

---

## 2nd Quarter 2000

### WPA 50th ANNIVERSARY

Witness of wisdom for centuries, the Sorbonne's Amphitheatre hosted 50 years ago the foundational assembly of what would become the World Psychiatric Association. With it came to fruition, shortly after World War II, the adventurous project of uniting psychiatrists the world over, willing to exchange with each other views and experiences. The meaning of this Premier Congrès Mondial de Psychiatrie was, in the visionary words of Henry Ey, its architect, to be the starting point of periodic world congresses. Since then, this foundational spirit has continued to expand across countries and continents.



*Opening of the First World Congress of Psychiatry  
at the Grand Amphitheatre of the Sorbonne, Paris, 1950*

Half a century later, psychiatrists of diverse nationalities, cultures, and schools of thought, will assemble again in Paris from the 26th to the 30th of June, 2000 to celebrate a Jubilee of our Association and renew our commitment to promote the highest scientific, humanistic, and ethical standards of psychiatric practice across the world. Let's enjoy it together!

---

## A JUBILEE MESSAGE FROM THE WPA PRESIDENT

In the City of Lights, 50 years ago, the will and hopes of the international psychiatric community converged to set the bases of the World Psychiatric Association. And today, new faces return to this setting to offer institutional testimony of the ideals that gave birth and continuous meaning to WPA. In taking a panoramic view of the development of the field of psychiatry over the past half-century, one can recognize the following landmarks:

The emergence of psychopharmacology and the broadening of the concept of psychiatric services

Advances in the standardization of the International Classification of Mental Disorders, followed by efforts to attend to its cultural framework

Increasing attention to the neurosciences as well as to innovative psychological approaches and socio-cultural concepts for the understanding and treatment of psychiatric illnesses.

The consolidation of the medical-psychiatric discipline and its growing links to other medical disciplines as well as to broad social, economical and environmental factors.

The growing worldwide concern for human rights, stimulated principally by the United Nations and its agencies as well as non-governmental organizations and the compelling need to fight the marginalization and stigmatization experienced by psychiatric patients.

The recognition of the value of broad partnerships to deal more effectively with the challenge of mental illnesses prevalent in both developed and developing countries as well as promote human dignity, ethics and equity in the ongoing globalization process inking.

Concerning WPA and its institutional development, we note that our initial structure was aimed principally at the organization of World Congresses of Psychiatry. At the II World Congress in Montreal in 1961, our institutional structure was enhanced through the organic representation of Member Societies, from which leadership emerged in terms of an Executive Committee, a broader Committee composed of representatives of different countries and psychiatric orientations, and a General Assembly. Then, conditions propitious for new institutional activities started to appear, which at the IV World Congress in Madrid in 1996 crystallized as new organizational elements, such as Advisors for Sections, for Symposiums, for Publicity, and for Individual Membership. Later, Regional Symposia were started twice a year, primarily with the scientific support of the Sections.



*Prof. Juan José Lopez-Ibor,*

The WPA has continued to accord, as during its beginnings, prominence to the preparation and implementation of World Congresses of Psychiatry as well as to its Regional Meetings. At the same time, a critical factor ensuring the continuity of vitality and productivity in the WPA between World Congresses has been the establishment of Scientific Sections. These are maturing as scholarly bodies enriched by their international anchorage, and increasingly contributing thoughtful studies, qualified symposia, and position papers of considerable impact.

With the establishment of a Committee on Ethics in 1973 and of a Committee to Review Abuse of Psychiatry in 1979, started an era of high institutional concern for the ethical aspects of our field. This led to the preparation and approval of the Declaration of Hawaii in 1977, the Declaration of Hawaii II adopted in Vienna in 1983, and the Declaration of Madrid in 1996, which featured both general and specific ethical standards for psychiatric practice. Noteworthy was also the WPA visit to the USSR in 1991 to evaluate complaints about

*Jr.,*  
*President of the World* abuse of psychiatry for political purposes.  
*Psychiatric Association*

Between the World Congress of Hawaii in 1977 and that of Athens in 1989, institutional work increased in several areas, which led to the incorporation in the Executive Committee of Secretaries for Finances, for the Committee (where Member Societies were regionally represented), for Meetings, for Editorial Policy, and for Sections. This second structural reorganization of WPA adopted in Athens in 1989 has largely continued to present days.

