

WPA NEWS

Official Quarterly News Bulletin of WPA



WORLD PSYCHIATRIC ASSOCIATION
الجمعية العالمية للطب النفسي
世界精神病学协会
ASSOCIATION MONDIALE DE PSYCHIATRIE
WELTVERBAND FÜR PSYCHIATRIE
ASSOCIAÇÃO MUNDIAL DE PSIQUIATRIA
ВСЕМИРНАЯ ПСИХИАТРИЧЕСКАЯ АССОЦИАЦИЯ
ASOCIACIÓN MUNDIAL DE PSIQUIATRÍA

JUNE 2016

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**ECP (Early Career Psychiatrist)

The World Psychiatric Association (WPA)

The WPA is an association of national psychiatric societies, presently 138, spanning 118 different countries and representing more than 200,000 psychiatrists.

The WPA organizes the World Congress of Psychiatry, International and Regional Congresses, and Thematic Conferences. With its 72 scientific sections, it promotes collaborative work in specific domains of psychiatry. It has developed ethical guidelines for psychiatric practice, including the Madrid Declaration.

Its website is currently visited from almost all countries across the world and the WPA News is widely disseminated. Various educational programmes and series of books had been produced including an E-Learning long distance programme. World Psychiatry, the WPA official journal, could be freely downloaded from PubMed Central and the WPA website (www.wpanet.org).



What are its Aims?

The core missions of the WPA include the following:

- To encourage the highest possible standards of clinical practice
- To increase knowledge and skills about mental disorders and how they can be prevented and treated
- To promote mental health
- To promote the highest possible ethical standards in psychiatric work
- To disseminate knowledge about evidence-based therapy and values based practice
- To be a voice for the dignity and human rights of the patients and their families, and to uphold the rights of psychiatrists
- To facilitate communication and assistance especially to societies who are isolated or whose members work in impoverished circumstances

WPA Secretariat

Secretary General

Prof. Roy Abraham Kallivayalil (India)

Adminstrator

Ms. Francesca Sotgiu (France)

Deputy Adminstrator

Ms. Pamela Atiase (Switzerland)

Geneva University Psychiatric Hospital

Bâtiment Les Voirons

2 Chemin du Petit Bel-Air

1225 Chêne-Bourg

GENEVA

Switzerland

Tel: +41 22 305 5737

Fax: +41 22 305 5735

Email: wpasecretariat@wpanet.org

WEBSITE: WWW.WPANET.ORG



Message from the Secretary General



Dear Colleagues and Friends,

Hearty greetings to you! The first visit of the SG in the 2nd year of triennium to WPA Secretariat Geneva was organised between April 10th-13th, 2016. As you know, our

Secretariat is located in the campus of the Geneva University Psychiatric Hospital. One of the highlights was my meeting with the Director General B. Levrat which was very cordial and fruitful. The DG has extended all possible support and help to the WPA Secretariat. We also had a visit by François Ferrero, the former HOD of Psychiatry at HUG, in whose time, WPA Secretariat had started working at the current premises.

The WPA Regional Conference, Tbilisi, April 27-30, 2016 was a highly successful event with the theme: "Mental health, directions and challenges". Our hearty congratulations to Eka Chkonia, President of the Society of Georgian Psychiatrists and her team. We are looking forward to the WPA International Congress, Cape Town November 18-22, 2016; Theme: "Psychiatry: Integrative Care for the Community". Kindly do attend.

Our newly designed website www.wpanet.org has gone live. Please visit the website and send us your valuable comments. If you notice any error or failure to update any of the pages, kindly bring it to our attention.

We thank WPA President Dinesh Bhugra and the EC for their support and guidance.

Thanking you,

Roy Abraham Kallivayalil
Secretary General
World Psychiatric Association

Message from the President



Dinesh Bhugra

Dear Colleagues,

Data from a global survey from 193 countries on discrimination against people with mental illness has been completed and the report is being written up as we speak. The report will be launched on the **Second World Mind Matters Day** on 4th September 2016. We are assessing levels of discrimination in social, political, economic and personal dimensions. Early results are shocking as how individuals with mental illness are treated by various societies and cultures.

WPA-Lancet commission on Psychiatry has started its data analysis. Over 2400 responses were received. Early next month we will start writing the report and hopefully be able to launch it either later this year or early next year. Thank you all for responding and circulating it to your members. With Careif an educational charity we are looking at well-being. Please respond on the web based survey and also circulate it widely. The link is <https://www.surveymonkey.co.uk/r/careifwell-being>

The work on setting up **Diploma in Psychological Medicine** aimed at psychiatrists and a **Diploma in Mental Health** for other health professionals continues apace. Curriculum has been agreed. We are still looking for examples of good curricula please do send them to me. We are also looking at assessments methods. We are hoping that all the assessment and learning will be web-based.

WPA has an International Congress in Cape Town from 18-22 November. Please put the dates in diary. This will be an exciting conference with eminent speakers and range of symposia and workshops.

Look forward to seeing you and hearing your opinions and valuable thoughts.

Please check the website regularly and get involved.

Dinesh Bhugra, CBE
President
World Psychiatric Association



Spiez is a town and municipality on the shore of Lake Thun in the Bernese Oberland region of the Swiss canton of Bern. Nestled between hills and vineyards and dominated by a magnificent medieval castle that dates from 15 and 16 century, Spiez is a great attraction for tourists who often visit.

General matters of WPA

(including Regional, International and World Congress announcements)

■ WPA REGIONAL CONFERENCE, TBILISI, APRIL 27-30, 2016

WPA President Dinesh Bhugra greets the President of Georgia, George Margvelashvili during the WPA Regional Conference, Tbilisi April 27-30, 2016.



■ WPA FORUM, TBILISI, GEORGIA, APRIL 2016

WPA Forum at Tbilisi: Participants at the WPA Forum held at Tbilisi with the members of the EC. In the back row are: Armen Soghoyan, Edgard Belfort, Helen Herrman, Dinesh Bhugra, Michelle Riba, Afzal Javed, and Roy Kallivayalil.

■ WPA STANDING COMMITTEE ON PLANNING, MADRID, MARCH 10-12, 2016

WPA Planning Committee met at Madrid, March 10-12, 2016. Seen in the photo are Roy Abraham Kallivayalil, Afzal Javed, Helen Herrman, Saul Levin, Norman Sartorius, and Sam Tyano.



HAVE YOU RECENTLY VISITED THE WPA WEBSITE?

→ WWW.WPANET.ORG

■ WPA 2016 REGIONAL CONFERENCE TBILISI, GEORGIA, APRIL 27-30, 2016

Symposium on mental health and scientific publication

The symposium featured four speakers: Natalia Petrova – Russia (speaking on behalf of Peter Morozov), Armen Soghoyan – Armenia, Christopher Paul Szabo – South Africa, and Michelle Riba – USA. The symposium brought together perspectives and initiatives on promoting publishing of mental health content as well as disseminating such content. Natalia Petrova reported on Peter Morozov's programme that facilitates

the development of young psychiatrists, as writers. Armen Soghoyan (current WPA Secretary for Finances) presented a report on a Russian version of World Psychiatry. Christopher Paul Szabo provided a perspective on scientific publishing in Africa with a specific focus on the issue of developing world data generated by developing world researchers and published in credible developing world journals. Michelle Riba (current WPA Secretary for Scientific Publications), presented content related to some of the work of the operational committee of the section with a specific mention of one of the current agendas i.e. providing guidance on how to get published. Subsequent discussion focused on the link between sections within the WPA, specifically Edu-



L to R: Armen Soghoyan, Michelle Riba, Christopher Paul Szabo, and Edgard Belfort.

cation and Scientific Publications (current WPA Secretary for Education, Edgard Belfort, being at the symposium).

Christopher Paul Szabo
Member, WPA Operational Committee on Scientific Publications

From the President-Elect



Helen Herrman

We are all thrilled to hear the news that World Psychiatry, the official journal of the WPA, now has the top ranking in impact factor among journals in the field of psychiatry. This is a great achievement. I join many in congratulating Prof. Mario Maj, the founder and editor of World Psychiatry, and express our gratitude for his dedication to leading the journal's development. World Psychiatry is an important means by which WPA supports its mission to disseminate research, especially in countries where our colleagues have severely limited access to scientific literature and to opportunities

to conduct and publish research. Moreover World Psychiatry focuses on the application of research to policy and practice and with its translation into several world languages it has enormous reach.

Where better to see published this month an article that outlines the thinking about the WPA action plan for the next triennium (*). Each term the WPA reassesses priorities within its strategy. The next plan accordingly builds on recent WPA initiatives, including the current focus led by our President on social justice and mental health. The priority for action in 2017-2020 will be the mental health of women and girls, particularly those living in adversity caused by poverty, war, interpersonal violence and human rights abuses. This program will be complemented by another that focuses on

improving the conditions for people living with long-standing mental illnesses and disabilities, and their caregivers, in mental hospitals and other settings. Both these programs call on the WPA's ability to promote sustainable change and improvement that is based on two main factors: its capacity to collaborate successfully with other organizations; and its potential to engage psychiatrists from around the world in new challenges. I look forward to your comments and discussion.

