

# WPA NEWS

Official Quarterly News Bulletin of WPA



WORLD PSYCHIATRIC ASSOCIATION  
الجمعية العالمية للطب النفسي  
世界精神病学协会  
ASSOCIATION MONDIALE DE PSYCHIATRIE  
WELTVERBAND FÜR PSYCHIATRIE  
ASSOCIAÇÃO MUNDIAL DE PSIQUIATRIA  
ВСЕМИРНАЯ ПСИХИАТРИЧЕСКАЯ АССОЦИАЦИЯ  
ASOCIACIÓN MUNDIAL DE PSIQUIATRÍA

MARCH 2015

## WPA Executive Committee

### President:

Dinesh Bhugra (UK)

### President-Elect:

Helen Herrman (Australia)

### Secretary General:

Roy Abraham Kallivayalil (India)

### Secretary for Education:

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### Z15 Central and Western Asia:

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### Z16 Southern Asia:

T. V. Asokan (India)

### Z17 Eastern Asia:

Min-Soo Lee (South Korea)

### Z18 Australasia and the South Pacific:

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Juan E. Mezzich (USA)

Ahmed Okasha (Egypt)

Pierre Pichot (France)

Pedro Ruiz (USA)

Norman Sartorius (Switzerland)

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## WPA Council (Past Presidents)

Jorge A. Costa e Silva (Brazil)

Felice Lieh-Mak (China)

Mario Maj (Italy)



The Mer de Glace (Sea of Ice) is a glacier located on the northern slopes of the Mont Blanc massif, in the Alps. At 7 kilometres long and 200 metres deep, it is the longest glacier in France. The Mer de Glace, like all glaciers, is constantly renewed by two phenomena: accumulation, notably due to snowfall and ablation, essentially due to melting. It flows permanently under the effect of its own weight, causing crevasses, seracs or pockets of water to form, depending on the type of ground.

## WPA Secretariat

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Prof. Roy Abraham Kallivayalil (India)

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Ms. Francesca Sotgiu (France)

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## The World Psychiatric Association (WPA)

The WPA is an association of national psychiatric societies, presently 138, spanning 118 different countries and representing more than 200,000 psychiatrists.

The WPA organizes the World Congress of Psychiatry, International and Regional Congresses, and Thematic Conferences. With its 69 scientific sections, it promotes collaborative work in specific domains of psychiatry. It has developed ethical guidelines for psychiatric practice, including the Madrid Declaration.

Its website is currently visited from almost all countries across the world and the WPA News is widely disseminated. Various educational programmes and series of books had been produced including an E-Learning long distance programme. World Psychiatry, the WPA official journal, could be freely downloaded from PubMed Central and the WPA website ([www.wpanet.org](http://www.wpanet.org)).



## What are its Aims?

The core missions of the WPA include the following:

- To encourage the highest possible standards of clinical practice
- To increase knowledge and skills about mental disorders and how they can be prevented and treated
- To promote mental health
- To promote the highest possible ethical standards in psychiatric work
- To disseminate knowledge about evidence-based therapy and values based practice
- To be a voice for the dignity and human rights of the patients and their families, and to uphold the rights of psychiatrists
- To facilitate communication and assistance especially to societies who are isolated or whose members work in impoverished circumstances



## Message from the Secretary General

Dear Colleagues and Friends,



Roy Abraham Kallivayalil

Dear Colleagues and Friends,

Hearty greetings to you. Hope you have received the 'WPA News' December 2014 and have found it informative and useful. Your feedback is important and will be appreciated.

WPA President Dinesh Bhugra, President-Elect Helen Herrman, and the Secretary General participated in the Annual Conference of Indian Psychiatric Society at Hyderabad January 8-11, 2015. With more than 3,500 delegates, it was one of the largest Member Society meetings in Asia. While our President attended the WCAP meeting at Fukuoka and several other meetings, I have attended the WAPR meeting at Bangalore. My second official visit to the WPA Secretariat at Geneva was from January 27-29, 2015. Functioning of the Secretariat, working arrangements and administrative tasks were reviewed. On our invitation, Jean-Michel Aubry, the new Director of the Department of Psychiatry, HUG and François Ferrero (the former Head) had visited the Secretariat on 28 January, 2015. We have reviewed the 'Accord of Collaboration' of WPA with HUG (Geneva University Psychiatric Hospital) which is valid for 20 years from September 2004. It was decided WPA and HUG will maintain good liaison with each other. We have also visited the WPA Archives and made extensive searches. WPA Secretariat premises are kept neat and tidy.

The most important forthcoming events are WPA International Congress, Bucharest, June 24-27, 2015, and the WPA Regional Congresses at Osaka, June 4-7, 2015 and at Kochi September 25-27, 2015. Please do join. Kindly visit our website [www.wpanet.org](http://www.wpanet.org). We are making it "state-of-art" revamping and redesigning it. Looking forward to your suggestions, guidance and support in all WPA matters.

Thanking you,

Roy Abraham Kallivayalil  
WPA News Editor  
WPA Secretary General

## Message from the President



Dinesh Bhugra

In January, I had the pleasure of attending AN-CIPS (Annual meeting of the Indian Psychiatric Society) in Hyderabad which was a great success. The scientific standard of the meeting was superb. The meeting also provided an opportunity to discuss various concerns in the region.

I had the honour of delivering Pandit Oration at School of Law in Pune, India to present Social Justice, Human Rights and mentally ill. The campaign on Social Justice for the mentally ill will be launched at the WPA International Congress in Bucharest in June 2015. The campaign aims to highlight matters related to social justice and discrimination individuals with mental illness face on a daily basis. WPA plans to work with voluntary agencies and patient organisations to move this agenda forward. Various Presidential Task Forces have started their work and hopefully we will be releasing various reports and action points in due course. I had the privilege of attending the World Congress of Asian Psychiatry in Fukuoka, Japan which brought together over 450 delegates together with a clear focus on working together in

Asian psychiatry and ensuring that we can learn from each other irrespective of inadequacy of resources. There are islands of good practice and we need to publicise these further.

As mentioned earlier in my previous message, the International Congress of the WPA in Bucharest in June looks like a grand success. There is a regional meeting in Osaka in June in association with the Japanese Society of Psychiatry and Neurology and I very much hope that you will join us to share ideas and presentations on policy, research and clinical practice.

I remain very keen to hear from our members and societies about what the added value of the WPA is for the national organisations. So please continue to get in touch directly or through the Secretariat with ideas on how we can improve the organisation and communication both within the organisation and with other agencies.

Dinesh Bhugra, CBE  
President  
World Psychiatric Association



The **Brunswick Monument** is a mausoleum built in 1879 in Geneva, Switzerland to commemorate the life of Charles II, Duke of Brunswick (1804 - 1873). He bequeathed his fortune to the city of Geneva in exchange for a monument to be built in his name, specifying that it be a replica of the Scaliger Tombs in Verona, Italy.

■ NEW WPA BOARD/ZONAL REPRESENTATIVES (2014-2017)



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## ■ PARADOXES OF PSYCHIATRY 2015



Norman Sartorius

Over the past five decades psychiatry as a discipline showed a remarkable tolerance to the paradoxical development of its tenets. Psychiatry – if it wants to survive as a respectable part of medicine - will have to deal with these paradoxes of which I am listing three here, to stimulate thinking

about them and about the many others in the provision of care for the mentally ill.

Community care has been promoted as the most effective and humane form of care for people with mental illness. Its principle is that people with mental illness should stay with their families and remain members of their communities while receiving evidence based and appropriate treatment for their illness. Another principle is that health workers involved in care for the mentally ill should be aware of the cultural and socioeconomic characteristics of the communities in which they work and take them into account in collaborating with people who have mental illnesses in the search for the most appropriate and effective forms of care.

The paradox about this tenet lies in the fact that community care has been promoted as the best solution for all settings although

in many countries communities defined as groups of people sharing the same (geographical) territory and having mutually helpful relationships do not exist any longer or are rapidly vanishing. The geographically defined territories – particularly in rapidly growing towns - more and more frequently house people who do not know each other and have never had any mutually supportive local relationships. In many of these territories a large proportion of households – up to one third in some countries – are single person households. Families of persons living alone are often far away or do not exist any longer. In such instances there are no “natural” carers – members of families, neighbors of a long date, friends and colleagues are not within reach and do not wish - or cannot - look after the person who has a mental illness.

In other instances families exist but have – in addition to providing care to the person with

mental illness other obligations – possibly providing care for another member of the family who is ailing or for one or more small children. To ask such a family to provide care for a person with mental illness can and often does surpass their coping capacity and they break down leaving not only the person with mental illness but also other family members with impairments without any assistance. The rational way of dealing with such situations would include a thorough assessment of the family's capacity to look after a mentally ill member and then deciding whether the patient can be placed within the family, (with or without significant financial help) or not and if not what other path to take. Unfortunately thorough evaluations of family strength are rarely done; and even when they are done the results of the assessment often do not influence the decisions about the placement of patients because there are no alternatives to discharging patients to the care in the family.

The notion that appropriate and humane care for people with mental illnesses requires access to many different forms of care – community care being one of them – is however gradually emerging. It contains the understanding that, on one hand, the quality of inpatient psychiatric facilities must be improved so that they can provide adequate and humane care and that on the other hand that we should fight for the creation of other facilities (e.g. sheltered workshops) and for the legal basis which will make it possible to provide families with knowledge and money which will make it possible for them to provide care without falling apart.

Another paradox concerns the strategy of task shifting which is at present promoted as being the answer to the shortage of funds (which reflects the low priority of psychiatry), particularly in conditions of financial stringency. The logic of that strategy – which is both logical and attractive to policy makers because it eases the obligation to produce more health workers specialized in psychiatry is that in many countries in which the numbers of psychiatrists are small (but also in those in which they are numerous)

the psychiatrists' tasks should be "shifted" to other health care workers or members of the community. There is good evidence that general practitioners and other health workers can provide good care to people with mental disorders particularly if they do so in collaboration with psychiatrists. There is also good evidence that people with mental disorders often prefer to receive care from health professionals other than psychiatrists – general practitioners, nurses, specialists of branches of medicine other than psychiatrists. There are several problems which are not given sufficient attention by those who promote task shifting and in policies that have adopted task shifting as a central principle of psychiatric care. The first of these is that the majority of health workers other than psychiatrists do not wish to deal with mental illness. Their undergraduate training did not make them expect that they will deal with mental illness and their competence to do this is often minimal or lacking. The second problem is that psychiatrists often lack competence to teach others about mental illness in a manner that will be effective and acceptable. The third is that expectation that task shifting to other health professionals will not decrease the cost of treatment: in all probability it will increase it, at least until a fundamental change of the undergraduate education of health professionals takes place because of the need to invest in additional training and possibly into a system of providing incentives to health workers dealing with mental illness. Finally, the fourth is that there are tasks which cannot be shifted because their execution requires special training. Those four problems indicate that the focus of efforts to introduce a shifting of tasks in mental health care should be the reorganization of undergraduate and postgraduate training of (all) health care workers rather than simply on the reorganization of services in action today.