Attentive to world political and social changes, WPA has incorporated in the past decade virtually all psychiatric societies of Eastern Europe. Similar efforts across continents have led to counting within our fold, at the beginning of the millenium, 112 Member Societies from 96 different countries as well as seven international Affiliated Associations.

In the 1990s, a new emphasis on educational activities was commenced in the form of Presidential Educational Programs, responding to insistent requests from Member Societies. The General Assembly in Madrid in 1996, approved statutory modifications broadening the purposes and constitutional functions of WPA, a more differentiated Zonal structure replacing the previous regional (continental) one, and the establishment of a Secretary for Education in the Executive Committee.

In recent years, WPA has been developing mechanisms to enhance the transparency and effectiveness of all its operations. The Executive Committee's working capacity is being extended through Operational Committees, and participatory governance is being broadened through the responsibilities and contributions of our 18 Zonal Representatives.

---

### **APPROACHING THE WPA JUBILEE CONGRESS, PARIS 2000**

The First World Congress of Psychiatry (*Le Premier Congrès International de Psychiatrie*) was celebrated in Paris on 18-27 September 1950. Its indefatigable organizer was Henry Ey (1900-1977), who as secretary general of *l'Evolution Psychiatrique*, also performed this function during the Congress. Professor Pierre Janet (1859-1947), a student of Jean-Martin Charcot (1825-1893) had been designated president, but following his unexpected demise during the preparations, was replaced by one of his students, Professor Jean Delay (1907-1987). The latter, shortly afterwards, in 1952 during a meeting commemorating the centenary of the *Société médico-psychologique*, presented with Pierre Deniker (1917-1988) a paper on the first anti-psychotic molecule, chlorpromazine, thus heralding the birth of modern psychopharmacology.

The scientific program of the First Congress was eclectic, embracing all schools of thought. One notes the participation of two of the most prestigious names in psychoanalysis, Anna Freud (1893-1982) and Melanie Klein (1882-1960), both of whom attended the conference to present their concepts. Also, an international exhibition of Psychopathology in Art was organized at St. Anne's Hospital by Dr. Robert Volmat (deceased in 1998). His work, *L'Art Psychopathologique*, published on this occasion, became a classic . The success of the exhibition gave rise in 1959 to the *Société Internationale de Psychopathologie de l'Expression*, a member of the WPA. Illustratively, the Congress proceedings included the following volumes: I. General Psychopathology, II. Clinical Psychiatry, III. Brain and Biological Anatomophysiology, IV. Biological Therapeutics, V. Psychotherapy, Psychoanalysis and Psychosomatic Medicine, and VI. Social Psychiatry.

The WPA Jubilee Congress, organized by the *Federation Francaise de Psychiatrie* at WPA's request, will open on the 26th of June 2000 with a memorial ceremony at the Great Amphitheatre of the Sorbonne, the principal location of the First World Congress. An exhibition on Psychopathology in Art will be previewed on the 27th of June, at the former Faculty of Medicine, on boulevard St. Michel. The exhibition will include works from the important collection kept since 1950 at the *Centre d'Etude de l'Expression* at St. Anne's Hospital.

The Jubilee Congress, by comparing the thousand presentations submitted with those of 1950 will enable us to assess the progress made in our discipline over the course of the past 50 years, a veritable revolution in which each of the past 11 World Congresses has marked a milestone, sometimes accompanied by lively debate.

Progress has developed along two different axes, the first of which can be described as geographical or cultural. Contemporary psychiatry, with its origins in Western European thinking, has attempted to assimilate medical schools of thought from other cultures. These transcultural explorations often prove much more rewarding for the study of the mind and its problems than a reductionist approach based on a single school of psychiatric thought, fashioned from one dominant culture.