Helen Herrman
WPA President-Elect

(*). Herrman, H. Improving the mental health of women and girls: psychiatrists as partners for change. World Psychiatry 2016; 15: 190-191

■ MEETING POPE FRANCIS AT THE VATICAN

Roy Abraham Kallivayalil, Secretary General, World Psychiatric Association had an audience with Pope Francis at the Vatican recently. He talked to Pope Francis on various mental health issues like depression, su-

icides, alcoholism, drug abuse and the emotional problems of vulnerable populations like children, the handicapped, women and older people. Pope Francis listened carefully and spoke about the value of prayer in these tough times. Kallivayalil also presented to the Pope a book authored by him on Suicide Prevention.



From Secretary for Finances



Armen Soghoyan

Dear colleagues,

First of all I would like to thank all our responsible Members Societies, who are the majority, for the timely payment of

membership fees. I am sure that financial discipline is already a practice.

As promised, we will not have any significant financial problems with organized conferences and hope that will never have such a problem at all. The results will be presented in relevant report. Consistent work does not go in vain.

Now when the issue of regular financial income has been settled, our task is to ensure

variable income from new initiatives, the opportunities for which are already being discussed by Executive Committee. The Operational Committee on Finances and Standing Committee on Planning are discussing mechanisms that will ensure stable financial revenues for subsequent years.

Your trust and support are obliging.

Armen Soghoyan
WPA Secretary for Finances

From Secretary for Education



Edgard Belfort

Dear Colleagues,

The Secretary for Education of the WPA and his Operational Committee has formed a working group with experts in the field of education in order to work on the review of the program: **The Core Training Curriculum for Psychiatry.**

The main objective of the Secretary for Education as part of the WPA Action Plan 2014-2017 is to produce a set of curricula recommendations for both undergraduate (medical student) and graduate (residency) psychiatric education. The goal is to improve the quality of education and, consequently, the quality of care for patients with mental disorder. The first meeting was held in Taiwan with members of the Operational Committee on Education, with the development of the proposal sent to all WPA Zonal Representatives, for their observations and recommendations.

The second in Manila, Philippines, in order to present to experts one of the tools to use, as is the Questionnaire on Training Needs Analysis, sent later to all WPA Societies Members, to learn from them their basic structure and training needs. The third one

in Madrid, with members of the WPA Task Force for the review of evidence and recommendations, using WPA Documents on issues such as: WPA Institutional Program on the Core Training Curriculum for Psychiatry, Yokohama, Japan, August, 2002. The next meeting is planned on the occasion of the WPA International Congress in Cape Town; and finally in Ecuador, February 2017, for the final design of the program.

Planning involves the interaction of the members of the Task Force, via media to achieve greater effectiveness in program development. The information and recommendations are disseminated by our Website as well as the availability of the publication of the material.

Your participation, recommendations and / or suggestions will always be welcome.

WPA EDUCATIONAL ACTIVITIES

1. February 4-6, 2016/Philippines. WPA Regional Meeting and the 42 Annual Convention of Philippine Psychiatric Association.
2. March 16-19, 2016/Guatemala City. Central America & Caribbean Congress of Psychiatry.
3. April 21-23/ Medellin, Colombia. Congress of Media & Women Mental Health.
4. WPA 2016 Regional Conference "Mental Health Direction and Challenges" Tbilisi, Georgia, April 27th-30th, 2016.

5. June 9-12. Mexican Society of Psychiatry International Congress, 50th Anniversary. Puerto Vallarta, Mexico. WPA Educational Activity.

5.1. Forum: Transcending Borders in Neurosciences

Introduction / Enrique Camarena (Mexico)
Issues of Quality in Psychiatric Education: Latin American perspective
Edgard Belfort (Venezuela). WPA Educational Secretary

5.2. Course: ADHD clinic along Life

WPA Certificated. 3 hrs. Educational Credits

5.3. WPA Educational Symposium

A look to Global Mental Health Processes

ONLINE COURSE

1. WPA Course in Mental Health: Expert on Mental Health Emergencies.

2. WPA Course: Cultural Competence Training

Probable date beginning of July 2016.

Spanish: Latin America, 35 Pax. April.

English: Africa and East Europe 40 Pax. May.

WPA EDUCATIONAL QUESTIONNAIRE

Sent in May 2016 to WPA member societies

General Objective

Foster cooperation between systems and higher education institutions (HEIs) in the light of setting and strengthening academics opportunities.

WPA CREDITS CERTIFICATE

WPA Educational Credits are granted after previous request.

6 Credits: 5th Certified Training: Schizophrenia. International Society on Neurobiology and Psychopharmacology. WPA Section on Evidence Based Psychiatry (formerly Research Methods in Psychiatry) Thessaloniki, Greece, January 23rd, 2016.

6 Credits: Training Programme The Psychiatry of Disorders of Intellectual Development Training the Trainers Programme Lahore, Pakistan, March 1st-2nd, 2016.

18 Credits: WPA 2016 Regional Conference “Mental Health Direction and Challenges” Tbilisi, Georgia, April 27th-30th, 2016.

Edgard Belfort

WPA Secretary for Education

From Secretary for Scientific Sections



Afzal Javed

WPA Scientific Sections are playing an important role in promoting and disseminating scientific knowledge around the globe. I am pleased that the number of sections has increased to 72 and many of the sections are keen to increase their individual membership especially for the young psychiatrists. This will certainly be an important step towards involvement of young psychiatrists in the WPA functioning as well as for developing their leadership skills and enhancing their organizational abilities.

The Sections' Operational Committee is finalising the by-laws related to Sections' functioning and is going to submit its recommendations to the Planning Committee. We are still continuing with our discussions on Sections' future work, including clustering of Sections on the basis of common interests and activities. This will hopefully help to promote further collaboration and links among different Sections.

Organization of Intersectional Forums and Intersectional Educational Programmes has again been an on-going practice and the recent meeting in Munich has proved very successful. Similar activities are planned for the forthcoming meeting in South Africa. Sections have also continued developing training courses and producing position statements and working on the theme of promotion of

mental health as a priority in their work, along with initiating various programmes in the areas of mental health promotion and prevention psychiatry by producing educational materials for the WPA website.

Programmes promoting the interest of medical students in the field of psychiatry as a future career have also been a focus for the current work of Sections.

It is anticipated that the current enthusiasm of Sections' leadership and their dedicated work will continue adding further contributions to the excellence of scientific knowledge and the development of innovative approaches in psychiatric practice.

Afzal Javed

WPA Secretary for Scientific Sections

EGYPTIAN ASSOCIATION OF COGNITIVE BEHAVIOR THERAPY

EACBT International Congress was held at the American University of Cairo in Cairo, Egypt on February 25-27, 2016. This was a WPA and AFPA co-sponsored meeting. The theme of the EACBT2016 was “Beyond the Basics; Into evidence-based practice of CBT”. The congress attracted more than 500 professionals working in the field including psychiatrists, psychologists, social workers and others. The congress continued to execute the EACBT vision of making the evidence-based cognitive behavior therapy available for every professional in the Arab world and to bring together eminent figures of psychotherapy



L to R: Prof. Mostafa Shahin (Psychiatry Professor), Prof. Hisham Ramy (Psychiatry Professor; Secretary General of CBT), Dr. Reham Aly (Psychiatry Consultant, President of Egyptian Association of CBT), Prof. Ahmed Okasha (Psychiatry Professor; President of Egyptian Psychiatry Association), Prof. Afzal Javed (Secretary Sections, WPA), and Prof. Nathaniel Bowditch (Dean of School of Humanities & Social Studies, American University of Cairo).

from all over the world to present their art for the eager audience in the Arab world. The congress was preceded with a 3-day full course on CBT.

Reham A. Aly

President, Egyptian Association of Cognitive Behavior Therapy

WPA PUBLICATIONS

WPA Secretary for Scientific Publications, Michelle B. Riba, mriba@umich.edu



■ WPA SCIENTIFIC PUBLICATIONS: BOOKS AND JOURNALS

Michelle Riba, M.D., M.S

We received the astounding news from **Mario Maj, M.D., Ph.D**, editor in Chief of *World Psychiatry* and Past President of the WPA that the new impact factor of World Psychiatry is 20.205.

