



## WPA Collaborating Centres & CHiMES Webinar Series

### Embracing the complexity of Personality Disorder: the scientific and clinical contribution of Transference Focused Psychotherapy

Thursday 20th March 2025 at 3pm GMT/UTC online

Please register for this webinar on Teams here: [TFP&PD Webinar](#)

Once you complete your registration, you will receive a confirmation email containing the Microsoft Teams link to access the webinar

#### Summary

The objective of the seminar is to describe how Transference Focused Psychotherapy (TFP) is well placed to address Borderline Personality Disorder (BPD), based on the evidence base for treatment, developments in affective neuroscience and the ICD-11 guidelines for the diagnosis of PD.

After presenting the key tenets of TFP, a clinical vignette will be used to illustrate the above points. We will also present emerging results from a mixed method study of the teaching of Applied TFP for general psychiatry settings in 5 countries, and discuss the systemic implications of this for the improvement of management of BPD within a world psychiatry context.

**Chair:** Dr Roisin Mooney, CHiMES Collaborative

#### Speakers:



**Dr Tennyson Lee**

**Tennyson Lee** is a psychiatrist and psychoanalyst, having initially trained in Public Health in South Africa where he led the Mental Health Unit of the Centre for Health Policy, University of the Witwatersrand.

He is clinical lead at DeanCross Personality Disorder Service (RCPsych team of the year in 2019) in the East London NHS Foundation Trust. He serves on the International Society of Transference Focused Psychotherapy (TFP) certification board and is chair of TFP-UK. He is lead on a TFP training project which has held courses in China, South Africa, Italy, UK, India and Malaysia. He is an accredited Mentalization Based therapist, a member of the British Psychoanalytical Society and is on the Clinical Register of the International Neuropsychoanalysis Society. He is Co-Director of the Centre for Understanding of Personality

(CUSP), a research and training unit linked to Oxford University, which collaborates with a number of institutions internationally.



**Prof Kamaldeep Bhui**

**Kamaldeep Bhui CBE** is Professor of Psychiatry, University of Oxford and Honorary Consultant Psychiatrist at East London NHS FT and Oxford Health NHS FT. He leads the CHIMES Collaborative at University of Oxford, integrating creative arts, social sciences, psychiatric, and lived experience perspectives in mental health care and research. He is currently investigating the role of adverse childhood experiences in mental health trajectories, experience-based methods to co-design interventions to reduce the use of the mental health act, and the complex systems and syndemic drivers of multiple morbidities in psychoses. He is a Trustee at Centre for Mental Health, and a clinical academic advisor to UKHSA. He is the former Public Health Lead and Chair of the Publications Management Board at Royal College of Psychiatrists, and former Editor in Chief of the British Journal of Psychiatry.

Bhui studied Pharmacology (BSc) at UCL and Medicine (MBBS) at United Medical and Dental Schools of Guys and St Thomas' (now King's College) qualifying in 1988. He holds postgraduate qualifications in psychiatry, mental health studies, epidemiology, and psychotherapy. He completed clinical training in London, secured a first Consultant appointment in 1999, followed in 2000 and 2003 by Consultant/Senior Lecturer and Consultant/Professorial posts in East London Foundation Trust and Queen Mary University of London. He trained as a psychoanalytic psychotherapist, and worked in medical psychotherapy as well as adult psychiatry in the NHS. He has a long-standing interest in preventing health ethnic inequalities in the experience and outcome of mental illnesses, improving health services, public health interventions, and appropriate health policy.