The third paradox concerns the increasing emphasis on the expansion of postgraduate training of psychiatry. Here the logic is also clear: the services for the mentally ill today are not sufficient because the numbers of

specialists of psychiatry who should teach other professionals and deal with mental illnesses (particularly in their severe forms) is too small. If more of them were available the services would improve. The problem with this tenet is that a large proportion of psychiatrists who have been trained in the low and middle income countries (or abroad) will not stay there: they will find the conditions of work so difficult – because of the scarcity of resources, bureaucratic pressures, leadership problems and other difficulties – that they will leave the countries in which they have been trained and in which they could do most for their populations. It would therefore seem necessary to create conditions of work which will be acceptable and train as many professionals as the country can absorb in places which are sufficiently attractive for the graduates who would therefore be likely to fulfil the roles for which they were trained. A main obstacle to an improvement of postgraduate training strategies lies in the lack of links between the plans for service development and plans for training, an obstacle that could be overcome by good will of most of those concerned.

There are many other paradoxes in the process of fulfilling the role of psychiatry particularly in the third world. The notes about the three described here are not meant as an answer and strategy to resolve them but as an invitation to think about our discipline because there are many ways in which we can make it more useful to society and we can do so if we agree how to proceed.

**Norman Sartorius**  
**Past President, WPA**

## From the President-Elect



Helen Herrman

I am honoured to be President-Elect and by the trust placed in me by the General Assembly with our President, the WPA's Member Societies and affiliated societies, the Executive Committee, Board, Council, friends and colleagues. There are many challenges in global mental health that need to be addressed and, working together, the WPA will be at the forefront of resolving them. High priority is the suc-

cessful integration of psychiatry with health care and public health. Indispensable to this is forging and consolidating strong links between psychiatrists, community leaders, patients and families, based on mutual respect.

Part of my responsibility within WPA's action plan for this triennium is to explore ways we can work more closely with service users and their families. Since my election last September, I have visited Member Societies and attended meetings across several regions where it is encouraging to see wide support for this goal. Each visit is an opportunity to learn about the situation in a country and region, and to receive invaluable advice, suggestions and recommendations for the future direction of the WPA. These contacts

also highlight our need to work more closely with regional and specialty associations in our profession, and with the World Health Organization, other UN agencies, and non-government organisations such as the World Medical Association, to develop policy, practice, education and research initiatives.

I look forward to hearing from Member Societies about their needs and requests in order to respond as we develop these plans, and to meeting friends and colleagues, old and new, at our very special WPA Regional and International Congresses later in the year.

**Helen Herrman**  
WPA President-Elect

## From Secretary for Education



Edgard Belfort

The WPA Secretary for Education is promoting a comprehensive and interdisciplinary program, the development of a professional vision, active, creative, critical under the highest organizational ethical standards and consistent with the strategies of the WPA triennial plan 2014-2017, working hand in hand with Members Societies including the participation of all of the components of the WPA. Looking forward to improving the quality of psychiatric care across the world.

### Main Educational Objectives

1. Improving training programs from the perspective of international cooperation and integrative; giving the opportunity to learn from the different programs, their structures, history, roles, outcomes, challenges and opportunities.
2. To look for appropriate tools and high qualified educational materials to be included in the WPA website.
3. Select appropriate and relevant educational curricula. These will be developed

assessed by creating different methods and structures.

4. Promote the highest possible ethical standards in psychiatric work.
5. To produce written tools (books, articles, etc.) which can be later on translated into English, so that we can learn from each other.
6. Educational programs to early career psychiatrists and primary care specialists along the lines of clinical and investigative areas.
7. Design the curriculum to assure educational activities at undergraduate, post-graduate and training educational matter and policies, for example, prioritizing the triennial plan of actions (Focus on Gender, Children and Adolescent mental health, prisoner mental health, minority excluded, vulnerable groups mental health).
8. Promote the Education & Training Programs: Diploma in Mental Health, Create Arm's length Body for education, Web-based learning, and Updating training packages. Closer links with high reputation organizations.
9. Make patient, career and family educational materials accessible and available through the WPA web site and other resources.

10. Promote educational WPA worldwide meetings in regions and areas where the scientific needs are being very high.

The WPA Secretary for Education will be honored to receive feedback and participation that could be useful to achieve these objectives and benefit our Institution. Comments and opinion will be welcome.

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### A. EDUCATION AND TRAINING: 2014-2015

1. "Global vision of the Psychiatric Pathology in Latin America". Arenillas, Ecuador. 2/4 Oct 2014. Prof. Pedro Ruiz, Enrique Camarena, Xiorella Mazzarella, Fabrizio Delgado, Rodrigo Chamorro. Organized by: WPA Secretary for Education, Zonal Representative (Zone 4) and the Ecuadorian Psychiatric Association.

**Educational Objective:** Improving training programs from the perspective of international cooperation and integrative; giving the opportunity to learn from the different programs, their structures, history, roles, and outcomes.

Results: Excellent scientific program, good assistance. No cost for WPA.

**2. Forum: “Mental Health International Day”.** Guatemala City, Guatemala. 10 October 2014. Prof. Driss Moussaoui, Edgard Belfort.

Organized by: WPA Secretary for Education, Zonal Representative (Zone 3) and the Psychiatric Association of Guatemala.

**Objective:** celebrated World Mental Health Day with a Seminar in which a panel of experts analyzed the main challenges that face mental healthcare and the people who live with mental health disorders in the Americas. Attendants: 70 professionals. No cost for WPA.

**3. WPA Thematic Conference (Zone 8)** “World Psychiatric Association Thematic Conference on Intersectional Collaboration” Athens, Greece, 30 October-2 November, 2014: WPA Inter Section Program: Thematic Conference on Intersectional Collaboration - Prof. Afzal Javed, Dimitris Dikeos, Thomas Schulze and Kostas Fountoulakis.

**4. WPA Regional Congress “Ying and Yang of Mental Health in Asia – Balancing Priorities”** Hong Kong, China. 12-14 December 2014. WPA Organizational Forum, Meet the Leaders - Early Career Psychiatrists Fellowship Programme.

**5. WPA Meeting Inter Zonal of the Americas and the Secretary for Education.** Cartagena de Indias, Colombia, Nov 25, 2014. Attendants: Edgard Belfort (Secretary for Education); Donna Stewart (Zone 1); Silvia Gaviria (Zone 4); Alfredo Cia (Zone 5); Virginia Rosabal (Zone 3). Identification of educational activities and projects in different areas, together with member societies to be developed in 2015.

**6. XXIX Central American Congress of Psychiatry ACAP 2015 / VIII Nicaraguan Congress of Psychiatry** Managua, Nicaragua, 24-27 March 2015. Organizer: Nicaraguan Psychiatric Association ANP; Edgard Belfort, Dinesh Bhugra, Virginia Rosabal, Mauricio Sanchez, Pedro Ruiz.

**7. Workshop: “Medical Journals & Research: An Introduction to Peer Review”** Kerala, India, March 24, 2015. Venue: Seminar Hall, Dept of Psychiatry, Pushpagiri Institute of Medical Sciences, Thiruvalla, Kerala, India, Course Director: Prof Roy Abraham Kallivayalil, Co-Director: Dr Shahul Ameen. WPA educational Activities, International’s dual disorders congress. Barcelona, Spain. 17-20 April 2015, Dinesh Bhugra, Edgard Belfort.

**8. Inter-associations. Forum: The Impact Mental Health Forum,** a meeting organized by the World Association of Social Psychiatry. The focus of the meeting will be: “Collecting evidence to help improve access to mental health care: why, what, when & how to assess?”. Yerevan, Armenia, 12/13 May 2015. WPA participants invited: Armen Soghoyan, Driss Moussaoui, Edgard Belfort.

**9. WPA Regional Congress “Asian Partnership in the World”**, Osaka, Japan, 4-6 June, 2015.

**10. WPA Educational Activities: Symposium “Challenges in the Practice of Psychiatry in the Nowadays”.** Dinesh Bhugra (UK), Edgard Belfort (Venezuela), Michelle Riba (USA), Afzal Javed (Pakistan). Meet the leaders-Early Career Psychiatrists Fellowship Programme Chairperson: Dinesh Bhugra, Panel Members: EC members. WPA Educational Symposium “Opportunities and Challenges in Psychiatric Education” WPA Section and WPA Secretary for Education. Allan Tasman (USA), Pichet Udomratn (Asian), Michelle Riba (USA), Edgard Belfort (Venezuela).

**11. WPA 2015 Bucharest International Congress. Educational Program.** 1. Lecture Education and Leadership: Opportunities and Challenges. Dinesh Bhugra. 2. Symposium Primary Care Mental Health: Needs and Opportunities Chairman: (Participants: Helen Herman (Australia), Roy Kallivayalil (India), Michelle Riba (USA), Afzal Javed (Pakistan). 3. WPA Forum: “Who we are and what we offer”. Forum interactive and focus on participation Chairman: Dinesh Bhugra (UK). 4. Ac-

tivity Inter-Secretariat / Zonal Representative. Symposium: “Child and Adolescent Mental Health” Teenage Pregnancy and Violence Silvia Gaviria (Zone 4) The Effects of Emotional, Physical and Sexual Violence on Children and Adolescents Mental Health, Virginia Rosabal (Zone 3) Demographic Profile of consumer’s adolescents in Latin America, Edgard Belfort (Secretary for Education).

## **B. WPA CREDITS CERTIFICATE**

WPA Educational Credits are granted after previous requests:

- 12 (Twelve) World Psychiatric Association Educational Credits, attending the Symposium “Psychiatric Pathology in Latin America: Global Vision”, held in Arenillas, Ecuador, October 2-4, 2014.

- 6 (Six) World Psychiatric Association Educational Credits attending the 4th Cycle of Certified Education-Workshop “Training in clinical application of psychometric tools, held in Thessaloniki-Greece, November 8th 2014.

- 15 (Fifteen) World Psychiatric Association Educational Credits attending the 5th Cycle of Certified Education-Workshop “Training in Recognition and Treatment of Common Mental Disorders in Primary Care and in the Community Development of Greek Consensus, held in Thessaloniki-Greece, November 21st-23rd 2014.

- 15 (Fifteen) World Psychiatric Association Educational Credits attending the 8th SAARC Psychiatric Federation International Conference, held in Lumbini, Nepal, November 27th-29th 2014.

- 21 (Twenty-one) World Psychiatric Association Educational Credits attending the WPA Regional Congress “Yin and Yang of Mental Health in Asia: Balancing Polarities”, held in Hong Kong, China, December 12th to 14th, 2014.

- 6 (Six) World Psychiatric Association Educational Credits attending the Workshop “Medical Journals & Research: An Introduc-

tion to Peer Review”, Kerala, India, March 24, 2015.