***World Psychiatry* ranks now Number 1 among psychiatric journals, worldwide!!**
Here are the rankings of the top ten journals:

1.	World Psychiatry	20.205
2.	JAMA Psychiatry	14.417
3.	American Journal of Psychiatry	13.505
4.	Molecular Psychiatry	13.314
5.	Biological Psychiatry	11.212
6.	Schizophrenia Bulletin	7.757
7.	Psychotherapy and Psychosomatics	7.632
8.	Journal of American Academy of Child and Adolescent Psychiatry	7.182
9.	British Journal of Psychiatry	7.060
10.	Journal of Child Psychology and Psychiatry	6.615

Our heartiest congratulations and sincere appreciation to **Mario Maj, MD, Ph.D**. This is an incredible and well deserved achievement and makes us all so proud! Thank you, Mario for your leadership and dedication and for this outstanding journal. What a contribution you have made!!

WPA Operational Committee on Scientific Publications

The WPA Operational Committee on Scientific Publications is having regular conference calls regarding the portfolio of

publications that are currently available to members. We are also discussing how to develop ways for members, especially from low resourced regions, to more easily access materials for their clinical work and research endeavors. Members of the committee include Co-chairs: Michelle Riba, Dusica Lecic Tosevski; Christopher Szabo, Prabha Chandra, Reinhard Heun, Peter Tyrer, Alfredo Cia, and Joao Mauricio Castaldelli.

Under the leadership of **Professor Joao Mauricio Castaldelli**, we are working on a submission on WPA Scientific Publications for the upcoming WPA International Congress in Cape Town in November 2016 as well as ways to encourage more scientific publications from junior investigators.

Other news is that under the stewardship and leadership of **Professor Alfredo Cía**, and supported by the WPA, we now have the WPA Latin American Psychiatry Journal Library in Spanish (Biblioteca y Hemeroteca Iberoamericana de Psiquiatria de la WPA), based in Argentina. This is an exciting and important development and over the coming months we will ask Professor Cía to update us on this important and valuable resource. Thank you, Alfredo, for your passion and leadership regarding this important project.

Special Congratulations and thanks go to **Professor Constantin Soldatos** on the

newly published WPA volume **Pluralism in Psychiatry: II. Multidimensional Considerations** co-edited by C. Soldatos, D. Dikeos, P. Ruiz, D. Bhugra and M. Riba (Medimond Publications, Bologna 2015). The previous WPA volume in the same Congress Proceedings Series was titled **Pluralism in Psychiatry: I. Diverse Approaches and Converging Goals** co-edited by C. Soldatos, P. Ruiz, D. Dikeos and M. Riba (Medimond Publications, Bologna 2014). We sincerely appreciate all the conscientiousness, thoroughness and importance of these two very important volumes on a range of topics in psychiatry. Thank you so much to Professor Soldatos!

Under the leadership of **Professor Reinhard Heun** and with the support of Secretary General Roy Kallivayalil, we are seeking to better understand how we can optimally utilize the WPA Website to provide publications and linkages that will help WPA colleagues access the latest research and publications.

I sincerely appreciate the opportunity to serve you as WPA Secretary for Scientific Publications. We welcome your ideas and suggestions. Thank you very much for your endorsement and support of our efforts and work.

Michelle Riba
WPA Secretary for Scientific Publications

Upcoming WPA Major Scientific Meetings

WPA Secretary for Scientific Meetings, Masatoshi Takeda, m-takeda@aino.ac.jp



■ WPA INTERNATIONAL CONGRESS 18-22 NOVEMBER 2016 CAPE TOWN, SOUTH AFRICA



The theme of this congress is: *“Psychiatry: Integrative Care for the Community”* and will explore concepts, controversies and consequences of Psychiatry’s responsibility and accountability to society in terms of its scope of practice and of what can be considered as Psychiatry’s social contract. Confirmed key-note speakers include: **Dinesh Bhugra** (UK), **Sean Hill** (Switzerland), **Vikram Patel** (India), **Andreas Meyer-Lindenberg** (Germany), **Wolfgang Gaebel** (Germany), **Sir Simon Wessely** (UK), **Maria Oquendo** (USA), and **Helen Herrman** (Australia).

Following the closing of submission of abstracts and symposia proposals, the scientific committee is processing the more than 850 submissions that have been received. Proposers will be notified by 20th June, while the program will be published by 30th June 2016. Please visit the **congress website** for more information – www.wpacapetown2016.org.za. To note that the **early bird registration fees** will be valid until 30th June 2016.



Bernard J van Rensburg, South Africa and Helen Herrman (WPA President-Elect) at WPA Cape Town 2016 exhibition stand during EPA2016, in Madrid, March 2016.

On behalf of the SASOP and the WPA, we cordially invite you to register to attend the meeting and actively participate in the process and discussions at this important meeting.

Bernard Janse van Rensburg

Chair, Local Organizing Committee

E-mails: bernard.sasop@mweb.co.za; charlene@soafrica.com

HAVE YOU RECENTLY VISITED THE WPA WEBSITE?

→ WWW.WPANET.ORG

■ **WPA XVII WORLD CONGRESS OF PSYCHIATRY**
8-12 OCTOBER 2017
BERLIN, GERMANY

In the heart of science and patient care

The WPA WORLD CONGRESS OF PSYCHIATRY is one of the most important scientific congresses in the field of psychiatry which takes place every three years. In 2017 this paramount event will be held in Germany's capital Berlin on 8 -12 October and is hosted by the German Association for Psychiatry, Psychotherapy and Psychosomatics (DGPPN).

The theme of the WPA XVII WORLD CONGRESS "Psychiatry of the 21st Century: Context, Controversies and Commitment" is an invitation to take stock of recent developments and evidence-based findings in the field of psychiatry and their implications for diagnosis, treatment and education. Participants from all over the world can expect an outstanding scientific programme with renowned keynote speakers and excellent educational sessions, which impart state-of-the-art-knowledge. A part of the programme is especially tailored for young psychiatrists. Besides the congress is dedicated to promoting



Berlin Brandenburg Gate
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communication and networking between psychiatrists, nursing and allied health professionals as well as associations of service users and family carers.

Online-registration and call for abstracts will start in September 2016.

Visit www.wpaberlin2017.com.

MATTERS FOR WPA NEWS

Please send all matter for publication in the WPA News to Prof. Roy Abraham
Kallivayalil, Secretary General, wpasecretariat@wpanet.org.

A copy may be marked to roykalli@gmail.com

News from Member Societies

■ ITALIAN PSYCHIATRIC ASSOCIATION

The 4th National Meeting of Young Psychiatrists - Section of the Italian Psychiatric Society - took place in Rome, Italy on 5-6 May 2016. The congress, organized under the presidency of Dr Giovanni Martinotti and Dr. Salvatore Calò, numbered over 700 participants, including young psychiatrists and psychiatric trainees coming from all over Italy. The topic of the congress was *“Psychopathology, Pharmacology and Neuroscience: possible links”*. The first plenary session featured a lecture by Prof. Mario Maj, focused on schizophrenia today; Sir Robin Murray lectured on the progression of schizophrenia while the President of the Italian Psychiatric Association and some members of the Executive group elaborated on the career of young psychiatrists and the critical issues faced by the Italian psychiatric services.



The scientific programme of the meeting also focused on the burden of substance abuse in psychosis, the treatment and management of bipolar and depressive disorders and forensic psychiatry. All the sessions of the conference were aimed at finding a possible connection between psychopathology, pharmacology and neuroscience. During the meeting, a poster session was held, featuring almost 80 posters.

The Congress was also the opportunity for all members of National Board of Young Psychiatrists Italian Section to have the ordinary

assembly, with 31 delegates from all over Italy. The new Italian Coordinators for the next three years have been elected - Dr. Maria Signorelli and Dr. Giovanni Martinotti.

Website: <https://giovaniipsichiatrisip.wordpress.com/category/news/>.

Salvatore Calò
Executive Board, Italian Psychiatric Association
Giovanni Martinotti
Coordinator of Young Psychiatrists, Section of the Italian Psychiatric Association

■ ROYAL COLLEGE OF PSYCHIATRISTS (UK)

The International Congress of the Royal College of Psychiatrists is one of the most prestigious Mental Health events in the world and this year the event comes to London with well over 2,500 delegates from all over the world.

Our keynote speakers represent a wide range of opinion leaders and academics including the 2014 Nobel Laureate for Medicine, **Professor John O’Keefe**. Other speakers include the winner of the 2014 Brain Prize, **Professor Trevor Robbins** from the University of Cambridge, the Co-Director of the Wellcome Trust PhD programme at UCL **Professor Sarah Jane Blakemore**, the Chief Executive of King’s Fund **Professor Chris**



Ham, the only Psychiatrist in the Time Magazine’s most influential 100 people list for 2015, **Professor Vikram Patel** and the Psychologist behind the Nudge Unit at 10 Downing Street, **Dr. David Halpern**. We will also hear from the President of the American Psychiatric Association **Dr. Maria Oquendo**, the President of the Royal College of Psychiatrists **Professor Sir Simon Wessely**, the Chair of Psychiatry at Maastricht **Professor Jim van Os** and the Chair of Psychiatry at University of California at San Diego **Professor Dilip Jeste**. Finally, we have the man who combines literary merit and best-selling credentials, the author of *Birdsong* and *Human Traces* **Sebastian Faulks**, the



Prof. Sir Simon Wessely

distinguished journalist **John Sweeney** on *Screaming at Scientology* and the comedian, writer and actress **Jo Brand** in conversation with the President.