The second dimension, while continuing to acknowledge the primacy of clinical psychopathology as the cornerstone of clinical psychiatry over the past 50 years, focuses on the possibility of using this basis to optimize clinical research in psychiatry. In return, research results may alter our conception of psychopathology. From this follows the overall theme of this conference, " de la clinique à la recherche ". Both an interest in the cultural aspects of psychological medicine and in a rigorous approach to clinical research parallel the growing importance being accorded to ethics in psychiatry, a discipline which represents a holistic approach to the individual.

While it is impossible to predict the future shape of our specialty, we can be certain at this Jubilee Congress that doctors will continue to observe as guiding motto:

*Homosum: human nihil a me alienum puto.*

*This article is based on a specially prepared contribution by Prof. Jean Garrabé. All photos from the First World Congress were kindly furnished by Dr. R.M. Palem, Henry Ey Foundation.*



*L to R: Henry Ey, Anna Freud and Jean Delay  
at the First World Congress of Psychiatry*

---

### **AN ENERGETIC WPA ZONE**

Zone 3 currently comprises 11 Member Societies from Mexico, Central America and the Caribbean. Despite these countries' considerable social, political and cultural diversity, financial limitations and ecological challenges, the corresponding Member Societies have been able to identify and cultivate substantial common interests.

This process, coordinated by Zonal Representative Prof. Carlos Berganza of Guatemala, has been stimulated by the seven Zonal Meetings they have held with impressive regularity over the past several years. At the latest one in March 2000 in Panama City, the president of the Central American Psychiatric Summit, Dr. Gloria Grimaldo, highlighted the importance of belonging to WPA for the psychiatric societies in the area. Additionally, academic projects of high caliber, such as the development of a Latin American Guide for Psychiatric Diagnosis, have had several sessions in the Zone, as illustrated by adjacent photograph. Another valuable associative tool has been the Zonal Newsletter, which by decision of the 6th Zonal Meeting in Tegucigalpa, Honduras in October 1999 is now distributed by e-mail. Zonal integration has facilitated the distribution and utilization of WPA Educational Programs as well as the promotion of WPA Regional Meetings and World Congresses.

Further documenting their interest in WPA, Zone 3 Member Societies submitted several proposals to the General Assembly in Hamburg aimed at enhancing the institutional functioning of WPA as well as to attend to the impact of economic globalization on mental health and to the psychiatric consequences of natural disasters. Several of these proposals were approved by the Assembly and have recently led to the establishment of new WPA Programs.



*Participants in a workshop for the development of the Latin American Guide for Psychiatric Diagnosis, in Havana, Cuba, October 1998.*

---

### **DEVELOPMENTS ON SCIENTIFIC SECTIONS**

New initiatives for the scientific development of WPA are being formulated and coordinated by the Secretary for Sections, Professor George Christodoulou and the corresponding Operational Committee (Profs. Dusića Lecic-Tosevsky, Donna Stewart, Carlos Berganza, Yoshibumi Nakane and Robert Cancro). Their major themes are academic contributions to WPA meetings and congresses, consensus and position statements, and inter-Section collaboration.

At its latest meeting in Chicago, the Executive Committee approved and funded two special Section projects. One was submitted by the Section on Preventive Psychiatry, chaired by Professor Dusića Lecic-Tosevsky (Yugoslavia), for the preparation of a WPA Consensus Statement on Preventive Psychiatry. The other was presented by the Section on Urban Mental Health, chaired by Professor Giovanni Caracci (USA), towards the conduction of a survey on patterns of and challenges to mental health in our increasingly urbanized planet. Within the framework of the development of this Section, a monograph, *The City and Mental Health: Interdisciplinary and International Perspectives*, has been recently published as a special issue of the *International Journal of Mental Health*.

It should also be noted that the *Journal of Affective Disorders* is being affiliated with the Section of the same name. The Section on Private Practice is planning a Position Statement on their particular domain. A new Section on Suicidology is in the process of being formed.

