA]** Tariff Report, OPA Dialogue, Jan 2001
- 2000 **[SRA]** Member Update on Tariff Issues, OMA Section on Psychiatry direct communication, Aug 2000
- 2000 **[SRA]** Tariff Report, OPA Dialogue, June 2000
- 2000 **[SRA]** Member Update on Tariff Issues, OMA Section on Psychiatry direct communication, Jan 2000

MEMBER ENGAGEMENT AND ADVOCACY

PUBLICATIONS, DIRECT COMMUNICATIONS, ADVOCACY AND POLICY SETTING PROVINCIAL

- 2009 **[SRA]** Specialist Care Recognition Campaign, spring and fall 2009
- 2007 **[SRA]** Family Health Team (FHT) parity issue, policy setting motion and speech at OMA General Council, Nov 2007
- 2007 **[SRA]** FHT parity issue, letter to OMA President, Nov 2007
- 2007 **[SRA]** FHT parity issue Backgrounder, Coalition of Ontario Psychiatrists, Aug 2007

- 2007 **[SRA]** FHT parity issue, letter to Minister of Health, July 2007
- 2007 **[SRA]** Communication and Member Mobilization on FHT parity issue, OPA Dialogue, June 2007
- 2002 **[SRA]** Letter to OMA General Council on 2003 OHIP Funding Allocation, Nov 2002
- 2002 **[SRA]** Member Communication and Template Letter for Advocacy, 2003 OHIP Funding Allocation issue, Oct 2002
- 2002 **[SRA]** Letter to Physician Services Committee on OHIP Allocation, Feb 2002
- 2001 **[SRA]** Equitable Fee Increase policy setting motion and Council transcript of speech, OMA General Council, Nov 2001

OTHER KNOWLEDGE TRANSFER AND POLICY ADVOCACY

SUBMISSIONS

PROVINCIAL

- 2011 **[SRA]** Feedback to Minister of Health regarding proposed 10 Year Mental Health and Addictions Strategy, Feb 2011
- 2002 **[SRA]** Proposal for distribution of billing profiles to psychiatrists, letter to MOHLTC, July 2002

WORKSHOPS (as organizer/facilitator)

NATIONAL

- 2015 Developing the National Economics Database (N.E.D.), Canadian Psychiatric Association (CPA) Standing Committee on Economics, Ottawa, April 2015
- 2014 Moving Beyond “Psychiatric Care”: The Evolution of Service Delivery Models, Canadian Psychiatric Association (CPA) Standing Committee on Economics, Ottawa, April 2014
- 2013 “Aiming for Zero?: Negotiation Skills in a Chilly Environment” Workshop, Canadian Psychiatric Association (CPA) Standing Committee on Economics, Ottawa, April 2013
- 2012 “Clinical Care Modifiers in Psychiatry” Workshop, Canadian Psychiatric Association (CPA) Standing Committee on Economics, Ottawa, April 2012
- 2011 “Getting to Yes” Negotiations Workshop, CPA Standing Committee on Economics, Ottawa, April 2011
- 2010 “Ideas to Implementation” Workshop, CPA Standing Committee on Economics, Ottawa, April 2010

Karandeep Sonu Gaiind

2009 Indirect Services Workshop, CPA Standing Committee on Economics, Ottawa, April 2009

2008 Complexity in Psychiatric Care Workshop, CPA Standing Committee on Economics, Ottawa, April 2008

PUBLICATIONS - MANUALS

PROVINCIAL

2004 **[CoPA]** Psychiatry Billing and Practice Guide, Coalition of Ontario Psychiatrists, Nov 2004

PATIENT PRIVACY AND CONFIDENTIALITY OF PSYCHIATRIC RECORDS

SUBMISSIONS, ADVOCACY AND POLICY SETTING

PROVINCIAL

2001 **[SRA]** Motions on privacy of patient health records and third party requests, OMA General Council, Nov 2001

2001 **[SRA]** Briefing on privacy of psychiatric records, consultation with MOHLTC staff, June 2001