Next year’s Congress will take place in Edinburgh on 26-29 June 2017; please email congress@rcpsych.ac.uk if you have any programme suggestions.

■ CROATIAN PSYCHIATRIC ASSOCIATION

In April 2016, the Croatian Psychiatric Association (CPA) organized the 13th Croatian Psychiatric Days, again focusing on the presentation of clinical cases and offering the opportunity to talk about open questions of our everyday clinical practice, especially to younger colleagues. As always, this event has been successfully attracting colleagues of all generations. This year, this was also the opportunity to present books and handbooks that were published by Croatian psychiatrists in the last year. With more than 20 books in the last year, including books on psychiatry but also on poetry and art, the Croatian psychiatry proved its potential and creativity.

In May, the CPA started its work as a partner on the project Ensuring optimal health care for people with mental health disorders (CRO MHD), under the programme: Transition Facility IPA/2013/, Health/social sector projects led by the Croatian Institute for Public Health, with the objective to increase the protection and improvement of mental health, including more accessible and more effective treatment as well as rehabilitation of persons with mental health disorders.

Vlado Jukic, President
Martina Rojnic Kuzman, Secretary General
Croatian Psychiatric Association



Promotion of books published by Croatian psychiatrists in 2016 by Prof. Vesna Medved.

■ LITHUANIAN PSYCHIATRIC ASSOCIATION (LPA)

During the Soviet period there was a mutual society of neurologists and psychiatrists in Lithuania. The mind of psychiatry then was formed mainly by psychiatrists of Moscow and St. Petersburg schools (Russian). After regaining independence in 1990, paths of neurologists and psychiatrists split. The newly founded LPA took an active and challenging way. Many social indicators in Lithuania, e.g., one of the largest frequencies of suicide, homicide, accidents due to alcohol consumption, poverty, revealed a conflict between changing society and mind. However, during this difficult time Lithuanian society and psychiatry received a great help from good-willed people, organizations and mental health professionals from different countries. Psychiatrists became members of the World, European and Nordic psychiatric associations.

Goals set by the LPA: achieve the best psychiatric practice standards; destigmatize psychiatry; introduce mental health care as a desirable and accessible possibility for every person. LPA dedicates this year's World Mental Health Day to retrospection and perspective of 25-year-old psychiatric thought. Thus, there will be a conference on 10th of October 2016 at the Parliament of Lithuania.

On behalf of the LPA we are grateful to the President of the WPA Prof. Dinesh Bhugra and the whole WPA Executive Committee for the decision to organize the WPA Inter-Zonal Congress "Changing Society, Changing Psychiatry and Changing Self" in Vilnius, Lithuania, 3-6 May 2017. LPA welcomes everyone who wants to come to this Congress. Please provide all requests and topics proposals by e-mail: info@psichiatrija.lt.



Prof. Alvydas Navickas

More information will be available from 1st of July 2016 at: www.wpavilnius2017.org.lt.

Alvydas Navickas
President, Lithuanian Psychiatric Association

■ BRAZILIAN ASSOCIATION OF PSYCHIATRY

We are celebrating our 50th anniversary this year and so the Brazilian Congress of Psychiatry will be even more special! Psychiatrists from all over the world will come to Brazil to take part in more than 160 scientific activities, a lot of them with simultaneous translation. We have already received the confirmation of 50 international speakers. Among them are Shitij Kapur, Robin Murray, Helen Herrman (President-Elect, WPA), Maria Oquendo, President of the APA, and many others!

In its thirty-fourth edition, the BCP will discuss "Psychiatry and ideologies in mental health", with more than 450 doctors, scien-



tists / researchers and more than 300 hours of scientific sessions that cover symposiums, lectures, courses and workshops about Assistance, Clinic, Dual Pathology, Spirituality, Forensic, Genetics, Neuroscience and many other themes!

Besides that, the Brazilian Congress of Psychiatry offers its associates who have signed up for the congress 24 WPA Educa-

tional Credits, beyond the 24 points offered by BPA. This is the quality seal of our congress! Register now at <http://www.cbapb.org.br/english/>.

Antônio Geraldo da Silva
President, Brazilian Association
of Psychiatry

■ ROYAL AUSTRALIAN AND NEW ZEALAND COLLEGE OF PSYCHIATRISTS

RANZCP Congress of Psychiatry

The 2016 International RANZCP Congress of Psychiatry was held on 8-12 May at the Hong Kong Convention and Exhibition Centre, in association with the Hong Kong College of Psychiatrists and with affiliated organisations, the World Psychiatric Association (WPA), Asian Federation of Psychiatric Associations (AFPA), and the Pacific Rim College of Psychiatrists (PRCP). The conference was a great success with more than 1300 delegates in attendance, including almost 300 international delegates representing forty countries around the world. The annual Asia Pacific Mental Health symposium this year focused on the psychiatric workforce in the region and featured presentations on Hong Kong, China, the Philippines, the Pacific Islands, Australia and New Zealand. The next RANZCP Congress will take place in Adelaide, South Australia, 30 April-4 May 2017.



Presenters of the Asia Pacific Mental Health symposium during the 2016 International RANZCP Congress of Psychiatry. L-R: Dr. Francis Agnew (WPA ZR), Prof. Malcolm Hopwood (President RANZCP), Prof. Helen Herrman (President-Elect WPA), Dr. Lou Querubin (Philippines), Prof. Yu Xin (China), and Dr. Roger Ng (Hong Kong).

International Corresponding Membership

The RANZCP is pleased to introduce a new membership category for specialist qualified psychiatrists outside of Australia and New Zealand. For further information, please visit the RANZCP website at www.ranzcp.org and navigate to Membership > Becoming a Member.

Clinical practice guidelines

The RANZCP has recently released clinical practice guidelines for the management of schizophrenia and related disorders in Australia and New Zealand. The guidelines are published in the May edition of the Australian and New Zealand Journal of Psychiatry and is available open access.

■ INDIAN PSYCHIATRIC SOCIETY

The Indian Psychiatric Society has five zonal branches, 21 state branches and 8 Local branches, and has representation of **5519 members**. IPS each year organizes Annual Conference in the month of January and National Mid-Term CME in the month of July-August.

The national level conference & CME dates that are decided:

- Specialty Section on **COMMUNITY PSYCHIATRY** plan by Dr. B.S. Chavan on 2nd June 2016
- Task Force on **NGOS / PATIENTS' CARERS' GROUPS** plan by Dr. Swaminath G. on 18th June 2016
- Task Force on **SCHOOL EDUCATION / COUNSELING** plan by Dr. Kersi Chavda on 25th June 2016
- Specialty Section on **CHILD PSYCHIATRY** plan by Dr. Devashish Konar on 9th July 2016

- Sub Committee on **RESEARCH, EDUCATION & TRAINING FOUNDATION** plan by Dr. Ajit Avasthi on 11-13 July 2016
- National Mid-Term CME 2016, Guwahati will be organized by Dr. Jayanta Das: July 30-31, 2016
- Task Force on **PRACTICE GUIDELINES** plan by Dr. Shiv Gautam on 6th-7th August 2016
- Annual National Conference (ANCIPS 2017), Raipur will be organized by Dr. Manoj Sahu on January 5-8, 2017

We have three most import Visions:-

1. Full involvement for Anti Stigma campaign mental health.
2. Focusing full strength for the inclusion of Psychiatry in Under Graduate Courses.
3. First Step putting towards Health Insurance in Psychiatry treatment.

It is with great sense of pride and happiness we wish to share with you all that Ms. DEEPIKA PADUKONE, elite Film Actress from India has agreed to be the **BRAND AMBASSADOR** for Indian Psychiatric So-



Mukesh Jagiwala, G Prasad Rao, Gautam Saha, Brig MSVK Raju, and TSS Rao at IPS HQ, New Delhi.

ciety and would participate in all activities connected with stigma reduction and promotion of positive mental health organized by Indian Psychiatric Society.