---

## GUILLERMO VIDAL PASSES

This January in Buenos Aires, Professor Guillermo Vidal, a leading figure in Latin American Psychiatry, passed away.

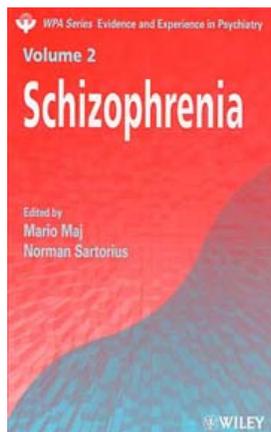
Among his many contributions, two may be singled out: the journal *Acta Psiquiátrica y Psicológica de América Latina* which he edited for more than forty years, and the *Enciclopedia Iberoamericana de Psiquiatría*, co-edited with Fernando Lolas and Renato Alarcon. He will be long remembered.



*Professor Guillermo Vidal*

---

## ADVANCES ON WPA PUBLICATIONS



Under the overall direction of Professor Mario Maj, WPA Secretary for Publications, the Series on Evidence and Experience in Psychiatry, gained wide acclaim with its two first volumes on Depressive Disorders and Schizophrenia (see adjacent photograph). It is now being enlarged with new volumes on Dementia and Obsessive-Compulsive Disorder. Preparations of a fifth volume on Bipolar Disorder, is due to start soon. The e-mail address for orders and information follows: [cs-books@wiley.co.uk](mailto:cs-books@wiley.co.uk). The Current Opinion in Psychiatry Forum on Psychiatry and Human Sexuality just appeared. The next one on Culture, Spirituality and Psychiatry will appear in few months. Future Forums are being planned on Economic Issues in Psychiatry and on Psychiatry and Mass Media.

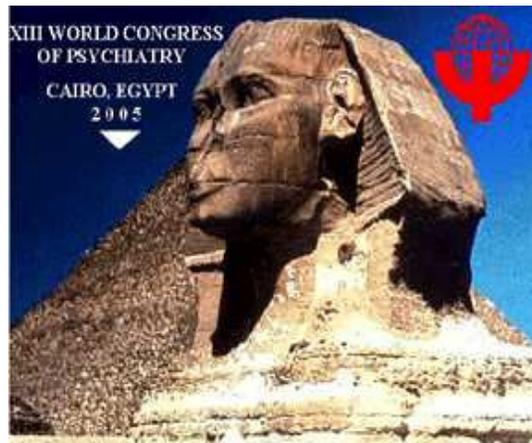
Volumes on Latin American and Arab countries are being prepared for the Series Images of Psychiatry. Work is also proceeding on the publication of several volumes as proceedings of the XI World Congress of Psychiatry.

---

## LOOKING TO THE YOKOHAMA WORLD CONGRESS AND BEYOND

The pace of the preparations for the XII World Congress of Psychiatry, scheduled to take place in Yokohama, Japan on August 24-29, 2002, quicken as two of its key committees held their inaugural meetings in Chicago on May 16, 2000. The Organizing Committee met first and discussed broader issues on the leadership and committee structure of the Congress.

Focused attention was paid to the Congress budget, including aspects connected to WPA institutional functions. Also reviewed were plans for the opening ceremony and other cultural events, activities for Fellows and young professionals, exhibitions, publications and simultaneous translations. Considerable time was devoted to the promotion of the Congress, including a report of a special committee and a support plan presented by the WPA Secretariat.



The Scientific Committee discussed first the structure of the Congress program. This will be largely informed by the overall theme, Partnership for Mental Health, with reference to collaboration between developing and developed countries, among different disciplines, and among stakeholders in the patient care process (health professionals, patients, families, government, industry, etc). The Committee received an extensive evaluative report from the Fellowship Program at the XI WCP as preparation for an even larger Program for Fellows and Young Participants at the Yokohama Congress. Also discussed were formats for different sessions, invited lecturers and prospective publications.