2001 **[SRA]** Submission on patient privacy, Standing Committee on General Government, Feb 2001

OTHER PUBLICATIONS

2016 **[SRA]** "How Mental Illness Complicates Medically Assisted Dying", Globe and Mail Opinion Editorial on Assisted Dying, May 30, 2016, National Print Edition

2008 **[SRA]** "Medicine's Blind Spot", Globe and Mail Opinion Editorial on Institutionalized Stigma, June 25, 2008, National Print Edition

2001 **[SRA]** "Snooping on the Sick", Globe and Mail Opinion Editorial on privacy of patient health information, March 2001, National Print Edition

1998 **[CA]** Babey K, Barrett S, Bury L, Dawes R, **Gaiind S**, Galea S, Hutten-Czapski P, Mann R, Park I, Pong R, Rourke J, Tepper J, Thorburn M, Whiteside C. From Education to Sustainability: A Blueprint For Addressing Physician Recruitment and Retention in Rural and Remote Ontario, Ontario Regional Committee of the Society of Rural Physicians of Canada and the Professional Association of Internes and Residents of Ontario. Dec 1998, 75 pp

1996 **[COLL]** Hill J (co-chair), Kaplan A (co-chair), . Briant J, Brown C, Buckingham R, Chaulk G, Dagg P, Diaz F, Douglas N, **Gaiind S**, Hirji Z, Hutchinson L, Johnston V, LeBlanc B, LeClair K, Leverette J, Mahood E, Martin L, Maskey J, Mathany A, Mercer D, Ross A, Rzadki E, Seltzer J, Skorcz S, Spindel H, Tennant L, Urowitz M. Toward an Integrated Framework for Mental Health Services: Psychiatric Care, PCCCAR Subcommittee on Psychiatric Human Resources. July 1996, 40 pp

RESEARCH

2014–present **Institutional Representative, Interim Federal Health Changes (IFH) Project**

1997 **Harvey Stancer Research Day, University of Toronto Department of Psychiatry**

- *Post Traumatic Stress Disorder in South East Asian Refugees: Ten Years Later*

1995 **Determinants of Career Choice Among Undergraduate Medical Students**

TEACHING AND DESIGN

UNDERGRADUATE MD EDUCATION

Innovations and Development in Teaching and Education

1994-1998 Medical Student Liaison Group, University of Toronto Department of Psychiatry

1995-1996 Psychiatry Student Interest Group, University of Toronto

1992-1993 Internship Curriculum Committee, St. Michael's Hospital

POSTGRADUATE MD EDUCATION

Departmental Education

2004-present Member, Education Steering Committee, CCHS (Culture, Community, and Health Studies), University of Toronto Department of Psychiatry

1996-2008 Consultation-Liaison Resident Seminar Series, University Health Network Department of Psychiatry

1996-2004 PGY-1 Core Lecture Series, Cross-Cultural Psychiatry sessions, University of Toronto Department of Psychiatry

CONTINUING EDUCATION

Extra-University Education

Innovations and Development in Teaching and Education

INTERNATIONAL

2004-2013 Course Director, Psychiatry Review Course International Conferences

2007-2010 Course Director, MD Conferences

PROVINCIAL

2010-2013 Chair, Ontario Psychiatric Association Annual Conference

REGIONAL

- 2006 "Tears for Fears", Psychiatry Review Course Regional Retreat, post-traumatic stress disorder and mood disorders, Pillar and Post Inn, Niagara-on-the-Lake, September 2006
- 2005 "Moody Booze", Psychiatry Review Course Regional Retreat, mood disorders and addictions, Prince George Hotel, Niagara-on-the-Lake, September 2005
- 2004 "Death and the Maiden", Psychiatry Review Course Regional Retreat, palliative care and women's health, Elora Inn, Elora, July 2004

LOCAL

- 2014-present Chair, Humber River Hospital Mental Health and Addictions Annual Clinical Day
- 2014-present Education Chair, Humber River Hospital Mental Health and Addictions Program Grand Round Series
- 2004-2010 Education Consultant, Stonegate Community Health Centre, Toronto