G Prasad Rao, President
Gautam Saha, General Secretary
Indian Psychiatric Society

■ INDIAN ASSOCIATION FOR SOCIAL PSYCHIATRY

IASP is organizing **22nd World Congress of Social Psychiatry from 30th November-4th December 2016 at New Delhi**. The Congress will have 12 plenary sessions, 79 symposia and workshops, 18 free paper sessions. Poster submission is still open till 30th June. The key plenary speakers who have confirmed include Professor Tom Craig (UK), Professor Roy Kallivayalil (India), Professor Norman Sartorius (Switzerland), Professor Dinesh Bhugra (UK), Professor

Helen Herrman (Australia), Professor Eliot Sorel (USA), Professor Stephen Scott (UK), Professor Laurence Kirmayer (Canada), Professor Vijoy Varma (USA), Professor R Srinivasa Murthy (India), Prof SK Khandelwal (India), Professor José Miguel Caldas de Almeida (Portugal), Professor Vikram Patel (India), Professor Tsutomu Sakuta (Japan), Professor Mohan Isaac (Australia), Professor Rachid Bennegadi (France), and Professor Marianne Kastrup (Denmark).

The other attraction of the congress is Young Psychiatrist Fellowship and PG quiz. We are receiving overwhelming response.

The Congress Secretariat is assisting our international delegates to plan their visit with site scene as the Indian weather during this period is at its best.

Please visit www.wasp2016.com for more information.

Sudhir Khandelwal, President
BS Chavan, Secretary General
RK Chadda, Chair, OC
Indian Association for Social Psychiatry

■ AMERICAN PSYCHIATRIC ASSOCIATION

At the conclusion of the APA Annual Meeting in Atlanta, Maria A. Oquendo, M.D., began her one-year term as President of the APA. Oquendo's theme for her presidential year is "Prevention Through Partnerships". She emphasized that prevention is the future of American medicine and of psychiatry and that the best strategies for prevention will require collaboration with colleagues in primary care and other specialties as well as policymakers, schools and other key partners.

Oquendo is currently professor and vice chair for education at Columbia University and a

research psychiatrist at the New York State Psychiatric Institute and Columbia University. Oquendo also serves as vice president of the American Foundation for Suicide Prevention and serves on the American College of Neuropsychopharmacology's Council and the National Institute of Mental Health's National Advisory Mental Health Council.

"This is an amazing time to be a psychiatrist because the field is on the cusp of major discoveries", Oquendo said. "We know more about the brain than ever, and new treatments - ranging from pharmacology to behavioral interventions

- are being developed. We are poised to join our sister disciplines in medicine to develop preventive strategies. I'm excited about the opportunity to lead the APA at this important time."



Dr. Maria A. Oquendo

Saul Levin
CEO and Medical Director,
American Psychiatric Association

News from WPA Sections

WPA Secretary for Scientific Sections, Afzal Javed, afzal@afzaljaved.co.uk, afzal.javed@ntlworld.com



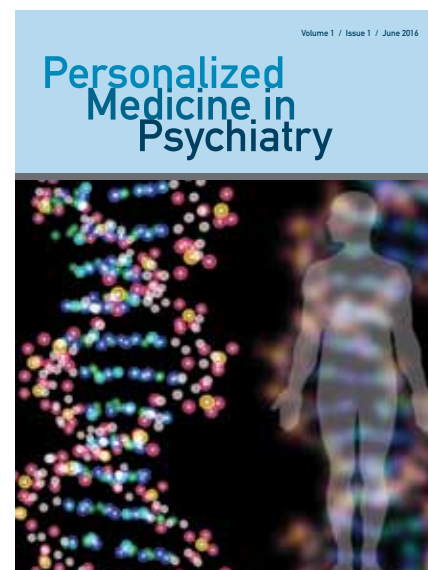
■ PERSONALIZED PSYCHIATRY

We have organised several symposia and lectures, among them the symposia "Personalized Medicine in Mood and Anxiety Disorders: Disease Vulnerability and Treatment" for the Anxiety and Depression Association of America (ADAA) Anxiety and Depression Conference 2016 in Philadelphia (USA) and a lecture on "Personalized Medicine: Depression" by Charles Nemeroff for the 2016 APA meeting in Atlanta (USA).

Finally, we are very happy and excited to announce that Elsevier will launch in the next months the new scientific journal "Personalized Medicine in Psychiatry" whose Co-Editors in Chief will be Giampaolo Perna and

Charles Nemeroff. "Personalized Medicine in Psychiatry" provides a home for basic and clinical investigators, neuroscientists, psychiatrists, psychologists, residents, and medical and graduate students to publish high quality research papers, reviews, new ideas and perspectives, debates, case reports, applied technologies that contribute towards advancing our basic, clinical and therapeutic knowledge of personalized medicine in psychiatry. Submissions are welcome: for all the information on the journal you can visit the website: www.personalizedmedpsych.com.

Giampaolo Perna
Chair, WPA Section on
Personalized Psychiatry



■ PSYCHIATRY, MEDICINE AND PRIMARY CARE AND EXERCISE, PSYCHIATRY AND SPORT

We are working with the Section on Exercise, Psychiatry and Sport to develop training programs for Primary Care physicians to be better educated on the psychiatric aspects of mild repetitive concussion. In addition to sports concussion, the education focuses on other at risk groups, including the elderly, school ages

children with hyperactive ADHD, patients with drug and alcohol use disorders, domestic violence victims, and military personnel. The goal of the training is to increase awareness of delayed clinical phenotypes observed in the post-concussive period. Prof. David Baron is coordinating the project with Prof. Thomas

Wenzel and Prof. Bulent Coskun.

David Baron

Chair, WPA Section on Psychiatry, Medicine and Primary Care

Secretary, WPA Section on Exercise, Psychiatry and Sports

■ HIV/AIDS PSYCHIATRY

The WPA Section on HIV/AIDS Psychiatry was founded in 2003 as the Academy of Psychosomatic Medicine HIV/AIDS Special Interest Group (SIG), became a Section of the WPA in 2012, attained full section status in 2014, and now has 375 members.

Members of our Section give presentations at meetings throughout the world, most recently in Madrid, Toronto, Bucharest, Taiwan, and later this year in Cape Town.

Dr. Jordi Blanch presented in Bucharest and Dr. Cesar Alfonso presented in Taiwan in 2015. Currently, members are working on presentations for submission to the 2017 Berlin Congress, and for meetings of the 2016 APM and 2017 EAPM.

As part of an invited series of articles in *Psychiatric Times* by Academy of Psychosomatic Medicine Special Interest Groups, members

published: Cohen MA, Cozza KL, Bourgeois J, Moghimi Y, Douaihy A. The role of psychiatrists in HIV prevention. *Psychiatric Times* 3/22/16

<http://www.psychiatristimes.com/comorbidity-psychiatry/role-psychiatrists-hiv-prevention>

Our HIV Psychiatry Quarterly Updatable Annotated Bibliography can be accessed at: <http://www.apm.org/library/monographs/hiv/>. An article, based in part on this bibliography, was published in *Psychosomatics: Freudenreich O, Huffman JC, Sharpe M, Beach SR, Celano CM, Chwastiak LA, Cohen MA et al: Updates in Psychosomatic Medicine: 2014. Psychosomatics 2015; 56:445-59.*

We invite you to attend our meetings and explore our web page at: <http://apm.org/sigs/oap/>. We welcome new members and invite you to join our SIG at: <http://www.apm.org/sigs/oap/signup.shtml>.



L to R: Top row - Mary Ann Adler Cohen, MD, Jordi Blanch, MD, PhD, Francine Cournos, MD, Lawrence McGlynn, MD, Marshall Forstein, MD. Bottom row - Edward Kantor, MD, Karl Goodkin, MD, PhD, Daena L. Peterson, MD, Antoine Douaihy, MD, and Yavar Moghimi, MD.

Mary Ann Adler Cohen (Chair)

Jordi Blanch (Secretary)

WPA Section on HIV/AIDS Psychiatry

■ FORENSIC PSYCHIATRY

On behalf of the Psychiatric Association of Macedonia and WPA Section on Forensic Psychiatry we would like to extend to you an invitation to join us at the **WPA Co-sponsored International Conference for Forensic Psychiatry**, to be held in Ohrid, Macedonia, from 13-15 October, 2016. Please confirm your par-

ticipation by e-mail to forensic2016@pzmak.com and cc to prof.novotni@gmail.com.

Many eminent psychiatrists from various countries will take participation at our conference. We do hope that you will join us too. Looking forward to greeting you in Ohrid in 2016. For

more information and abstract submission please visit www.pzmak.com.

Norbert Konrad

Chair, WPA Section on Forensic Psychiatry

■ RELIGION, SPIRITUALITY AND PSYCHIATRY

News on the **WPA Section on Religion, Spirituality and Psychiatry** includes that the **WPA Position Statement on Spirituality and Religion in Psychiatry** was recently published (*Moreira-Almeida A, Sharma A, Janse van Rensburg B, Verhagen PJ, and Cook CHC. *World Psychiatry*. Feb 2016; 15:1: pp 87-88. DOI:10.1002/wps.20304*).

The Section also introduced its **new website platform** during the first half of the year: www.religionandpsychiatry.org. The website can be visited to obtain the Section's current and previous newsletter "*Psyche and Spirit*", as well as an update on the **1st Global Meeting on Spirituality and Mental Health** (held in Florianopolis, Brazil, 5-6 November 2015), which was supported and co-organized by the Section.