- 18 (Eighteen) World Psychiatric Association Educational Credits attending the International’s Dual Disorders congress. Barcelona, Spain, 17-20 April 2015.
- 18 (Eighteen) World Psychiatric Association Educational Credits attending the WPA Bucharest International Congress, Bucharest, Romania. 24-27 June 2015.

### C. WRITTEN PAPERS

1. WPA, Secretary produced a series of written materials for education in different areas, in collaboration with the WPA Secretary for Publications. For example: “**Suicidio: Desde La Ideación A La Muerte**” **Editors:** Edgar Belfort; Cástulo Cisneros Rivera; Juan Carlos Martínez. **Contributors.** Hernán Ortiz (Guatemala); Jorge Forero (Colombia); Cástulo Cisneros Rivera (Colombia); Jorge Téllez (Colombia); Carlos León (Ecuador); Edgar Belfort (Venezuela); Juan Carlos Martínez (Chile); Alejandro Ferreira (Argentina); María Lilia González (Argentina); Sergio Pérez (Cuba); María Oquendo (USA); Hilario Blasco-Fontecilla (USA); Gustavo Turecky (Canada); Marco Fierro (Colombia); Silvia Gaviria (Colombia); Euderruh Uzcatogui (Venezuela).

2. Translating into Spanish **Teaching Ethics in Psychiatry:** UNESCO chair in bioethics,

WPA Standing Committee on Ethics Teaching Ethics in Psychiatry: case-vignettes  
Editors: Prof. Amnon Carmi (Israel), Prof. Driss Moussaoui (Morocco). Prof. Julio Arboleda- Florez (Canada) In Collaboration with WPA Section on Psychiatry, Law and Ethics, WPA Section on Forensic Psychiatry. The International Center for Health, Law and Ethics, Faculty of Law – Research Authority, University of Haifa.

### D. WPA DIPLOMA IN MENTAL HEALTH

Current Proposal

1. WPA Diploma in Mental Health: **Expert on Mental Health Emergencies.** Online Course. Sponsored: Alcalá de Henares University. Spain. Objective: our main goal is help professionals maintain a good level of updating and specializations as well as to obtain the knowledge, abilities and diagnostic and therapeutic skills for successful intervention in mental health emergencies. The course accredited with 25 ECTS by the University of Alcalá de Henares as part of its own degrees and the WPA.

2. WPA Diploma in Mental Health: **Therapeutic model and treatment of abuse in girls-boys, adolescents and women.** Costa Rica, 2015. Sponsor: UNICEF & Rafael Landívar University. Costa Rica. Director: Dinesh Bhugra. Coordinator: Edgard Belfort. Task Force: Edgard Belfort (Venezuela) Virginia Rosabal (Costa Rica) Enrique

Camarena (Mexico) Andres Arce (Paraguay) Rodrigo Chamorro (Chile) Gioconda Batres (Costa Rica) Jesus Saavedra (Puerto Rico) Selecting early Career Psychiatrists to participate in the program. Task members. Zonal Representative. Presidents of the member societies Secretary for Education.

### E. UPDATING WPA EDUCATIONAL PROGRAMS

#### 1. WPA Educational Program on Schizophrenia

Text-materials need very extensive revision - both in form and content to generate a revised and coherent up-to-date version.

Create a new curriculum structure - revise the text parts - the format of the material (PP, e-learning if needed, brochure etc.) - develop new materials - agree upon the layout - involve members of the WPA Section on Schizophrenia to revise/newly develop the materials.

#### 2. WPA Educational Program on Depression in Persons with Physical Disorders

**Edgard Belfort**

**WPA Secretary for Education**

## MATTERS FOR WPA NEWS

Please send all matter for publication in the WPA News to Prof. Roy Abraham Kallivayalil, Secretary General, [wpasecretariat@wpanet.org](mailto:wpasecretariat@wpanet.org).

A copy may be marked to [roykalli@gmail.com](mailto:roykalli@gmail.com)



## ■ From Secretary for Finances



Armen Soghoian

Dear Colleagues,

With expression of your will and by receiving more than 800 votes in the General Assembly in 2014, I was elected Secretary for Finances

of the WPA and I once again express my gratitude to all of you.

Now I expect your continued support to the WPA and the development of World Psychiatry. Together we can use this time period effectively. As you know, we have quite ambitious plans for the upcoming three years, the implementation of which will be very useful for the WPA and World Psychiatry in general.

Of course, we are actively working to ensure funding sources for that plan other than your membership fees, but fees paid by member organizations still have a role in proportion of the total WPA budget (total revenues of 30-45%).

We clearly recognize that there are organizations for which paying even 1 USD for one member per year is quite a challenge, but at the same time we are gratified that many of our organizations pay 2.5 USD without any difficulty.

Along with fiscal purpose, paying membership fees on time also has great moral significance.

As WPA Secretary for Finances, I can say that membership fees paid by more than 200,000 of our colleagues, who are representing 138 societies in 118 countries in the world, are good moral boosters and insure higher responsibility by lifting to a higher degree of efficiency, determination, account-

ability and transparency, which was reflected in our election plan and is now included in our Action Plan.

The cornerstones for effective work of any organization are discipline and fulfillment of undertaken duties, and it applies equally to any member, starting from those with most difficult working conditions accompanied by various disasters, wars and turmoil ending with head staff of the organization.

In today's globalized and material oriented world financial discipline is a foundation of the discipline in general.

This is the main message that I want to get to all of my colleagues around the world.

Let's make successes together.

**Armen Soghoian**  
WPA Secretary for Finances

## ■ VISIT TO WPA SECRETARIAT, GENEVA, SWITZERLAND ON JANUARY 28, 2015

Seen in the picture are Francesca Sotgiu (Administrator), Prof. François Ferrero (For-

mer Head, Department of Psychiatry, HUG), Prof. Roy Abraham Kallivayalil (Secretary General, WPA), and Prof. Jean-Michel Aubry (Head, Department of Psychiatry, HUG).



## ■ WPA KOCHI YOUNG PSYCHIATRISTS FELLOWSHIP PROGRAMME

A Fellowship Programme is organized to support the participation of highly promising early career Psychiatrists from the region.

The Programme includes for the Selected Candidates:

- Free Registration for the congress
- Accommodation for three nights
- Travel support of US\$ 500
- Access to all the events of the Congress
- Refreshments, Lunch and Dinner on all the Congress days

### The Selection Criteria

- The candidate should submit an abstract

for Oral/Poster presentation related to the theme of the Congress "Mind, Body and Culture".

- Each Member Society of WPA can nominate one candidate.
- Being nominated by a WPA Member Society in Zone 15, 16, 17 and 18 where the candidate currently resides. The Nomination Form sent by the President of the WPA Member Society and accompanying documents must be received by **31st May 2015**.
- No more than 40 years of age or no more than ten years elapsed since the completion of residency training.
- Fluency in English.
- Superior educational and professional record.

- Documented contribution to the field, such as publications and other innovative activities.
- Plans of any likelihood of future significant contributions to psychiatry and mental health, both nationally and internationally.

The documents should be sent latest by **31st May 2015** to the Congress Secretariat (office@wpakochi2015.com). The local Scientific Committee will make the selection. The results of this evaluation process will be announced to the nominators and the nominees latest by 30th June 2015.

Winners who availed early bird registration will get refund of registration fees.

# Upcoming WPA Major Meetings

## ■ WPA 2015 BUCHAREST INTERNATIONAL CONGRESS 24-27 JUNE 2015 THE PALACE OF PARLIAMENT, BUCHAREST, ROMANIA

Join us at the WPA 2015 Bucharest IC in June!

The Scientific and Organizing Committees of the unique WPA 2015 Bucharest International Congress cordially invite your participation in this innovative, scientific event.

This is the second WPA Congress in Romania with the theme **Primary Care Mental Health: Innovation and Transdisciplinarity**. It is a groundbreaking scientific theme bringing together world renowned scientific experts as well as young and established health leaders from Africa, Asia/Pacific, Europe and the Americas.

An unprecedented scientific program coupled with unique cultural experiences will make the WPA 2015 Bucharest International Congress a memorable experience.

**20% discounted fees are now available for a limited period!**

For more information, please visit [www.wpa2015bucharest.org](http://www.wpa2015bucharest.org)

### Congress highlights

- WPA Presidential Lecture - *Education & Leadership: Challenges & Opportunities*

- OECD lecture - *Making Mental Health Count*
- WPA - WONCA Forum
- WPA Leadership Forum
- 6 plenary lectures

**Prof. Michael Kidd** (President, World Organization of Family Doctors - WONCA)  
*Mental Health, Primary Care and Universal Health Coverage*

**Prof. Paul Summergrad** (President, American Psychiatric Association - APA)  
*Integrated Care: A Global Imperative*

**Prof. Linda Lam** (Former President, the Hong Kong College of Psychiatrists)  
*Walk Your Body, Exercise Your Brain: A Primary Health Care Promotion Strategy*

**Prof. David Ndetei** (Member and Chair, African Division Royal College of Psychiatrists of the United Kingdom)  
*Traditional Healers in Kenya-Yesterday, Today and Tomorrow: from Ideological Stand to Acceptance of Facts*

**Prof. Ahmad Mohit** (Former Head World Health Organization WHO - EMRO)  
*Mental Health in Primary Care across the Life Cycle: Iranian, Urban Perspectives*

**Prof. Fernando Lolas** (Bioethics Unit Chief University of Chile)  
*The Practical Implications of a Theory of Medicine*

- Primary prevention in the perinatal period; genomics, primary care mental health, enhanced health systems performance



- Mental health and human rights of women and girls worldwide; women as professionals in primary care
- The catalytic and innovative role of information and communication technology in primary and secondary prevention and monitoring of non-communicable diseases
- A dedicated symposium to the *Life and Legacy of Professor Juan Jose Lopez-Ibor, Jr.*
- A special track for young health professionals - primary care, psychiatry & public health - and a course for them on *Integrating Primary & Secondary Prevention in Primary Care*
- A rich cultural program including an evening at the Romanian Opera (*La Traviata*) and a traditional Romanian farewell dinner at *La Vatra* restaurant (tickets may be purchased for both via [www.wpa2015bucharest.org](http://www.wpa2015bucharest.org))

## ■ WPA REGIONAL CONGRESS 25-27 SEPTEMBER 2015 KOCHI, INDIA

Theme - "Mind, Body and Culture"

The arrangements for the Congress are progressing fast. The registration was inaugurated by the WPA President Prof. Dinesh Bhugra at the venue of the National Confer-



MIND · BODY · CULTURE

ence of Indian Psychiatric Society in Hyderabad, India on January 9th, 2015.

The online submission is from May 1st to July 15th, 2015.



From L to R: Prof. P. Joseph Varghese, Dr. Avdesh Sharma, Prof. Dinesh Bhugra, and Dr. Kuruvilla Thomas.

