

Zone 3 News

August 18, 2016

We have worked on a new Roundtable on Migration, Gender and Mental Health in Costa Rica. This has two parts:

1. The First part: We had a one-day workshop in Quepos main port in the Pacific Coast of Costa Rica with officials from various institutions such as health services, services for children, adolescents and women, Frontier- Board Security, Education, Police etc that directly work with migrants from Cuba, Africa and Haiti. These officials they were trained in mental health issues on migration.
2. The second part of the Round table : will be held in September with national experts and national authorities in the capital San Jose. We will examine the strengths and weaknesses that we have learnt in Quepos and give a public feedback on national policies and national programs to National authorities. Finally the Declaration of San Jose Costa Rica will be written on Migration Gender and Mental Health.

In all this work Dr Enrique Mendoza Gaitan APAL Latin American Psychiatric Association President-elect of Guatemala and Dr Edwing Garcia Toro from Honduras participated as special guests. Coordinator of this Round table was Dr Virginia Rosabal (ZR). We will continue with round tables in Zone 3 in Dominican Republic in October and Mexico City in November, with Dr Dinesh Bhugra and Dr Edgard Belfort. Zone 3 WPA making firm steps on improving Mental Health!





Virginia Rosabal

WPA Zonal Representative- Zone 3

Attached: Pictures from WPA Round Table at Quepos, Costa Rica