

Hello from The Dax Centre & SANE Australia Team!

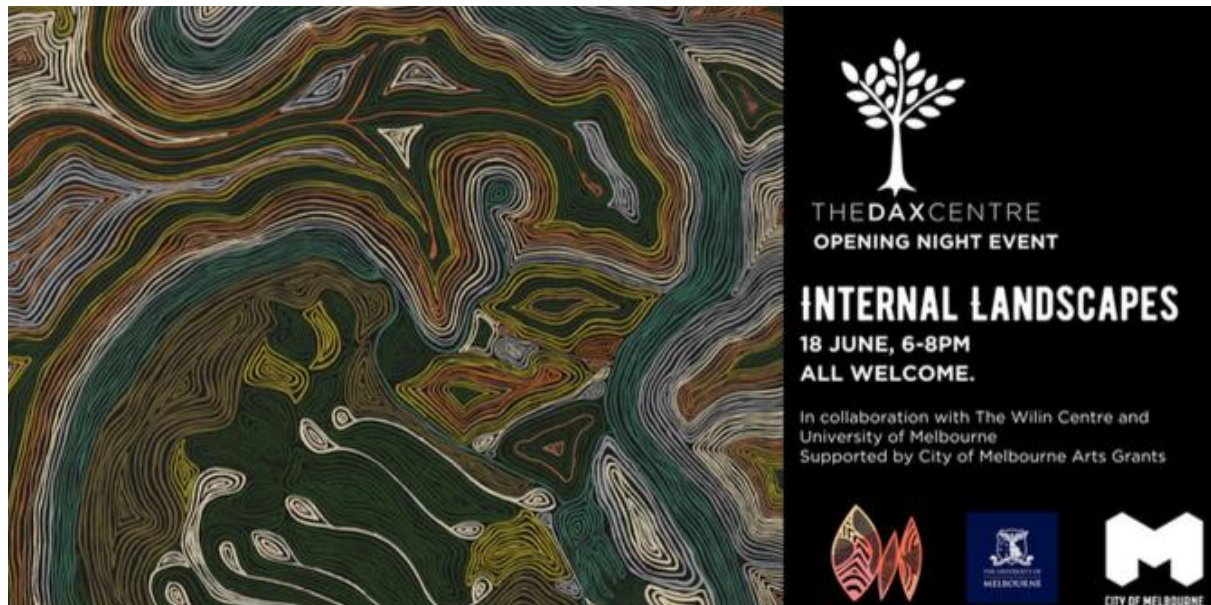
We are delighted to invite you to our upcoming opening night celebration for *Internal Landscapes*.

Event: *Internal Landscapes Opening Night*

Date: Wednesday 18th June, 2025, 6pm-8pm

Location: The Dax Centre, 30 Royal Parade, Parkville, Melbourne, Australia

Join us at The Dax Centre to celebrate the opening of *Internal Landscapes*, a new First Nations emerging art exhibition in collaboration with The Wilin Centre, supported by City of Melbourne arts grants.



Internal Landscapes presents four emerging First Nations artists - Alena Landers, Anna Ellis, Laiken Jackson and Tupun Wultatinyeri - who each identify with a lived experience of mental health or trauma. The exhibition explores the important role that creative practice plays in each artist's mental wellbeing, especially in processing emotions and experiences, creating a sense of purpose and motivation, feeling in control, and connecting to Country and culture.

With a strong focus on repetition and meditative processes, the artists find healing and clarity through their practices, helping to navigate their internal landscapes. This can be discovered in the meticulous line work in Wultatinyeri's representations of Country, the

methodical production of Lander's hundreds of hand-made paper works, the rehearsal of movement required in the development of Jackson's performances and the therapeutic nature of wool preparation and felting as demonstrated by Ellis.

Internal Landscapes honors the strength, depth, and innovation of First Nations ways of being, knowing, creating, and caring for self and spirit.

This is an exciting event to support rising First Nations artists and explore new stories of lived experience through original artworks.

The evening will feature speeches by Pro Vice Chancellor Indigenous & Head of The Wilin Centre, Tiriki Onus (University of Melbourne) and Chair of the SANE Australia Board, Lucy Myers.

Please **RSVP** **The Dax Centre:**

<https://events.humanitix.com/first-nationa-emerging-artists-exhibition>

to confirm your attendance. We would be honoured to have you join us. Thank you for your continued support, and we look forward to seeing you in the gallery.

Warm regards,

The Dax Centre Team