All delegates and faculty from outside India must have Conference Visa as per Indian Law. The Congress got approval from Ministry of Home, Ministry of External Affairs and Ministry of Health and Family Welfare, Government of India. It can be downloaded from “Visa Info” link under “About WPA 2015” in [www.wpakochi2015.com](http://www.wpakochi2015.com). It should be submit-

ted along with Visa application form at the respective Indian Consulate.

**Congress Secretariat:**  
Dr. Kuruville Thomas  
Congress Secretary,  
WPA Regional Congress Kochi 2015  
Kusumagiri Hospital, Kakkanad P.O  
Kochi - 682030, India  
**Tel:** +91 4843124740 / +91 9846022631  
**E-mail:** [office@wpakochi2015.com](mailto:office@wpakochi2015.com)  
**Website:** [www.wpakochi2015.com](http://www.wpakochi2015.com)

## ■ WPA INTERNATIONAL CONGRESS 2015 18-22 NOVEMBER 2015 TAIPEI, TAIWAN

The World Psychiatric Association International Congress 2015 (WPAIC 2015) will be held at the Taipei International Convention Center, Taipei from 18 November, Wednesday to 22 November, Sunday, 2015, and the Taiwanese Society of Psychiatry (TSOP) is honored to be appointed by the World Psychiatric Association (WPA) to host the WPAIC 2015 in Taiwan.

The WPAIC 2015 in Taiwan is focusing on “Bridging Asia to the World: A New Era for Psychiatric Treatment” and to discuss the interaction and ideal concept between Asia and world in the field of psychiatry and mental health. The aim is to follow the steps from the past WPA Congresses, not only to increase knowledge and skills for work, and also ready to promote the advanced research-



es and treatments of psychiatry in the field of mental health and ill for humanity. With the world-known specialists and speakers, we are expecting more than 4,000 colleagues to join us for the Congress.

Taking this wonderful opportunity of a world union, the WPAIC 2015 welcomes all of you to submit your most up-to-date researches through the Congress System, which includes the Proposal, Original Abstract, Case Report and Overview, together to build a platform for the psychiatrists from the world. (Please refer to WPAIC 2015 Congress website: [www.wpaic2015.tw](http://www.wpaic2015.tw) for more information.)

The WPAIC 2015 organizing committee sincerely invites you to attend the Congress and take advantage of this special occasion to renew contacts, exchange ideas and research of the advancement development of psychiatry and mental health. We believe with your support and participation, the WPAIC 2015 in Taiwan will be successful and remarkable! More importantly, you cannot miss the chance to explore and discover the beauty of Formosa, and to experience the great hospitality of this island. With open arms and warm regards, we welcome you to join the WPAIC 2015 in Taiwan.

**WPAIC 2015 Website:** [www.wpaic2015.tw](http://www.wpaic2015.tw)

**Important Dates:**

**Deadline for Submission of Proposal**

**(Symposium/Workshop): March 31, 2015**

**Deadline for Submission of Poster (Oral):**

**March 31, 2015**

**HAVE YOU RECENTLY VISITED THE  
WPA WEBSITE?**

**→ [WWW.WPANET.ORG](http://WWW.WPANET.ORG)**

# News from Member Societies

## ■ JAPANESE SOCIETY OF PSYCHIATRY AND NEUROLOGY

### Fellowship Award for 112th Annual Meeting of the Japanese Society of Psychiatry and Neurology

The Japanese Society of Psychiatry and Neurology (JSPN) is now accepting applications for the JSPN Fellowship Award, given to early-career psychiatrists from Asia and around the world. The purpose of this award is to recognize early-career, outstanding psychiatrists and encourage academic discussion and personal friendships with early-career Japanese psychiatrists at the 112th annual meeting of the JSPN on June 2nd to 4th, 2016 in Chiba, Japan.

#### Eligibility

Applicants must:

1. Be psychiatrists who are 40 years of age and under.

2. Not be previous recipients of the JSPN Fellowship Award.

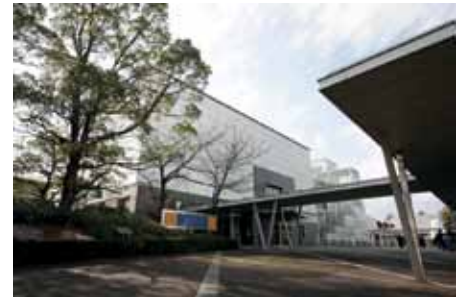
3. Belong to a World Psychiatric Association member society.

(To ensure broad participation from around the world, the JSPN accepts nomination from each society to a maximum of two applicants.)

Note: Award recipients will receive a waiver of meeting registration fees, accommodations, and a partial reimbursement of airfare (JPY 70,000 for recipients from World Bank A and B category countries, and JPY 140,000 for those from C and D countries).

Award recipients will be expected to:

- stay at a designated accommodation;
- participate in the meeting for the three days period;
- give a presentation at one of the Award symposium (the theme which recipients applied for);



*Makuhari Messe (international convention complex).*

- attend other programs for JSPN Fellowship Award recipients.

Award recipients will also be expected to participate in future JSPN Fellowship Award Alumni programs.

For application details, please visit <https://www.jspn.or.jp/modules/english/>

## ■ SUDANESE ASSOCIATION OF PSYCHIATRISTS

The Sudanese Association of Psychiatrists pays its compliments and thanks to the WPA Executive Committee and member Associations for their continued support extended to our Association. In reflection to our healthy democratic traditions, it gives me pleasure to inform you that a new elected executive committee was smoothly handed over the office of the Association by the former successful team in January 2015. The new team looks forward for continued strong relations and cooperation. The new team has a number of

the old guards, a reasonable group of young blood with and gender balance.

The new elected office is formed as follows:

Chairperson: Professor Abdalla Abdel Rahman  
Deputy Chair: Dr. Salaheldin Mohammed Ali Haroun

Secretary General: Dr. Fathia Hussein Mohammed Shabo

Academic Secretary: Dr. Aisha Bakeit Motwakil  
Social Secretary: Dr. Mazin Awad Abuzeid Mukhtar

Research and Publications Secretary:

Dr. Bella Mohammed M. Abu Sineina

Information Secretary: Dr. Anas Ibn Auof

Culture Secretary: Dr. Nahid Mohammed Alhassan Ali

Financial Secretary: Dr. Lubaba Abdalla Soliman

**Fathia Hussein Mohammed Shabo**

**Secretary General, Sudanese Association of Psychiatrists**

[fathiashabo@hotmail.com](mailto:fathiashabo@hotmail.com)

## ■ INDIAN PSYCHIATRIC SOCIETY

The 67th Annual Conference of Indian Psychiatric Society - a Member Society of World Psychiatric Association - held at Hyderabad, January 8-11, 2015 was a grand success. The conference theme was "Mental Illness - Recovery and Social Inclusion".

The event held at the Hyderabad International Convention Centre (HICC) was inaugurated by Hon B Dattatreya (Union Minister, Govt of India). Prof TV Asokan presided. Representing WPA, President Prof. Dinesh Bhugra, President-Elect Prof. Helen Herrman, and Secretary General Prof. Roy Abraham Kallivayalil spoke at the inaugural function.

CME Sessions, Presidential Address, Workshops, Symposia, Award Sessions, Theme Symposium, Invited Lectures, Free Papers,



*Inauguration of the 67th Annual Conference of Indian Psychiatric Society at HICC, Hyderabad on January 8, 2015. Seen in the picture from right to left are: Hon B Dattatreya (Hon Union Minister, India), Anurag Sharma, Helen Herrman (President-Elect, WPA), Dinesh Bhugra (President, WPA), TV Asokan (President, IPS), G Prasad Rao (Organising Secretary), VG Watve (in-coming President, IPS), MS Reddy (Chair, Org Committee), TSS Rao (Editor, IJP) and Roy Abraham Kallivayalil (Secretary General, WPA).*

Posters, IAPA/ BIPA/ SPF Sessions, Annual General Body Meeting and Cultural events were some of the highlights. The Conference made history being the largest ever, with nearly 4,500 delegates from India, and several countries from all over the world participating. A committed and dedicated team led by Dr MS Reddy and Dr G Prasad Rao organised the event in an outstanding manner. Hearty congratulations to them!

A new team with Dr Vidyadhar Watve - President, Dr G Prasad Rao - Vice-President, Prof. NN Raju - Secretary General, Dr. Vinay Kumar (Treasurer) and Prof. TSS Rao (Editor) have assumed office. Our best wishes to them.

**NN Raju**  
**General Secretary, Indian Psychiatric Society**

## ■ PHILIPPINE PSYCHIATRIC ASSOCIATION

### Updates

The Philippine Psychiatric Association (PPA) recently held its 41st annual convention on January 20 to 23, 2015 in its capital city of Manila, with this year's theme and title being "*Advancing Philippine Psychiatry: Science & Research, Service Delivery, Capacity Building and Social Commitment*".

This consequential event was well-attended by delegates from all over the country as germane and edifying themes were covered such as psychiatric genetics, updates on the neurobiology of psychiatric disorders, the role of psychiatry in primary health care, the influence of information technology in psychiatry, the emerging role of psychiatric clearance in the local setting, and parallel workshops on enhancing psychotherapeutic skills.

For the year 2015, the association's monthly scientific meetings will be directed towards

a discourse on consensus statements of the various psychiatric disorders.

The association is also pleased to share the momentous news that, together with other relevant stakeholders, it has initiated its eminent efforts toward its first-ever mental health legislation named the Philippine Mental Health Act, with its most current status in congress as House Bill 5347. Conscientiousness toward the said legislation was prompted in 2014 under the leadership of the society's immediate past president, Dr. Edgardo Juan L. Tolentino, and is currently being fostered by the recently elected 2015 president, Dr. Ma. Luz C. Querubin.

Finally, it's all systems go as the PPA embarks on its preparation to be the country host of the World Psychiatric Association 2016 Regional Congress to be held on February 4 to 6, 2016.



*From L to R: Dr. Amado Alinea Jr., Dr. Jeremias Bautista, Dr. Rene Samaniego, Dr. Fareda Flores, Dr. Ma. Luz Querubin, Dr. Edgardo Juan Tolentino, Dr. Antonio Sison, Dr. Luzviminda Katigbak, Dr. Rico Gerona III, and Dr. Bihildis Mabunga.*

**Rene M. Samaniego**  
**Public Relations Officer**  
**Philippine Psychiatric Association**

## ■ DANISH PSYCHIATRIC ASSOCIATION

The Danish Psychiatric Association is currently working with themes related to the recently launched government action plan on psychiatry. This includes reduction in



the use of physical restraint and other coercive measures, implementing the treatment guarantee for mental illness ensuring treatment start for non-acute patients within one month (non-psychotic patients within two months). Further the excess mortality of psychiatric patients is addressed.

The Danish Psychiatric Association in collaboration with the Joint Committee of the Nordic Psychiatric Associations is also host-

ing **The 31st Nordic Congress of Psychiatry in Copenhagen 2015 – ‘Psychiatry works’**.