Upon completing statutory consultations on the site for the XIII World Congress of Psychiatry, it has been confirmed that it shall take place in Cairo, Egypt in 2005. This will be the first time ever that a World Congress will happen in the African continent. This is very exciting because of the cultural interest of Cairo (in Arab, Al-Qahira), a City of a Thousand Minarets, because of the long standing position of Egypt as a cradle of civilization, and because of the urgency and complexity of the status of health in various areas of the continent.

In this connection, it is worth noting the WPA Institutional Program to Support Member Societies in Sub-Saharan Africa and Central Asia. Its steering committee has started to work under the leadership of Professor Ahmed Okasha, WPA President Elect, and will collaborate closely with the Zonal Representatives of the pertinent areas in both continents.

---

## **UPCOMING WPA CONGRESSES AND MEETINGS**

Secretary for Meetings, Professor Driss Moussaoui,  
coordinates these events and welcomes initiatives for new ones.  
Fax: (212-2) 294-707, E-mail: [psych@casanet.net.ma](mailto:psych@casanet.net.ma)

June 30, 2000, WPA Co-Sponsored Meeting, Geneva, Switzerland, Parity in Psychiatric Care for Mentally Handicapped Persons.  
Contact: Prof. Jose Guimon. Fax: (41-22) 3055-79966. E-mail: [mary.ritchie@hcuge.ch](mailto:mary.ritchie@hcuge.ch)

July 15-19, 2000, WPA Thematic Conference, Second International Congress on Hormones, Brain, and Neuropsychopharmacology, Rhodes, Greece.  
Contact: Prof. U. Halbreich, Fax: (1-716) 892-0431. E-mail: [urielh@acsu.buffalo.edu](mailto:urielh@acsu.buffalo.edu)

September 13-16, 2000, WPA Co-Sponsored IV World Congress on Depressive Disorders, Mendoza, Argentina.  
Contact: Prof. Jorge Nazar. Fax: (54-261) 429-5662. E-mail: [jnazar@fmed2.uncu.edu.ar](mailto:jnazar@fmed2.uncu.edu.ar)

September 20-23, 2000, WPA Co-Sponsored XXI Latin-American Congress of Psychiatry, Lima, Peru.  
Contact: Profs R. Navarro & E. Gastelumendi, Fax: (51-1) 446- 6768, E-mail: [app@colmedi.org.pe](mailto:app@colmedi.org.pe)

September 26-29, 2000, WPA Co-Sponsored Meeting of the Society of Psychiatrists in South Africa, Durban, South Africa.  
Contact: Dr. C. Maud, Fax: (27-31) 265-0540, E-mail: [mauddoc@iafrica.com](mailto:mauddoc@iafrica.com)

October 10-12, 2000, Meeting of the WPA Section on Mental Health Economics, Cairo, Egypt, Mental Health Policy and Economics in Arab Countries and Sub-Saharan Africa.  
Contact: Dr. M. Moscarelli. Fax: (39-02) 5810-6901. E-mail: [moscarelli@icmpe.org](mailto:moscarelli@icmpe.org) Website: [www.icmpe.org](http://www.icmpe.org)

October 20, 2000, Meeting of the WPA Section on Psychiatry and Religion, New York, USA.  
Contact: Prof. J. English, Fax: (1-914) 493-1015. E-mail: [jtevalley@aol.com](mailto:jtevalley@aol.com)

October 25-27, 2000, WPA Regional Meeting, Rio de Janeiro, Brazil, Psychiatry: Clinical Experience and Scientific Evidence.  
Contact: Prof. M. Jorge, Fax: (55-11) 252-5994, E-mail: [miguel.jorge@psiquiatria.epm.br](mailto:miguel.jorge@psiquiatria.epm.br)

November 8-12, 2000, WPA Co-Sponsored Meeting, Cairo, Egypt, The Globalization of Psychiatry: Perspective for the New Millenium.  
Contact: Prof. F. Antun, Fax: (961-9) 211-734 or 899-218, E-mail: [antun@cyberia.net.lb](mailto:antun@cyberia.net.lb)

November 17-19, 2000, Meeting of the WPA Section on Mass Media and Mental Health, New York, USA.  
Contact: Prof. M. Materazzi. E-mail: [cultura@geba.com.ar](mailto:cultura@geba.com.ar)

November 30-December 2, 2000, WPA Co-Sponsored Meeting, Lyon, France, Schizophrenia: From Prediction to Prevention.