The **2nd Global Meeting on Spirituality and Mental Health** is planned to occur during the **WPA International Congress in**



Members of the Section on Religion, Spirituality and Psychiatry at the 1st Global Meeting on Spirituality and Mental Health held in Florianopolis, Brazil from 5-6 November 2015.

Cape Town, from 18-22 November 2016. One of the five main tracks of this Congress will be on "Culture, Religion and Spiritual Context". Section members have submitted several proposals for symposia at this meeting, and will also participate as invited speakers.

Bernard Janse van Rensburg
Secretary, WPA Section on Religion, Spirituality and Psychiatry
bernard.sasop@mweb.co.za

■ URBAN MENTAL HEALTH

New Mission Report (August 2015): Of a total world population of 8.1 billion, the urban population will rise to 5 billion by 2030, and slum dwellers will have doubled to as much as 2 billion by 2030 (UN-HABITAT, 2006). This situation is becoming a global concern in particular for mental health and well-being both in developed and developing countries.

Scope: The Section will mainly work on the following six-sections, taking into account global priorities. Each scope will have a coordinator in the section to take initiatives on research and education in the respective area.

1. Global impact of demographic changes due to urbanization on mental health.
2. Mental health of slum dwellers
3. Urban life style and stress related mental health

4. Impacts of terrorism and disasters on mental health in urban areas

5. Mental Health problems of specific population groups in mega cities such as the elderly, women, children and persons with disabilities

6. Provision of mental health services in Urban areas

Objective: The WPA Section on Urban Mental Health aims at contributing to capacity development on urban mental health in the world, through education and publication.

Planned activities (3 years)

Research: Each thematic area will publish a review paper in 2016. If possible, conduct a pilot study in 2016. Leaders of the thematic areas will lead and coordinate.

Education and training: At every WPA meeting, the section will facilitate workshops/symposiums on urban mental health. The section encourages host countries to conduct trainings on urban mental health in their countries with support from the section.

Publications: Are critical to make us visible as a leading agency in the area of urban mental health.

Networking: For promoting and conducting international collaborative research and others.

Naotaka Shinfuku
Chair, WPA Section on Urban Mental Health

■ EPIDEMIOLOGY AND PUBLIC HEALTH AND GENETICS IN PSYCHIATRY

Inter-sectional meeting: Munich

The WPA Section on “Epidemiology and Public Health” held its 2016 meeting in Munich, Germany on March 29th through April 1st. For the first time, this conference was organized as an intersectional activity, i.e., jointly with the **Section on Genetics in Psychiatry**. The meeting which had the theme “Psychiatric epidemiology meets genetics: the public health consequences” (www.wpaepi2016.org) took place at the Institute of Psychiatric Phenomics and Genomics (www.ippg.eu) and the Department of Psychiatry and Psychotherapy, the very premises that were home to some of the greatest thinkers of psychiatry of all times, namely Emil

Kraepelin and Alois Alzheimer. More than 100 participants from all over the world discussed the latest development in the fields of traditional epidemiology, public health, genetic epidemiology, genetics statistics, pharmacogenetics, epigenetic, genetic testing, and ethics in psychiatry. Another first this time was a guided poster tour and selection of three poster awardees. Finally, at the Munich meeting, the newly established Michele Tansella Award was presented for the first time. The inaugural recipient was Dr. Katherine M. Keyes from Columbia University (New York, NY, USA).

The joint meeting of the Section on “Epidemiology and Public Health” and the Section on “Genetics in Psychiatry” was not only a scientific success but a celebration of genuine interdisciplinary exchange. Members and officers of several sections were in attendance as well as two former WPA Presidents (Norman Sartorius and Felice Lieh-Mak) and the WPA Standing Committee on Ethics and Review held its annual in-person meeting one day prior to the meeting.

**Thomas G. Schulze, Afzal Javed,
Viviane Kovess**

News from Zonal Representatives

■ WPA ZONE 7 (NORTHERN EUROPE)

Zone 7 countries held in Stockholm their annual meeting, where their presidents and 6-year delegates represent psychiatric associations. Interest in specializing in psychiatry has grown in Norway, Sweden and Finland, but decreased in Iceland. Finnish reformation of specialist education will lead to an increase of resident in psychiatry and decrease in e.g., pediatrics and orthopedics because one has to apply the right to specialize and one specialty can only have a limited amount of residents. In Finland and Sweden companies hiring physician workforce to employers have gained ground due to lack

of psychiatrists in certain regions. In Norway, Lithuania, and Sweden clinical psychologists have demanded more responsibility within the services as leaders.

Role of psychiatrists as administrators has already decreased in Iceland, which has been a cause for concern among psychiatrists. In Norway pressure from strong service-user-groups have resulted in a directive issued by the health minister to give patients the right to choose a “no-medication” ward for psychoses, even in inpatient settings if committed. All of the Bal-

tic countries have suffered from brain drain, as possibilities for better pay is available in other EU member states. Lithuania has allowed involuntary treatment of pregnant women with substance use disorders. Electronic patient records are being reformed in Finland and Denmark with heavy emphasis on use of “checkboxes” and use of prose-text will be limited.

Jyrki Korkeila
WPA Zonal Representative for Zone 7
(Northern Europe)

■ ZONE 2 (UNITED STATES OF AMERICA)



The membership of the American Psychiatric Association (APA) elected Anita Everett, M.D. as its next president-elect. Maria Oquendo, M.D. began her one-year term as president of the APA in May as well and will preside over the 2017 APA Annual Meeting scheduled for 20-24 May in San Diego, California. In Atlanta, Oquendo announced a new initiative to incorporate international

participation into the Research Colloquium for Junior Investigators which provides guidance, mentorship and encouragement to young investigators in the early phases of their training. Participation in Atlanta included participants from Brazil, Colombia, France, and Mexico. The deadline for abstract submissions for the Annual Meeting in San Diego is scheduled for early September. Go to psychiatry.org and search "Submission Guidelines" to begin preparing your submission.

Additionally, APA approved a new membership category offering international attendees the opportunity to become a member

of the APA and enjoy benefits such as free access to online courses on medical knowledge and clinical skills. More information about the new membership category, International Resident-Fellow Member (IRFM), can be found at psychiatry.org/international-resident.

Edmond Pi
WPA Zonal Representative for Zone 2
(United States of America)

■ ZONE 10 (EASTERN EUROPE)

East-European Educational WPA-Servier Academy

The work continues in the East-European Educational WPA-Servier Academy. Young researchers, psychiatrists from Azerbaijan, Belarus, Georgia, Kazakhstan, Russia, and Ukraine arrived in Madrid to take part in the first work session of the second convocation of the Academy in March 2016. Their goal, as usual, was the preparation of a series of scientific reviews on the results of the 24th Congress of the European Psychiatric Association for professional journals of countries of the WPA Zone 10. As a result of previous sessions, members of the WPA-Servier Academy have already prepared 37 such peer-reviews, 59 have already been printed in 12 different scientific editions of six countries of the WPA Eastern European region, and six new have already been accepted for print.



L to R: O. Belugina (Belarus), V. Fedchenko (Ukraine), and J. Ismayilova (Azerbaijan).

As usual, after working in the Congress, the EEE WPA-Servier Academy members attended the training courses on communication skills organized specially for them. Courses aroused great interest among the participants and were very animated. East-European Educational WPA-Servier Acad-

emy project is a part of the WPA Educational Program.

Petr Morozov
WPA Zonal Representative for
Zone 10 (Eastern Europe)

■ ZONE 5 (SOUTHERN SOUTH AMERICA)

WPA Zone 5 Regional Meeting

The national psychiatry societies of Argentina, Bolivia, Brazil, Chile, Paraguay and Uruguay participated in the II WPA Zone 5 Regional Meeting within the 2016 APSA Congress, on April 27th and 28th. The meeting produced the *WPA Zone 5 Statement* on six areas of interest, as follows:

1) Mental Healthcare Policies: the importance of a legal framework was emphasized as well as the participation of national societies in the legislation process.

2) Professional Education and Training in Psychiatry and Mental Health: Assessing deficiencies in the system, all societies proposed to develop education and training programs.

3) Addictions: Consumption and dependence on substances and behavioral addic-

tions are increasing as well as comorbidity, new policies to treat and prevent these pathologies were recommended.

4) Violence in Society: the alarming rate of violence in the region changes the patients profile and calls for immediate action.

5) Stigma and Discrimination: this is a burden not only for patients but also for health-care teams, and it should be addressed by mental health authorities.

6) Conditions of Psychiatry practice: the national societies are committed to retrieve the value of comprehensive and equitable assistance.

The following day, a panel of experts exposed these issues and answered questions from the audience. This event contributed to the



Alfredo Cía (ZR) and other leaders at the WPA Zone 5 Regional Meeting, April 2016.

exchange of ideas among Mental Health professionals within the region.