The Congress will take place in the new and fashionable Tivoli Congress Center, located centrally near the historic city of Copenhagen. We have been working hard on putting together a scientific programme that will present the best of Nordic psychiatric research and clinical practice. The programme will combine state of the art lectures, practice based symposia and presentations of new research.

The Congress will have focus on general psychiatry with tracks through all days including also child and adolescent psychiatry and a track facilitating early career networking.

Visit our website ([www.ncp2015.dk](http://www.ncp2015.dk)) for programme overview and registration. Deadline for abstracts is April 7, 2015.



*Thomas Middelboe*

We really look forward to welcoming you in Copenhagen in September.

**Thomas Middelboe**  
President, Danish Psychiatric Association  
and Nordic Congress of Psychiatry 2015

## ■ ROYAL COLLEGE OF PSYCHIATRISTS (UK)

Highlights from the Royal College of Psychiatrists:

- In the UK, the Royal College of Psychiatrists was pleased to launch the independent Commission to Review the Provision of Acute Inpatient Psychiatric Care for Adults in England, Wales and Northern Ireland. The Commission has been established with funding from the Royal College of Psychiatrists, but has agreed its own terms of reference and is expected to operate independently. It is being chaired by Lord Nigel Crisp, former Chief Executive of the NHS in

England and Permanent Secretary of the Department of Health (2000-2006). It will review the current provision of acute inpatient services, investigate the causes of pressures on beds, and examine the relationships between inpatient services and other aspects of the health and social care system. More information on the Commission, including its Terms of Reference, a Background Briefing Paper and Commissioner Biographies can be found at [www.CAAPC.info](http://www.CAAPC.info).

- The Royal College of Psychiatrists and National Institute of Mental Health & Neurosciences are pleased to announce

that the MRCPsych Written Papers will be held through the British Council in Bangalore from July 2015. The RCPsych will also be opening a new exams centre in Singapore in April 2015.

- The Royal College of Psychiatrists is also making preparation for its International Congress which will take place in Birmingham from 29th June to 2nd July 2015: <http://www.rcpsych.ac.uk/train-inpsychiatry/conferencestraining/internationalcongress2015.aspx>

## ■ INDIAN ASSOCIATION FOR SOCIAL PSYCHIATRY

**22nd World Congress of Social Psychiatry – 2016, New Delhi, India**

It is our pleasure to invite you for the 22nd World Congress of Social Psychiatry – WASP 2016, being organised from 30th November-4th December 2016 in New Delhi, India. We look forward to this opportunity to meeting colleagues for a shared learning, social

and cultural experience. The theme of the Congress has been appropriately chosen as **“Social Psychiatry in a Rapidly Changing World”**. Further details are available at [www.wasp2016.com](http://www.wasp2016.com).

The Congress will focus on changes in the social arena that are among the most rapid and substantial in all human history. Improved

longevity is leading to increasing numbers of dependent elderly in all societies with proportionately fewer economically active young people to support and finance these older citizens. Traditional extended family networks and supportive neighbourhoods are under threat as the expansion in information technology and associated globalisation bring challenges to traditional culture, un-

dermining the centuries-old beliefs and practices that have previously held families and networks together. More sedentary lifestyles are reflected in an increased prevalence of obesity and related health problems such as diabetes and cardiovascular disease. Now more than ever is the time to consider these threats and to look at novel intervention to mitigate their impact.

We assure you an outstanding five day educational and informative program with symposia, workshops, invited lectures, free papers, poster sessions and exhibition integrated into the schedule. Delhi is a vibrant, affordable, colourful and friendly city with thousands of years of culture and history. It is well connected by international and domes-

tic flights. New Delhi boasts of a wide range of hotels, including 5-star and budget hotels to suit the requirement of each delegate. So, do plan to come a few days extra to explore and discover India with your family and colleagues.

We look forward to welcoming you all in New Delhi in 2016.

**Prof. Tom K J Craig**  
Congress President, Box 33, HSPRD, Institute of Psychiatry, De Crespigny Park, London SE5 8AF England

**Prof. Roy Abraham Kallivayalil**  
Chairperson, Scientific Committee, Vice-Principal, Professor and Head, Department

of Psychiatry, Pushpagiri Institute of Medical Science, Tiruvalla-689 101, India

**Prof. Rakesh K. Chadda**  
Chairperson, Organising Committee, Department of Psychiatry, All India Institute of Medical Sciences, Ansari Nagar, New Delhi 110029, India

**Prof. B. S. Chavan**  
**Secretary General, Indian Association for Social Psychiatry**  
Organising Secretary, Department of Psychiatry, Government Medical College and Hospital, Sector 32, Chandigarh 160030, India

## ARMENIAN PSYCHIATRIC ASSOCIATION



### PIONEERS OF PRIVATE PSYCHIATRY

In Armenia the psychiatric service is free of charge and the vast majority of these services are provided by public organizations. This kind of resource allocation in transitional socioeconomic situation is not favorable for psychiatric services development. The government's strategy for improving mental

health services is well designed to promote the development of private psychiatry in Armenia. In January 2015 "Maple Leafs" Armenian-Canadian Medical Clinic JV LTD was granted the license to provide the psychiatric outpatient services by the decree of the Minister of Health of Armenia. The "Maple Leafs" Armenian-Canadian Medical Clinic provides mental health services to all citizens who appreciate not only quality medical care but also comfortable environment and high culture of service.

The development of private mental health services is very important for improvement of the quality of services by joining limited public funds with private investments.

Good luck to "Maple Leafs" Armenian-Canadian Medical Clinic in the provision of the new created psychiatric service.

**Armen Soghoyan**  
**President, Armenian Psychiatric Association**

## ARGENTINEAN ASSOCIATION OF PSYCHIATRISTS



### 23 Congreso Internacional de Psiquiatría - AAP (23rd International Congress of Psychiatry - AAP)

Dear Colleagues,

We are pleased to announce that the 23rd International Congress of Psychiatry will be held from 28 to 30 October 2015 at UCA Auditorium (Building San José - Alicia M. de

Justo 1680 Puerto Madero) in the city of Buenos Aires.

Now open is the call to send scientific proposals: ongoing roundtable, workshop, poster and / or job prize. The closing date is Friday, July 17, 2015. At the following link you will find the rules for the submission of proposals and the respective forms:



<http://www.aap.org.ar/congreso/21o-congreso-internacional-de-psiquiatria-7-a-9-de-octubre-2013-hotel-sheraton-retiro-8>

We look forward to your presence and appreciate that you disseminate this information.

Sincerely,

**23rd Congress Organizing Committee**  
Argentinean Association of Psychiatrists  
Tel: +5411 4313 0278

FB - Twitter - Linked In  
**For more information:**  
congresos@aap.org.ar - www.aap.org.ar

# News from WPA Sections

WPA Secretary for Sections, Afzal Javed, afzal@afzaljaved.co.uk, afzal.javed@ntlworld.com



## ■ PSYCHOLOGICAL CONSEQUENCES OF TORTURE AND PERSECUTION

### Report on WPA Section on Psychological Consequences of Torture and Persecution (2013-2014)

With pleasure we report to you on our Section's participation in the last WPA International Congress of WPA in Madrid, Spain, from September 15 to 18, 2014. As a high water mark for our Section, over twelve of our members presented papers in two of our symposia and at other panels in the scientific program of the Congress. The main focus was on the Middle East and the mental health consequences of recent violent conflicts. Dr. Se-

hwail from Palestine reported on trauma on families of political prisoners, Dr. Ouanes on PTSD on former policemen subject to persecution and torture in Tunisia, Dr. Mohamed Lakhhal on the role of the psychiatrist in situations of prisoners presenting as politically motivated hunger strikers in Tunisia. Dr. Solvig Ekblad gave a paper on cultural competence required to work with refugees in Sweden and Dr. Lilla Hardy spoke of "burn-out" syndrome in service givers working with refugee victims of torture and persecution. From Hamburg, Germany, Michael Burne reported on a retrospective study on Latin American refugees suffering from PTSD and receiving psychotherapy from a non-native but competent Spanish-speaking therapist. The quality of the data and the overall scientific level of the presentations were quite

high and as it had been our target in the past few years. At the Section's business meeting in Madrid our Committee formed a subcommittee to review our Manual on Guidelines and Procedures.

Beyond the scientific program, kindness, courtesy and professional organization was the perfect mixture for the social and physical setting in which we could work productively. Madrid provided the entire cultural and social amenities one could wish for and, indeed, they left us with unforgettable memories and wishes to return soon for more.

**Federico Allodi**  
Chair, WPA Section on Psychological Consequences of Torture and Persecution

## ■ PSYCHIATRY, MEDICINE AND PRIMARY CARE

The Section on Psychiatry, Medicine and Primary Care will be presenting a symposium on Integrated Care Delivery and the Role

of Psychiatry in Primary Care at the WPA International Congress, Bucharest. The Section is also starting an international research project looking at Quality of Life issues after cystectomy, and a project looking at psychiatric aspects of Leber's optic neuritis in the US

and South America. Prof. Baron is leading both of these projects.

**David Baron**  
Chair, WPA Section on Psychiatry, Medicine and Primary Care

## ■ SCHIZOPHRENIA

The WPA Section on Schizophrenia is currently revising the educational slide set which can be found on the WPA internet site at [http://www.wpanet.org/detail.php?section\\_id=8&content\\_id=130](http://www.wpanet.org/detail.php?section_id=8&content_id=130). This slide set serves as an introduction to several aspects concerning schizophrenia encompassing the clinical presentation, pathophysiological mechanisms, treatment, and case vignettes. An update is needed since the advances in all of these areas have been tremendous and this increases the workload for the

Section members, who have volunteered to revise individual sections of the slide set. In the section on clinical presentation, it will be necessary to include the new DSM-5 criteria for the classification of schizophrenia and to discuss the current developments of ICD-11. A special role will be given to early recognition of schizophrenia and the classificatory role of the attenuated psychosis symptoms syndrome. In the therapy section, both antipsychotic pharmacotherapy and psychotherapy will be revised and special attention will be given to new therapeutic developments like transcranial magnetic stimulation. In

the pathophysiology section, it will be important to review and integrate the recent progress in genetic, immunological and brain connectivity network research. Altogether, this revision will be a major undertaking and is currently in progress. For most sections of the slide sets, suggestions for revisions have been submitted by the Section members and are currently under review. The revised set should be available by the end of the year.

**Wolfgang Gaebel**  
Chair, WPA Section on Schizophrenia

## ■ HIV/AIDS PSYCHIATRY

Exactly two years ago, in February 2012, thanks to the support of founding member and WPA President Dr. Pedro Ruiz, our Academy of Psychosomatic Medicine HIV/

AIDS Psychiatry Special Interest Group (SIG) became a Section of the WPA. We are pleased to report that our Section attained full status at the Executive Council Meeting at the WPA World Congress in Madrid in September 2014. Since I founded our APM

HIV/AIDS Psychiatry SIG in 2003, our group has grown from 32 to 346 members!