Contact: Prof. J. Dalery, Fax: (33-4) 3791-5102. E-mail: jean.dalery@ch-le-vinatier.fr

March 13-17, 2001, WPA Co-Sponsored 13th World Congress of the World Association for Dynamic Psychiatry, Munich, Germany.  
Contact: Maria Ammon, Fax: (49-30) 313-6959.

May 31-June 2, 2001, WPA Co-Sponsored VIII Pan Arab Congress of Psychiatry, Tunis, Tunisia, Women and Mental Health.  
Contact: Prof. S. Douki, Fax: (216-1) 601-555.E-mail: saida.douki@gnet.tn

June 20-23, 2001, WPA Co-Sponsored Meeting, Leipzig, Germany, Reducing the Stigma of Mental Illness.  
Contact: Prof. M. C. Angermeyer, Fax: (49-341) 972-4539.E-mail: schb@medizin.uni-leipzig.de

June 27-30, 2001, WPA Co-Sponsored IVth Congress of the European Family Therapy Association, Budapest, Hungary.  
Contact: Prof. J. Füredi, Fax: (36-1) 393-0281,E-mail: furediprof@mail.matav.hu

July 7-13, 2001, WPA Regional Meeting, London, UK, A Mind Odyssey.  
Contact: Royal College of Psychiatrists. E-mail: rllewellyn@rcpsych.ac.uk

July 22-27, 2001, WPA Co-Sponsored Congress of the World Federation for Mental Health, Vancouver, Canada, Respecting Diversity and Participation in Mental Health in a Changing World.  
Contact: Prof. J. Arboleda-Florez, Fax: (1-613) 547-1501.E-mail: ja9@post.queensu.ca

September 9-12, 2001, WPA Co-Sponsored 3rd International Conference on the Synthesis between Psychopharmacotherapy and Psychotherapy, Tel Aviv, Israel.  
Contact: Prof. S. Tyano, Fax: (972-3) 925-8361, E-mail:styano@post.tau.ac.il

September 30-October 3, 2001, WPA European Congress, Madrid, Spain, New Commitments for Psychiatrists.  
Contact: Prof. J.J. Lopez-Ibor, Fax: (34-91) 316-2749. E-mail:tilesa@wpa.es

October 27-31, 2001, WPA Co-Sponsored 17th World Congress of Social Psychiatry, Science, Psychiatry and Society, Agra, India.  
Contact: Prof. S. Sharma, Fax: (91-11) 243-2170, E-mail:ihbas@giadl01.vsnl.net.in

November 16-20, 2001, WPA Regional Meeting, Cancun, Mexico.  
Contact: Asoc. Psiquiátrica Mexicana, Fax: (52-5) 652-5516. E-mail:apm@psiquiatras.com

March 21-23, 2002, WPA Thematic Conference, Budapest, Hungary, Psychological and Psychiatric Consequences of Violence.  
Contact: Prof. I. Bitter, Fax: (36-1) 210-0336 or 303-2352, E-mail:bitter@psych.sote.hu

August 24-29, 2002, XII World Congress of Psychiatry, Yokohama, Japan, Partnership for Mental Health.  
Contact: Prof. J. Suzuki, Fax: (81-3) 3814-2991,E-mail:wpa\_sec@c-linkage.co.jp

September 2005, XIII World Congress of Psychiatry, Cairo, Egypt.  
Contact: Prof. A. Okasha, Fax: (20-2) 348-1786, E-mail:aokasha@internetegypt.com