Alfredo Cía
WPA Zonal Representative for Zone 5
(Southern South America)

■ ZONE 8 (SOUTHERN EUROPE)



L to R: Prof. Moshe Kotler (Past President IPA), Dr. Tsvi Fischel (President-Elect IPA), Dr. Maria Joao Heitor (President-Elect SPPSM), Prof. Zvi Zemishlany (Zonal Representative), Artur Vaz (Beatriz Angelo Hospital CEO), and Prof. Maria Luisa Figueira (Past President SPPSM).

On April 8, 2016 the Portuguese Society of Psychiatry and Mental Health (SPPSM) hosted a

group of 40 psychiatrists from the Israeli Psychiatric Association for a Zonal Symposium on the mental health systems in the two countries of Zone 8. The joint meeting started with a visit in the Psychiatry and Mental Health Department at Beatriz Angelo Hospital (HBA) in Lisbon followed by the symposium. Dr. Maria Joao Heitor, President-Elect of SPPSM made a comprehensive presentation of the mental health system in Portugal.

The Israeli recent reform was presented by the Zonal Representative, Prof. Zvi Zemishlany. In this reform, the responsibility of psychiatric care was transferred from the State to the four national health maintenance organizations (HMOs), who are now reorganizing the com-

munity facilities and the collaboration between primary care and psychiatrists. The conclusion of the Symposium was that the establishment of community mental health facilities and the need to improve the coordination and integration of mental health and primary care are common to both countries. A visit to the Champalimaud Foundation, dedicated to translational biomedical research, including neuroscience, concluded the interesting meeting.

Zvi Zemishlany
WPA Zonal Representative for Zone 8
(Southern Europe)

News from Affiliated Associations

■ MENTAL HEALTH FOUNDATION (NIGERIA)

This year's activities kicked off with a 10-day social media campaign, Educational Workshop/Lectures, advocacy walk, Public Service Announcements; distribution of Publication /documented research; Free Pro-bono Community Basic Medical Outreach inclusive of therapy/counseling sessions; Experience Sharing through Drama; Novelty Foot-

ball Match, Award and Acknowledgement of Individuals and Organizations who had contributed to promoting Mental Health Issues.

Key deliverable of the event is the launch of the Big PUSH for Mental Health – Dignity in Mental Health Signature Banner and the Annual Mental Health Cup.

Website: www.mentalhealthnigeria.org

E-mails: info@mentalhealthnigeria.org / mfafrika@gmail.com.

Emmanuel Owoyemi
President, Mental Health Foundation (Nigeria)

■ INTERNATIONAL ASSOCIATION OF ETHNOPSYCHOLOGISTS AND ETHNOPSYCHOTHERAPISTS

May 2016 was rich in scientific events held by Mental Health Research Institute (Director, President of the IAEE – Nikolay Bokhan, Tomsk, Russia). On May 12-13 the Russian Conference and Workshop for Junior Scientists “Biomarkers in Psychiatry: Identification and Future Directions” took place. The conference was devoted to basic problems in the field of pathophysiology, psychoneuroimmunology, neurophysiology, molecular biology and genetics of mental disorders and addictions, to identification of biological markers which may be used for diagnostics, prediction of the course of mental disorders and may be molecular targets for therapeutic influence. The second day of the conference was devoted to Workshop of Junior Scientists. Materials of the conference were published in the “Siberian Journal of Psychiatry and Addiction Psychiatry” and in the Book of Abstracts.



In Tomsk on May 16 and 17 the Courses “Modern Problems of the Neurobiology and Psychopharmacology of Bipolar Disorder” took place which proceeded on May 19 and 20 in Novosibirsk. The International Educational Courses being held for four years under the auspices of the International College of Neu-

ropsychopharmacology (CINP) and at the initiative of Mental Health Research Institute have become already a tradition.

Svetlana Ivanova, Tamara Vetlugina,
Svetlana Vladimirova
International Association of Ethnopsychologists and Ethnopsychotherapists

■ ASSOCIATION OF ADDICTIVE BEHAVIOR AND DUAL PATHOLOGY OF IBEROAMERICA



ACAPI jointly with the Social Security office of Argentina (*Superintendencia de Servicios de Salud*) and the substance abuse Office (*Sedronar*) organized a meeting about Substance Abuse, prevention and treatment on May 24, 2016. It took place at the auditorium

of the National Bank of Argentina (Banco Nación) and held about 400 participants. In this event Dr. Pedro Ruiz Past President of WPA was invited as a main conference speaker presented by ACAPI's president Dr. Javier Didia Attas. The lecture was about "Substance Abuse & Hispanics: Policies and Outcomes". Dr. Ruiz emphasized about enhancing preventive programs in the region and showed a vast experience in the US implementing treatment and preventive programs and its outcomes.

Javier Didia Attas (President)

Gonzalo Haro (Secretary)

Association of Addictive Behavior and Dual Pathology of Iberoamerica (Asociación de Conductas Adictivas y Patología Dual de Iberoamérica)

■ EUROPEAN FEDERATION OF PSYCHIATRIC TRAINEES



24th EFPT Forum Antwerp: The annual Forum of the EFPT traditionally takes place in the home country of the EFPT president. This year, for the first time since 1998, the EFPT Forum will return to Belgium, the administrative home of EFPT at the very heart of Europe. Between 2-6 July 2016, the Local Organizing Committee of Flemish Psychiatric Trainees will be proud to host over 100 trainees in psychiatry from 35 countries in

Europe while they discover and enjoy all the delights of the city of Antwerp, as the next stop in the incredible and never-ending EFPT journey. Featuring both Europe's second largest port, as well as one of the most beautiful train stations in the world, this year's Forum theme "All aboard", evokes at the same time the EFPT spirit of inclusivity and Antwerp's history as an important meeting place in the heart of Europe.

The program of this 24th annual EFPT Forum hopes to offer trainees a window on psychiatric practice in Belgium, while at the same time showing how diverse and rich psychiatric training and psychiatry in Europe are, as well as providing plenty of opportunities for networking with fellow trainees. For more information on the EFPT Forum please visit www.efpt.eu/antwerp2016.

Livia De Picker

President, European Federation of Psychiatric Trainees

INTERNATIONAL SOCIETY FOR THE PSYCHOLOGICAL AND SOCIAL APPROACHES TO PSYCHOSIS



The 20th International Congress of the ISPS will take place in the UK, 30th August - 3rd September 2017. Booking will open shortly at www.isps2017uk.org. Meanwhile you can make sure you are informed as soon as booking starts by contacting isps@isps.org.

The ISPS continues to thrive and develop regional groups around the world that organise their own conferences, have special interest groups and produce newsletters. The ISPS journal 'Psychosis' recently expanded to four volumes / year (due to the volume of high quality submissions) and has increased its Impact Factor to 1.45. The ISPS book series now contains over 20 books with more awaiting publication. The ISPS Charter of

Good Practice in psychological therapies for people experiencing psychosis (and further information about the ISPS, an affiliated organisation of the WPA) can be found at www.isps.org. Contact: isps@isps.org.

INTERNATIONAL SOCIETY FOR BIPOLAR DISORDERS

ISBD - ISAD 2016: The 18th Annual Conference of the International Society for Bipolar Disorders will be held jointly with the 8th Biennial Conference of the International Society for Affective Disorders, July 13-16, 2016 in Amsterdam, The Netherlands. Website: <http://www.isbd2016.com/>.

This will be a unique conference that provides a world class platform for clinicians and scientists to present, discuss, and trade expertise in the most rapidly evolving area of psychiatry, bipolar disorders. Join other international scientists and clinicians and be a part of this unique opportunity to share

cutting edge findings and network with distinguished experts in the field.

Save the Date: July 13-16, 2016 in Amsterdam, The Netherlands.

LITHUANIAN CULTURAL PSYCHIATRY ASSOCIATION

Lithuanian psychiatrists were informed by our President of the Lithuanian Psychiatric Association that Lithuania had become a "level A country". It sounds solid in front of the eyes of the world, but the truth is: the salary of Lithuanian psychiatrist, MD, with numerous and numerous years of Clinical Practice, even holding PhD, is 500 euros/month only. Doctors, who only can speak foreign language, are looking for the opportunities to work abroad

Code of Ethics for Lithuanian psychiatrists. This appears to become a problem, as well. Professor Jan-Otto Ottosson was a supervisor and drawer of the first Code of Ethics (The Declaration of Hawaii). He told us a story why there was a need for The Hawaii Declaration to be created, as he himself as one of the members at that time of the WPA Committee of Ethics, worked for nine years to create the first edition of The Hawaii Declaration.



Prof. Palmira Rudaleviciene

Palmira Rudaleviciene
President, Lithuanian Cultural Psychiatry Association

■ 7TH WORLD CONGRESS ON WOMEN'S MENTAL HEALTH, DUBLIN 2017

Please visit Congress website www.iawmh2017.org for more information.