In September 2014 at the WPA World Congress in Madrid, we presented an Intersectional Symposium: HIV Psychiatry



as Paradigm for Psychosomatic Medicine: Preventing Transmission, Caring with Compassion, and Improving Adherence. The program was well attended by enthusiastic participants.

In November 2014 at the APM Annual Meeting in Fort Lauderdale, Florida we presented two symposia:

Update on HIV-Associated Neurocognitive Disorder: Prevention, Screening, and Current Controversies

Depression in Patients with HIV: Current Research and Clinical Approaches to Screening, Management, and Treatment

Section officers and members Asher Aladjem, Cesar Alfonso, Kenn Ashley, Jordi



From L to R: Intersectional Symposium - Maria Ferrara (Italy), Mary Ann Cohen (USA), Jordi Blanch (Barcelona), Kenn Ashley (USA), and Michelle Riba (USA).

Blanch, Maria Ferrara, and others have presented at WPA, APM, APA, AAPDP, and other meetings throughout the world.

We have published the *Comprehensive Text-*

*book of AIDS Psychiatry* and the *Handbook of AIDS Psychiatry*. Our Section continues to provide a quarterly updated Annotated HIV Psychiatry Bibliography developed by members, Oliver Freudenreich and Maria Ferrara, and others.

We invite you to explore our web page at: <http://apm.org/signs/oap/>.

We welcome new members. Joining our Section is now easier than ever. To join our Section, SIG, and listserv at: <http://www.apm.org/signs/oap/signup.shtml>.

**Mary Ann Cohen, Chair**  
**Jordi Blanch, Secretary**  
**WPA Section on HIV/AIDS Psychiatry**

## ■ PREVENTIVE PSYCHIATRY

The WPA Preventive Psychiatry Section had organized a Symposium during the 67th Annual Conference of Indian Psychiatric Society at Hyderabad on January 10, 2015 on the subject "Stigma and Mental illness: Perspectives and Prevention". The following papers were presented: Stigma: Emerging Perspectives: Prof. Mohan Isaac (University of Western Australia), Stigma as Obstacles to Recovery and Rehabilitation: Prof Rakesh Chadda (Delhi), General Hospitals and NGOs working together against Stigma:

Prof. Roy Abraham Kallivayalil (SG WPA), Stigma Prevention: Experience from Sri Lanka: Prof. H Hambheera (Colombo) and Anti-Stigma Interventions: Structure and Dimensions: Prof. Varghese P Punnoose (Kottayam). The symposium was chaired by Dr. Mrugesh Vaishnav and Gautam Saha. There was good attendance and excellent participation by the delegates.

**Roy Abraham Kallivayalil**  
**Former Chair, WPA Section**  
**on Preventive Psychiatry**



Speakers and Chairmen at the WPA Preventive Psychiatry Section Symposium, Hyderabad, India on Jan 10, 2015. Seen in the picture are Prof Harishchandra Gambheera (Colombo), Prof Mohan Isaac (UWA, Perth), Dr Mrugesh Vaishnav, Dr Gautam Saha, Prof Roy Abraham Kallivayalil, Prof Rakesh Chadda (New Delhi) and Dr Varghese P Punnoose (Kottayam).

## ■ PSYCHIATRY AND HUMAN SEXUALITY

The Psychiatry and Human Sexuality Section is very active with the Chair Prof. Antonio Palha, Dr. Radwa S Abdelazim and Dr. Ru-



Group of participants at the PG CME of IPS held at Mysuru, India.

ben Hernandez Serrano collaborating with the Scientific Committee of the European Federation of Sexuality (EFS) for the organization of Symposium on Sexual Health in Psychiatry at EFS 2016 Congress to be held in Dubrovnik, 25-28 May 2016. Dr. T.S.S. Rao, Secretary, participated in the 5th Asia Pacific Regional Conference on Psychosocial Rehabilitation held between 6th-8th February 2015 at M.S.R. M.C, Bengaluru, India and spoke on "Disabilities & Psychosexual Rehabilitation". He also participated in PG CME of IPS KC on 28th February 2015 at Mysuru, India on the theme of Sexual Abuse and spoke on "Psychological Evaluation and management of Sexual Abuse".



Prof. BN Gangadhar inaugurates the 5th Asia Pacific Regional Conference of WAPR, co-sponsored by WPA on Feb. 6, 2015 at Bengaluru, India. Also seen in the picture are Prof. T Murali (Organising Secretary), Prof. Roy Kallivayalil (Secretary General, WPA), and Dr. VK Radakrishnan (President, WAPR India chapter).

**Sathynarayana Rao**  
**Secretary, WPA Section on Psychiatry**  
**and Human Sexuality**

## ■ URBAN MENTAL HEALTH

**Universidade Eduardo Mondlane, Columbia University and Federal University of São Paulo join Efforts to Stimulate Research in Mozambique**

Globally, mental disorders remain 3 of the top 10 contributors to years lived with disability among those over age 15. This is even more so in low- and middle-income countries (LMICs), where over 75% of those with mental disorders receive no care despite substantial disability, and where treatment is provided, it is rarely based on evidence-based practices and human rights violations occur frequently.

As part of an NIMH/Fogarty funded *PALOP (Países Africanos de Língua Oficial Portuguesa) Mental Health Implementation Research Training*, on February 28, 2015 a team from Universidade Federal de São Paulo (UNIFESP) and Columbia University arrived in Maputo, Mozambique for a week-long course. A previous 1-month training



*Standing: Vasco Cumbe, Ana Beatriz Uele Morais, Dirceu Mabunda, Marcelo Feijó de Mello, Joaquim Matavel, Elda Denise Canda, Palmira Santos, Milton Wainberg, Lidia Gouveia, Annika Sweetland, Maria Oquendo, Adam Karpati, and Milena Mello. Seated: Flavio Mandlate, Wilma Fumo, Maria Eduarda Dias Fernandes, and Jair Mari.*

took place at Columbia University in September 2014. This first international implementation research training program is focused on the development of mental health services in Mozambique and is led by Drs. Milton Wainberg and Maria Oquendo from Columbia University. It is a partnership with Universidade Eduardo Mondlane (UEM) in Maputo, Mozambique and Columbia University, in alliance with UNIFESP and the Vanderbilt Institute for Global Health. The goal of this training program is to prepare Mozambican researchers to approach the construction of

their mental health system in a rational, efficient, and effective manner. The notion is that one does not simply implement mental health programs because we hypothesize that they will work. Rather, programs are implemented such that there is an experimental design (efficacy/effectiveness trials and/or implementation trials) that permits rigorous evaluation. In that manner, scarce resources are invested only in programs demonstrated to work in the local context.

Finally, visitors were able to experience the wonderful Mozambican cuisine including its outstanding seafood, fresh from the waters of the Indian Ocean. This was a wonderful consequence of the launching of a five-year training program so that Mozambique can be a model to other PALOP and sub-Saharan African countries as well as other to low-resource settings, including the US.

**Maria Oquendo, Milton Wainberg, Marcelo Feijó, and Jair Mari**

**WPA Section on Urban Mental Health**

## WPA PUBLICATIONS

WPA Secretary for Publications, Michelle B. Riba, [mriba@umich.edu](mailto:mriba@umich.edu)



## ■ WPA PUBLICATIONS: BOOKS AND JOURNALS

**Michelle Riba, M.D., M.S.**

**WPA Secretary for Scientific Publications**

Continued from WPA News December 2014 issue.

**New Affiliation with *Academic Psychiatry***

The WPA Section on Education, chaired by Dr. Allan Tasman has recently entered into an agreement with the journal, *Academic Psychiatry*, published by Springer and

edited by Dr. Laura Roberts from Stanford University in the United States. The WPA Section on Education is now an affiliated organization with the journal, along with several other major academic sponsoring organizations, and now has five members from the Section on the editorial board. *Academic Psychiatry* is a leading international

journal with a major emphasis on scholarship and research in medical student and post graduate psychiatric education. The Section on Education believes this new collaboration will provide an important venue for publication of articles on education and career development and will strengthen both the journal and the Section's activities.

## Transition

This is to inform you that “Depression in Clinical Practice (A WPA Bulletin on Depression)” is coming to an end. After 22 years of existence, which makes this educational programme the one that lasted and was most enduring thus far in the history of the WPA, it was decided to end the publication of this bulletin which was aimed mostly for general practitioners, but also for residents in psychiatry.

Professor Costa e Silva, former president of the WPA, started this bulletin in 1993. Since then, fifty four issues have been produced, translated into 8 languages and printed in 50,000 copies.

We owe a debt of gratitude to the editor-in-chief of this illustrious publication, Professor Driss Moussaoui, who dedicated so much knowledge, energy and talent to this important educational programme. He was incredibly organized, hardworking and thorough and we thank him for his enormous contribution.

We must also be so grateful to the Editorial committee, many of whom contributed to the Bulletin, as well as the many prestigious authors who made this programme an excellent educational tool.

On behalf of Driss and the Editorial committee and the entire WPA Executive Committee, we also want to acknowledge and thank Servier International who strongly supported this effort with an unrestricted educational grant for 22 years of the existence of this bulletin.

As Driss has noted, there is no doubt that one of the missions of the WPA in the future will be to develop programmes strengthening the interface with general practitioners, other non-psychiatrist specialists and other health professionals. We thank Driss and the entire team for the incredible effort and high quality over so many years and look forward to future endeavors.

## Psychiatry and Primary Care

**Professor Dinesh Bhugra and Professor**

**Michelle Riba are working on a book series, focused on collaborative and integrated psychiatric care with primary care. The series is evolving and more information will be provided as this gets further along, but we wanted to apprise you of this at its earliest stage.**

### Getting your work published!

In order to help our members, several of our colleagues who work in publishing and who would appreciate the opportunity to help our members get published have written inviting paragraphs. We published this in a previous newsletter but for those of you who might have missed it, we will publish it again below. If you are interested in learning more, please feel free to contact the publishers below and see how this process operates. If you get to the point of having a publisher become interested in your work, please make the WPA Secretariat aware so that we can also help you if you would like to have the WPA logo on your book - we can apprise you of the process and try to help.

### ***From Springer:***

Did you already know about Springer's growing book and journal program in Psychiatry? Springer guarantees worldwide dissemination and visibility for all its publications and would like to invite all WPA members to get in touch with our Psychiatry editors (**Contact: Corinna Schaefer** at [Corinna.schaefer@springer.com](mailto:Corinna.schaefer@springer.com)) to learn more, exchange ideas or discuss any publishing projects you have in mind.

### ***From Cambridge:***

Mental health is the major focus of our medical book publishing. Constantly refreshed with 20-30 new titles per year, we can confidently proclaim ourselves as one of the top-ranked, and internationally renowned publishers in the field.

Extensive and regular displays at the World Psychiatric Association Meetings, European Psychiatric Congresses, CINP meetings, American Psychiatric Association Congresses, and Royal College events, reinforce the international reputation and recognition of our list.

We have broad coverage across all the major specialties in mental health. Led by the Stahl titles, there is a particular strength in psychopharmacology. The major disorder groups are all well covered (depression, schizophrenia, etc.) and there are smaller, although significant, clusters of titles in addiction, eating disorders and clinical psychology. The list dovetails neatly with other related Cambridge publishing in neurology, and neuropsychology, as well as strong synergy with our numerous journal titles in the field (Psychological Medicine, International Journal of Neuropsychopharmacology, etc.).

If you would like to discuss an idea for a new title, or if you have any related questions, please feel free to contact **Richard Marley**, Publishing Director: Medicine ([marley@cambridge.org](mailto:marley@cambridge.org)).

### ***From Oxford:***

As a sign of the great reputation of you, the members, at WPA, we have also been approached by Oxford University Press about working together on future book projects, including digital publishing. OUP has a strong psychiatry program in both the United Kingdom and the United States and is interested in hearing from WPA members with any ideas they have about new books or digital publishing ideas. If you are interested in working with OUP, please contact the editor, **Christopher Reid**, at [christopher.reid@oup.com](mailto:christopher.reid@oup.com). He will be interested to hear from anyone at the WPA and to explore your ideas with you. Like the WPA, OUP is a mission based organization dedicated to disseminating the highest quality knowledge throughout the world and is interested in working with WPA members.

### ***From Wiley:***

Our previous colleague at Wiley, Joan Marsh, is now at the Lancet and we wish her great success and thank her for all her contributions. Wiley still publishes our very successful journal, **World Psychiatry**. Our new contact is Adam Gilbert who is the Psychiatry editor at Wiley. Mr. Gilbert can be reached at [adam.gilbert@wiley.com](mailto:adam.gilbert@wiley.com).

## RECENT BOOKS BY PROMINENT MEMBERS OF THE WPA

**Pluralism in Psychiatry: I. Diverse Approaches and Converging Goals.** Eds. C. Soldatos, P. Ruiz, D. Dikeos and M. Riba. Published by MEDIMOND, Bologna 2014

*In conclusion, I look forward to hearing from you regarding your interest and support of WPA publications. Warm wishes, Michelle*

*Riba*

*This information on WPA Publications was updated in March 2015.*

## WPA Scientific Meetings

WPA Secretary for Scientific Meetings, Masatoshi Takeda, [mtakeda@psy.med.osaka-u.ac.jp](mailto:mtakeda@psy.med.osaka-u.ac.jp)



## Future WPA Scientific Meetings

### May 2015

12-14 May 2015: 7th International Congress Iranian Child and Adolescent Psychiatric Association “Promoting mental health and violence prevention”, Tehran, Iran. Organizer: Iranian Child and Adolescent Psychiatric Association. Collaboration: Iranian Psychiatric Association. Contact: Dr. Rozita Davari-Ashtiani. E-mail: [rodavari@sbmu.ac.ir](mailto:rodavari@sbmu.ac.ir) Website: [www.congress.iacap.ir/2014](http://www.congress.iacap.ir/2014)

### June 2015

Starting May 5th 2014 and one session each month (June 2015). A live 90 minute session with an exam afterwards “An International Course on the Detection, Assessment and Management of Agitation in Clinical Practice”. On line. Organizers: Spanish Societies of Psychiatry (SEPB and SEP). Collaboration: International Society of Bipolar disorder (ISBD) México. Contacts: a) Dr. Luis Pallares ([lluispallares@gmail.com](mailto:lluispallares@gmail.com)) b) Prof. Eduard Vieta ([evieta@clinic.ub.es](mailto:evieta@clinic.ub.es)) Website: Not yet available.

**4-6 June 2015: WPA Regional Congress “Asian Partnership in the World”, Osaka, Japan. Organizer: Japanese Society of Psychiatry and Neurology. Contact: Prof. Masatoshi Takeda. E-mail: [wpa2015@congre.co.jp](mailto:wpa2015@congre.co.jp) Website: [www.congre.co.jp/wpa2015/](http://www.congre.co.jp/wpa2015/)**

22-27 June 2015: EFPT Porto Forum 2015 “Global Mental Health”, Porto, Portugal. Organizer: European Federation of Psychiatric Trainees (EFPT). Contact: Mariana Pinto da Costa. E-mail: [mariana.pintodacosta@gmail.com](mailto:mariana.pintodacosta@gmail.com) Website: <https://efptporto2015.wordpress.com/>

24-27 June 2015: WPA 2015 Bucharest International Congress “Primary Care Mental Health: Innovation and Transdisciplinarity”, Bucharest, Romania. Organizer: Romanian Association of Psychiatry and Psychotherapy. Contacts: a) Prof. Aurel Nireştean b) Prof. Eliot Sorel. E-mail: [registration@wpa2015bucharest.org](mailto:registration@wpa2015bucharest.org) Website: [www.wpa2015bucharest.org](http://www.wpa2015bucharest.org)

### September 2015

17-18 September 2015: “1st Roman Forum on Suicide”, Rome, Italy. Organizers: a) EPA Section of Suicidology and Suicide Prevention (Prof. Marco Sarchiapone) b) WPA Section on Suicidology (Dr. Vladimir Carli). Contact: Dr. Vladimir Carli, National Centre for Suicide Research and Prevention of Mental Ill-Health (NASP), Karolinska Institutet, 17177 Stockholm, Sweden. E-mail: [vladimir.carli@ki.se](mailto:vladimir.carli@ki.se)

20-23 September 2015: 31st Nordic Congress of Psychiatry “Psychiatry works: psychiatric treatment and research from a Nordic perspective”, Copenhagen, Denmark. Organizer: Danish Psychiatric Association. Collaboration: Joint Committee for the Nordic Psychiatric Associations. Contact: Dr. Thomas Middelboe. E-mail: [thomas.middelboe@regionh.dk](mailto:thomas.middelboe@regionh.dk) Website: <http://ncp2015.dk/>

24-26 September 2015: 5th European Conference on Schizophrenia Research “Bridging Gaps-Improving Outcomes”, Berlin, Germany. Organizer: European Scientific Association on Schizophrenia and other Psychoses (ESAS). Contact: Dr. Viktoria Toeller. E-mail: [viktoria.toeller@esasnet.eu](mailto:viktoria.toeller@esasnet.eu) Website: [www.schizophrenianet.eu](http://www.schizophrenianet.eu)

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**25-27 September 2015: WPA Regional Congress “Mind Body and Culture”, Kochi, India. Organizer: Indian Psychiatric Society. Contact: Dr. Kuruvilla Thomas. E-mails: a) drkuruvillathomas@gmail.com b) wparegionalcongresskochi@gmail.com Website: www.wpakochi2015.com**

#### October 2015

14-16 October 2015: 10th International Congress of the International Neuropsychiatric Association “Neuropsychiatry”, Jerusalem, Israel. Organizer: International Neuropsychiatric Association. Contact: Prof. Robert H. Belmaker. Secretariat: Nina Wilson. E-mail: ina2015@target-conferences.com Website: www.ina2015.com

16-19 October 2015: “The 20th World Congress of the World Federation for Mental Health”, City Stars Convention Center, Cairo, Egypt. Organizer: Egyptian Society for the Rights of People with Mental Illness. Contact: Dr Nasser Loza. E-mail: n.loza@behman.com Website: www.wfmh2015.com

21-24 October 2015: “The 16th Czech-Slovak Psychiatric Meeting”, Brno, Czech Republic. Organizer: Czech Psychiatric Association. Collaboration: Slovak Psychiatric Association. Contacts: a) Tomas Kasperek, M.D. (president) b) Martin Holly, M. D. (vice-president). E-mail: csps2015@gwarant.cz Website: www.csps2015.cz

23-24 October 2015: XIV Psychiatric Days of Bosnia and Herzegovina “Current Topics from Child and Adolescent Psychiatry and Women’s Mental Health”, Sarajevo, Bosnia and Herzegovina. Organizer: Psychiatric Association of Bosnia-Herzegovina. Collaboration: Department of Psychiatry, University Clinical Center Sarajevo, under the patronage of the European Psychiatric Association. Contacts: a) Prof. Abdulah Kučukalić, MD, PhD (adokucukalic@hotmail.com) b) Dr. Goran Račetović, MD (gracetovic@yahoo.com) Website: www.upubih.com/en/

29-31 October 2015: 17th International Conference on Philosophy, Psychiatry and Psychology “Why do humans become mentally ill? Anthropological, biological and cultural vulnerabilities of mental illness”, Frutillar, Chile. Organizers: 1) Centro de Estudios de Fenomenología y Psiquiatría, Universidad Diego Portales, Chile 2) International Network for Philosophy and Psychiatry. Collaboration: 1) WPA Section on Philosophy and Humanities in Psychiatry 2) Royal College of Psychiatrists RCPsych / Philosophy Special Interest Group. 3) European Psychiatric Association EPA / Philosophy section. Contact: Dr. Leonor Irrázaval. E-mail: centrodefenomenologia@mail.udp.cl Website: www.centrodefenomenologia.udp.cl

#### November 2015

1-4 November 2015: “12th World Congress of World Association for Psychosocial Rehabilitation”, Seoul, Korea. Organizers: 1) World Association for Psychosocial Rehabilitation (WAPR) 2) Korean Association for Psychosocial Rehabilitation (KAPR). Contacts: a) Dr. Afzal Javed (afzal.javed@ntlworld.com) b) Prof. Tae-Yeon Hwang (ilymh@gmail.com) Website: www.wapr.info

12-15 November 2015: 3rd Congress of Preventive Psychiatry and 4th Psychiatric Congress of Eastern Europe “Preventive Psychiatry & Psychiatry in Eastern Europe”, Aegli Zappeiou, Athens, Greece. Organizer: Society of Preventive Psychiatry. Collaboration: 1) Psychiatric Association for Eastern Europe and the Balkans (PAEEB) 2) Hellenic Psychiatric Association. Contact: Prof. George N. Christodoulou. E-mails: a) profgchristodoulou@gmail.com b) psych@psych.gr Website: www.preventive-psychiatry2015.com

18-22 November 2015: WPA International Congress “Bridging Asia to the World – A New Era for Psychiatric Treatment”, Taipei, Taiwan. Organizer: Taiwanese Society of Psychiatry. Contact: Frank Huang-Chih Chou. E-mail: secretariat@wpaic2015.tw Website: www.wpaic2015.tw

#### July 2016

6-10 July 2016: WPA International Congress “Integrating clinical, community, and public health in psychiatry”, Istanbul, Turkey. Organizers: 1) Psychiatric Association of Turkey 2) Turkish Neuropsychiatric Society. Contact: Dr. Levent Küey. E-mail: kueyl@superonline.com Website: www.wpaistanbul2016.org

#### November 2016

18-22 November 2016: WPA International Congress “Psychiatry: Integrative Care for the Community”, Cape Town, South Africa. Organizer: South African Society of Psychiatrists. Contact: Prof. Bernard van Rensburg. E-mails: a) bernard.sasop@mweb.co.za b) charlene@soafrica.com Website: www.wpacapetown2016.org.za

#### October 2017

8-12 October 2017: WPA World Congress of Psychiatry “Psychiatry of the 21st Century: Context, Controversies and Commitment”, Berlin, Germany. Organizer: German Association for Psychiatry, Psychotherapy and Psychosomatics. Contact: Prof. Peter Falkai. E-mail: wpa2017@cpo-hanser.de Website: www.wpaberlin2017.com

# News from Zonal Representatives

## ■ WPA ZONE I (CANADA)

The WPA Zone I consists of the Canadian Psychiatric Association (CPA) which holds annual meetings, continuing professional education symposia across the country and internationally and participates actively in advocacy for mental health in policy, with government and the Mental Health Commission of Canada (MHCC). As the national voice of Canadian psychiatrists, the Canadian Psychiatric Association advocates for the professional needs of its members and promotes excellence in education, research, and clinical practice.