Kindly take note of the important dates for the Congress which are listed below:

End of early registration: December 16, 2016

Congress dates: March 6-9, 2017

Organizer: International Association for Women's Mental Health

Contact: Debra C. Tucker.

E-mail: debra@iawmh.org

Future WPA Scientific Meetings

September 2016

22-23 September 2016: "3rd Indo-European Symposium on Coercion", Mysore, India. Organizers: a) Prof. Peter Lepping b) Prof. Raveesh Bn. Contact: Prof. Raveesh Bn. E-mail: raveesh6@yahoo.com Website: www.kancips2016.com

8-10 September 2016: International Conference on Schizophrenia (ICONS) Seventh Edition "Schizophrenia - the Puzzle and the Perspective", Chennai, India. Organizer: Schizophrenia Research Foundation (SCARF, India). Collaboration: 1) Indian Psychiatric Society 2) WASP. Contact: Dr. R Thara. E-mail: thara@scarfindia.org Website: www.iconsoscarf.org

September-October 2016

28 September-1 October 2016: "Psychiatrie au Futur! 2084", Brussels, Belgium. Organizer: SIP Société de l'Information Psychiatrique. Contacts: a) Gisèle Apter (gisele.apter@gmail.com) b) Jean Oureib (jean.oureib@gmail.com)

October 2016

6-8 October 2016: "16th Annual Meeting of the International College of Geriatric Psychoneuropharmacology & 5th International Congress on Psychiatry and the Neurosciences", Athens, Greece. Organizer: 1) International College of Geriatric Psychoneuropharmacology (ICGP) 2) International Neuropsychiatric Association (INA). Collaboration: 1) Hellenic Society for the Advancement of Psychiatry and Related

Sciences (HSAPRS) 2) World Federation of Societies of Biological Psychiatry (WFSBP). Contact: Prof. Constantin Soldatos. E-mail: egslelabath@hol.gr Website: www.psych-relatedsciences.org

7-8 October 2016: "Congress on Mental Health: Meeting the Needs of the 21st Century", Moscow, Russia. Organizer: Union for Mental Health of Russia. Collaboration: 1) Russian Society of Psychiatrists (RSP) 2) All-Russia Professional Psychotherapeutic League (PPL) 3) Russian Psychological Society 4) Russian Association of Gerontologists and Geriatrists. Contact: Dr. Natalia Treushnikova. E-mail: info@mental-health-russia.ru Website: www.mental-health-congress.ru

12-15 October 2016: XV National Congress of the Serbian Psychiatric Association "Pathways and Crossroads of Psychiatry", Belgrade, Serbia. Organizer: Serbian Psychiatric Association. Contact: Dusica Lecic Tosevski. E-mails: a) dusica.lecictosevski@eunet.rs; b) dusica.lecictosevski@gmail.com

13-15 October 2016: "Forensic Psychiatry and Prison Psychiatry between Medicine and Law", Ohrid, Macedonia. Organizer: Psychiatric Association of Macedonia. Collaboration: WPA Section on Forensic Psychiatry. Contact: Prof. Dr. Antoni Novotni. E-mail: prof.novotni@gmail.com Website: www.pzma.com

20-22 October 2016: 14th International Conference of the Arab Federation of Psychiatry and 4th Conference of the Jordanian Society of Psychiatry "The future of Mental Health in Arab World". Organizer: Arab Federation of Psychiatry. Collaboration: Jordanian Society of Psychiatry. Contact: Walid Sarhan E-mail wsarhan34@gmail.com Website: www.pan-arab-psychiatrists-congress2016.com

20-23 October 2016: 2nd World Congress of Early Career Psychiatrists “Bridging science and culture”, Athens, Greece. Organizers: 1) WPA Section on Early Career Psychiatrists 2) EPA – ECPC 3) Young Psychiatrists’ Network. Contacts: a) Rafail Psaras (rafailpsaras@gmail.com) b) Hussien El Kholy (drhelkholy@gmail.com)

27-29 October 2016: XIX National Congress of Psychiatry in 2016 “Psychiatry. On the first line of medical specialties”, Palma, Majorca. Organizer: Spanish Society of Psychiatry. Contact: Prof. Miguel Bernardo.

November 2016

3-5 November 2016: International Conference WWII “WWII? Management of death between new social emergencies and their solution”, Padua, Italy. Organizer: Master Death Studies & the end of life, University of Padova. Collaboration: Department of Psychiatry, University Clinical Hospital Mostar. Contacts: a) Dr. Tommaso Ghellar b) Prof. Ines Testoni. E-mail: worldwarii2016.partners@gmail.com Website: <http://endlife.psy.unipd.it/IIWW/eng/index.php/call-for-participation-2/>

18-22 November 2016: WPA International Congress “Psychiatry: Integrative Care for the Community”, Cape Town, South Africa. Organizer: South African Society of Psychiatrists. Contact: Prof. Bernard van Rensburg. E-mails: a) bernard.sasop@mweb.co.za b) charlene@soafrica.com Website: www.wpacapetown2016.org.za

November-December 2016

30 November-4 December 2016: 22nd World Congress of Social Psychiatry - WASP 2016 “Social Psychiatry in Rapidly Changing World”, New Delhi, India. Organizer: Indian Association for Social Psychiatry. Contact: Dr. RK Chadda. E-mails: a) drchavanbs@gmail.com b) secretariat@wasp2016.com Website: www.wasp2016.com

December 2016

15-17 December 2016: “The Asia Pacific Conference of IALMH”, Bangalore, India. Organizer: Department of Psychiatry, MVJ Medical College & Research Hospital, Bangalore. Contact: Ganesan Gopalakrishnan. E-mail: sowmanasya@gmail.com

March 2017

6-9 March 2017: “7th World Congress on Women’s Mental Health”, Dublin, Ireland. Organizer: International Association for Women’s Mental Health. Contact: Debra C. Tucker. E-mail: debra@iawmh.org

March-April 2017

30 March-2 April 2017: “V International Congress of Dual Disorders: Addictions and other Mental Disorders”, Madrid, Spain. Organizers: Sociedad Española Patología Dual (SEPD). Contact: Dr. Nestor Szerman. E-mails: a) secretaria@secretariadual.com b) secretariat@icdd-congress.com Website: www.icdd-congress.com

April 2017

19-21 April 2017: 5th International Conference of Psychotraumatology and Mediation, 2017 (SPM-2017) “Wars, Trauma, Migrations and Global Mental Health for refugees in Developed countries and in Developing countries for civil populations and refugees: what innovations in the treatment, in mediation, conflict management and human rights”, Centre International de Conférences, Geneva (CICG), Switzerland. Organizer: Institute of Psychotraumatology and Mediation. Collaboration: University of Geneva, Geneva university Hospitals, State of Geneva, Swiss Federal Government and many others National and International Humanitarian and Professional Associations, Organizations, etc. Contact: Dr. Issack Biyong. E-mail: ibiyong@ipm-int.org

19-22 April 2017: 18th World Congress of the World Association for Dynamic Psychiatry (WADP) “Creative processes in psychotherapy and psychiatry”, Florence, Italy. Organizer: World Association for Dynamic Psychiatry (WADP). Collaboration: International Foundation Erich Fromm (IFE), Erich Fromm School of Psychotherapy, University of Florence, and others. Contact: Prof. Dr. Maria Ammon. E-mail: dapberlin@t-online.de Website: www.WADP2017.org

May 2017

25-28 May 2017: “5th International Congress on Neurobiology and Psychopharmacology”, Chalkidiki, Greece. Organizer: International Society on Neurobiology and Psychopharmacology. Collaboration: WPA Section on Evidence Based Psychiatry. Contact: Dr. KN Fountoulakis. E-mail: kostasfountoulakis@gmail.com Website: www.psychiatry.gr

August-September 2017

30 August-3 September 2017: 20th International Congress of ISPS “Making Real Change Happen”, Liverpool, UK. Organizer: The International Society for Psychological and Social Approaches to Psychosis. Contacts: a) Dr. Brian Martindale b) Antonia Svensson. E-mail: isps@isps.org Website: www.isps.org

September 2017

14-16 September 2017: “6th European Conference on Schizophrenia Research”, Berlin, Germany. Organizer: European Scientific Association on Schizophrenia and Other Psychoses. Contact: Prof. Wolfgang Gaebel. E-mail: wolfgang.gaebel@esasnet.eu

October 2017

8-12 October 2017: WPA World Congress of Psychiatry “Psychiatry of the 21st Century: Context, Controversies and Commitment”, Berlin, Germany. Organizer: German Association for Psychiatry, Psychotherapy and Psychosomatics. Contact: Prof. Peter Falkai. E-mail: wpa2017@cpo-hanser.de Website: www.wpaberlin2017.com