The CPA Objectives are: 1) To uphold and develop the biopsychosocial approach to the

practice of psychiatry and promote research and continuing education of members by establishing and maintaining standards of practice and facilitating maintenance of competence in the practice of general and specialized psychiatry; 2) To promote and participate in educational programs necessary for the care of persons with psychiatric disorders and the promotion of mental health; 3) To represent the profession of psychiatry to governments, universities, medical associations, licensing and certifying bodies, and other organizations with which the psychiatrists of Canada from time to time may have relationships; 4) To publish journals, newsletters and other literature for the

dissemination of knowledge regarding psychiatric disorders and promotion of mental health.

The CPA welcomes WPA members to attend our future Annual Meetings of over 1200 participants to be held in Vancouver (October 1-3, 2015), Toronto (September 15-17, 2016), Ottawa (September 14-16, 2017), and Toronto (September 27-29, 2018).

**Donna E. Stewart**  
WPA Zonal Representative for Zone 1  
(Canada)

## ■ WPA ZONE 7 (NORTHERN EUROPE)

The 31st Nordic Congress of Psychiatry will be arranged in Copenhagen between 20th and 23rd of September 2015. The theme of the congress will be "Psychiatry Works". Since 2012, the Joint Committee of the Nordic Psychiatric Associations has published a journal for clinician, The Nordic Psychiatrist, in addition to the scientific journal Nordic Journal of Psychiatry. The new journal has been well received. Main concerns differ among countries in the WPA Zone 7.

Large reforms in health care funding and organization of services are underway in Finland. The deliverables of this venture remain to be seen. Specialist training will no longer be carried out under the auspices of the education ministry but moved to the social ministry. It has been planned that after 2022 each MD should apply for specialist training.

The leading principle behind this has been concern over lack of physicians in certain specialties. In Sweden there has been concern of young women with self-harm in forensic care together with sentenced forensic patients. The annual congress has been a success both financially and from the view of participants. A congress will be arranged next autumn on diabetes by the national association and researchers.

DSM-5 will be translated in Lithuania shortly. There is only one psychiatric hospital left for 2,9 million inhabitants. A working group for development of mobile crisis teams has been set up. Young psychiatrists amount to



18% of all psychiatrists in the country. Latvia has one of the lowest health care budgets in the EU. There is a brain drain of psychiatrists to other countries in the EU. New editions of national guidelines have been drafted. In Estonia work disability has been debated. Psychiatric patients have not received enough support for returning to work. Fewer physicians have applied for psychiatric residency and several positions have remained vacant.

**Jyrki Korkeila**  
WPA Zonal Representative for Zone 7  
(Northern Europe)

## ■ WPA ZONE 15 (CENTRAL AND WESTERN ASIA)

### CHILDDREN AS VICTIMS OF TORTURE

On the morning of 16th December 2014 terrorist attack on Army Public school Peshawar killed 147 innocent lives, leaving the families of martyred and injured in grief and pain.

The sheer scope and severity of destruction have prompted extraordinary national and international attention and support for survivors of the families of martyrs and injured on priority basis. The devastation created by the incident was catastrophic, not only for the affected families but also to those who watched TV, reliving the past traumatic events for survival of suicidal bomb blasts of the past. Those who watched the social media or print media as well resulted into an immediate acute stress and mental health sequel. The task facing the national community as it attempts to provide relief was equally extraordinary. The short-term emergency needs were enormous, and the longer-term needs for need assessment and rehabilitation have not ever been quantified.

Firstly the relief activities confronted the challenges of the disaster as a complex emergency. Secondly, the clinical and psychological profile of this disaster is not similar to that of any incident in the past. The death of children and family members was a blunt trauma, and the injuries among the survivors

arise from complications of experiencing the traumatic incident. Thirdly, the short-term public health needs of the surviving population were not familiar.

There was an urgent need for the need assessment of the people, affected in APS incident, including children, parents and other family members or relatives, identification of the PTSD symptoms, deciding for the required interventions, and initiating a support system.

The incident evoked a debate in mental health practitioners that how this huge number of affected families, and other people who are severely affected by this incident, could be assessed for their needs. This debate initiated an urgent need for the collection of information from those resources. There was a dire need to develop an objective assessment procedure to evaluate the PTSD symptoms and plan for required intervention. There was no preexisting data to be used as a guide line to deal with a disaster on such scale. This could possibly be done through approaching the effected population and try to find out the way in which they could be professionally helped, without any interference or debriefing their experience.

The public health model for disaster highlights a cycle of preparedness, mitigation, response, and recovery. It is thus crucial to consider what sorts of preparations may pre-

vent a similar disaster in the future or could possibly be used to help the sufferers. Horizon Welfare Organization has the capacity to provide several hours of early management and support services; as provided sufficient funding and will for this cause, it could be adapted and introduced throughout the country for future reference. The larger issue, however, is the development of rapid assessment, interventions, communication and support systems for such populations.

Despite the massive scale of this emergency, we need to be better prepared than ever to deal with the immediate psychological and physical health threats created by such traumas. What remains uncertain is the extent to which donors and implementers will be able to support the transition to long-term rehabilitation services. In the past, we have been far less proficient at this second crucial task. Yet we know that the need for long-term success has never been more urgent than it is now.

**Khalid Mufti**

**WPA Zonal Representative for Zone 15 (Central and Western Asia)**

kamufti2001@gmail.com

## ■ WPA ZONE 4 (NORTHERN SOUTH AMERICA)

### The XXVIII APAL Congress (Latin American Psychiatry Association) – ACP (Colombian Psychiatry Association)

It was held in the city of Cartagena de Indias on November 22 to 26, 2014 with an attendance of 1,313 persons: Argentina 85, Aruba 1, Australia 1, Belgium 2, Bolivia 17, Brazil 16, Canada 5, Chile 18, Colombia 708, Costa Rica 10, Cuba 1, Ecuador 53, Salvador 7,

Spain 34, United States 12, France 1, Guatemala 13, Holland 2, Honduras 6, Italy 1, Mexico 48, Nicaragua 4, Panama 26, Paraguay 20, Peru 62, Puerto Rico 1, Dominican Republic 34, Sweden 1, Uruguay 13, Venezuela 8; not reported 103.

The Meeting had 16 international guests as main speakers and numerous symposiums in simultaneous sessions.

The XXVIII APAL Congress counted with the support of WPA (World Psychiatric Association) and W.A.C.P. (World Association of Cultural Psychiatry).

The quantitative evaluation was good and excellent in its majority.

The City of Cartagena offered its infrastructure and unrivaled characteristics which the guests enjoyed in a charming city beyond a good meeting.

## Latin American Meeting of Women Leaders in Latin American Psychiatry

Organized by Dr. Silvia L. Gaviria, WPA Zone Representative for Zone 4

Within the frame of the APAL Congress, on November 24 took place the encounter of the **APAL Leader Women**. Presidents and

former Presidents of the Latin American Psychiatry Associations participated; the guests of honour were Dr. Fior Solis (from the Dominican Republic) being the only woman psychiatrist who has been president of APAL, Dr. Marta Rondon (from Peru), academic, professional leader and also the president of IAWMH (International Association for Women's Mental Health) and

Dr. Silvia Gaviria (from Colombia) the Secretary General of this Association.

The objective of this meeting was to socialize, highlight the achievements of Psychiatric Women in APAL's life, and to set the new challenges for the future of the Association **taking into consideration that women are the majority of members.**

## I Dual Pathology Congress: ADDICTION AND CO-MORBILITY

The Sagrado Corazon Psychiatric Institute with the support of Ecuadorian Psychiatric

Association will carry out the I Dual Pathology Congress: ADDICTION AND CO-MORBILITY on April 27 to 30 in the City of Quito, Ecuador.

**Silvia L. Gaviria**

WPA Zonal Representative for Zonal 4 (Northern South America)

# News from Affiliated Associations

## INTERNATIONAL ASSOCIATION OF ETHNOPSICHOLOGISTS AND ETHNOPSICHOETHERAPISTS

On March 10, 2015 the Laboratory of Pharmacogenetics of Mental and Neurodegenerative Disorders was opened at the Mental Health Research Institute, Tomsk, Russia (headquarters of the IAEE). The laboratory was founded under the support of a grant of the Russian Scientific Fund. Cytology and Genetics Department of National Research Tomsk State University (Head – Prof. V.N. Stegny) and Neurology and Neurosurgery

Department of Siberian State Medical University (Head – Prof. V.M. Alifirova) were cofounders of the laboratory.

**Nikolay Bokhan, President**

(Director, Mental Health Research Institute)

**Olga Fedorenko - Svetlana Ivanova - Svetlana Vladimirova**

**International Association of Ethnopsychologists and Ethnopsychotherapists**



Opening of the laboratory: Prof. Tamara Vetlugina, Prof. Svetlana Ivanova, Prof. Nikolay Bokhan, Dr. Olga Fedorenko (Head of Laboratory), Prof. Arkady Semke, and Dr. Tatiana Kazennykh.

## EUROPEAN FEDERATION OF PSYCHIATRIC TRAINEES

Dear colleagues,

This year the Scientific Programme of the EFPT Porto Forum 2015 will focus during its two days on the topic of Global Mental Health, as "there is no health without mental health".

We are calling for abstracts to the colleagues across the world interested to contribute.

Visit the website of the EFPT Porto Forum 2015 for more information: [efptporto2015.wordpress.com](http://efptporto2015.wordpress.com)

I am pleased to disclose that WPA is co-sponsoring and supporting this event.

Looking forward to meet you in Porto!

**Mariana Pinto da Costa**

**President, European Federation of Psychiatric Trainees**

[mariana.pintodacosta@gmail.com](mailto:mariana.pintodacosta@gmail.com)